

Mark A. Lumley, Ph.D.

Curriculum Vita

(December 2023)

Department of Psychology
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OVERVIEW

I hold the rank of Distinguished Professor at Wayne State University (an R1, Highest Research Activity institution) and am a licensed psychologist. My research program is internationally recognized for scholarship linking stress and emotional processes (e.g., alexithymia, emotional disclosure, emotional expression) to health, particularly chronic pain disorders. I have been continuously funded by the National Institutes of Health for two decades, have published nearly 200 peer-reviewed articles (Google Scholar h-index = 76), and am a Fellow of several professional societies. I have specific expertise in the development and testing of psychological interventions for people with chronic pain, including emotional disclosure techniques and Emotional Awareness and Expression Therapy (EAET), which I co-developed. My colleagues and I have demonstrated the benefits of these approaches in many small- and large-scale randomized clinical trials. We are encouraging the field to improve chronic pain treatment by considering the possibility of recovery from chronic pain and by targeting patients' trauma and emotional conflict via emotional processing. EAET is listed as an evidence-based treatment option in the 2019 U.S. Department of Health and Human Services Pain Management Best Practices Inter-agency Task Force Report. A minor line of research that I have conducted examines stress and health in Middle Eastern refugees and Arab Americans. Finally, I have been a very dedicated doctoral mentor, graduating nearly 50 PhD students, who have taken a wide range of academic, training, and clinical positions. I also directed Wayne State's Ph.D. program in clinical psychology from 2005 until 2022.

EMPLOYMENT

Department of Psychology, Wayne State University, Detroit, Michigan, USA

Distinguished Professor (2017 – present)

Professor (2005 – 2017)

Associate Professor (granted with tenure) (1997 - 2005)

Assistant Professor (1991 - 1997)

Director of Clinical Psychology Ph.D. Training (2005 – 2022)

Licensed Psychologist: State of Michigan (Active): # 6301007840

Part-time Psychotherapist

Michigan Health Care Corporation Counseling Centers, Canton, Michigan (1991 - 1994)

Center for Behavior and Medicine, Canton, Michigan (1994 - 1995)

Advanced Counseling Services, Canton, Michigan (1995 - 2005)

EDUCATION

University of Michigan, Behavioral Medicine, Dept. of Psychiatry, Ann Arbor, MI (1990-1991)
 Post-doctoral Clinical and Research Fellowship
 Supervisor: Ovide F. Pomerleau, Ph.D.

University of Florida, Department of Clinical and Health Psychology, (APA-accredited),
 Gainesville, FL, (1985 - 1990)
 Ph.D., 1990; M.S., 1987
 Major: Clinical Psychology; Minor: Medical/Health Psychology
 Advisor: Barbara G. Melamed, Ph.D.

Henry Ford Health Systems, Department of Psychiatry, Detroit, MI, 1989 - 1990
 Clinical Psychology Predoctoral Internship (APA-accredited):
Medical Consultation-Liaison (major rotation)

Wayne State University, Detroit, Michigan (1980 - 1985)
 B.S., Psychology (Honors), Highest Distinction
 B.S., Biological Sciences, Highest Distinction

TRAINEESHIPS AND FELLOWSHIPS

Research Trainee, (National Institute of Dental Research), University of Florida, 1988 - 1989
Presidential Graduate Research Fellowship, University of Florida, 1985 - 1988
Research Trainee, Sleep Disorders Center, Henry Ford Hospital, Detroit, MI, 1984 - 1985

PROFESSIONAL AND HONORARY AFFILIATIONS

Fellow, Society for Health Psychology of the American Psychological Association (elected 2014)
Fellow, Society of Clinical Psychology of the American Psychological Association (elected 2017)
Fellow, Society of Behavioral Medicine (elected 2019)
Fellow, American Psychosomatic Society (elected 2022)
 International Association for the Study of Pain (2004 - present)
 United States Association for the Study of Pain (2023 – present)
 American Pain Society (2013 – 2018)
 Sigma Xi (1991 – 2014)
 Phi Beta Kappa (elected 1984)

HONORS AND AWARDS

Wayne State University Academy of Scholars, 2020 (Elected to lifetime membership)
 Outstanding Senior Alumnus of the Year, Department of Clinical and Health Psychology,
 University of Florida, 2019
 Excellence in Health Psychology Mentoring Award, Society for Health Psychology, 2018
 Awardee, Competitive Graduate Research Assistantship, Wayne State University, 2019 – 2020
 Wayne State University Outstanding Graduate Mentor Award, 2016

Frank J. McDevitt, D.O., Excellence in Research Award for Health Services, Policy, & Clinical Care, Blue Cross Blue Shield of Michigan Foundation, 2015
 Charles H. Gershenson Distinguished Faculty Fellowship, WSU, 2014-2015
 New Faculty Mentor Award (Mentoring Dr. Richard Slatcher), 2011
 Award for Excellence in Teaching, Wayne State College of Science, 2003
 New Faculty Mentor Award (Mentoring Dr. Annmarie Cano), 2002
 Outstanding Graduate Mentor Award, Wayne State University, 2002
 Career Development Chair Award, Wayne State University, 2000-2001
 President's Exceptional Service Award (with Psychology Clinic), Wayne State University, 2000
 New Faculty Mentor Award (Mentoring Dr. Rodney Clark), 1999
 Award for Excellence in Teaching, Wayne State University College of Science, 1997
 American Psychological Association Dissertation Award, 1989
 Presidential Graduate Research Fellowship, University of Florida, 1985 - 1988
 Scholarship, Golden Key National Honor Society, 1985
 Merit Scholarship, Wayne State University, 1980 - 1985

EXTERNAL PROFESSIONAL & SCIENTIFIC SERVICE

International Chronic Pain and PTSD Expert Advisory Group (2023 – present)

Society for Health Psychology (APA Division 38) (2012 – present)

Treasurer & Executive Committee Member (2012-2018)
 Chair, Fellows Selection Committee (2023 – 2026)
 Member, Fellows Selection Committee (2020 – 2022)
 Member, Long-range Planning Committee (2021-2022)
 Member, Fiscal Practices Task Force (2023)

Council of University Directors of Clinical Psychology (2018 – 2022)

Member, Executive Committee (2018 – 2022)
 Program Co-chair, Annual Mid-winter Meeting (2020, 2021, 2022)
 Liaison, National Council of Schools of Professional Psychology
 Liaison, Clinical Psychology Specialty Council
 Liaison, Council of Chairs of Training Councils (2020-2021)
 Contributor, Social Responsiveness in Health Psychology Training Toolkit

Clinical Psychology Specialty Council (2019 – 2022)

Treasurer
 Chair, Petition for Renewal of Recognition of Clinical Psychology Specialty (APA CRSSPP)

American Psychosomatic Society

Program Chair, Annual Scientific Meeting (2002, 2003)
 Member, Executive Council (2003 – 2006)
 Chair, Awards Committee (2006)

Associate Editor:

Journal of Psychosomatic Research (2011 – 2017)

Editorial Board:

Psychosomatic Medicine (1999 – present)
Journal of Psychosomatic Research (2009 – 2011; 2018 - present)
PAIN (2004 – 2014; 2021 - present)
British Journal of Health Psychology (2006 – present)

Health Psychology (2010 – present)

Translational Behavioral Medicine: Practice, Policy, & Research (2010 – 2016)

Journal of Consulting and Clinical Psychology (2000- 2002)

Website Section Editor, APA Division 12, Empirically-supported treatments for pain (2009 – 2012)

APA Doctoral Program Accreditation Site Visitor

Hofstra University (2019; Chair of site visit team)

Bowling Green State University (2016; Chair of site visit team)

Auburn University (2016; Chair of site visit team)

Texas A & M University (2015; Chair of site visit team)

Fordham University (2014)

Illinois Institute of Technology (2013)

University of Georgia (2012)

University of Toledo (2010)

External Doctoral Student Roles

University of Queensland, Australia (Laura Grace, 2023; Dissertation committee)

Autonomous University of Barcelona (Klara Albajes Eizaguirre, 2022; Examiner)

University of Buenos Aires (Valentina Barrios, 2022; Dissertation co-chair)

New School for Social Research (Lauren Krulis, 2022; Dissertation Committee)

Tehran University of Medical Sciences (Zahra Lotfolahi, 2021-2023; External Advisor)

Karolinska Institute, Sweden (Daniel Maroti, 2021-2023; Supervisor)

Utrecht University, Netherlands (Tim Koppert, 2021-2023; Supervisor)

Orebro University, Sweden (Matilda Wurm, 2018; Opponent)

Ben-Gurion University of the Negev, Israel (Gal Noman-Veksler, 2017; Reader)

University of Windsor, Canada (Nikita Yeryomenko, 2017; External examiner)

Murdoch University, Australia (Gerald Zeng, 2014; Reader)

Orebro University, Sweden (2013; External examiner)

University of Windsor, Canada (2013; External examiner)

Université Catholique de Louvain-la-Neuve, Belgium (Nicolas Vermeulen, 2005; External examiner)

Data Safety Monitoring:

Board member, NIH-funded grant, “Immersive interactive virtual reality walking as treatment of neuropathic pain following spinal cord injury” (Z. Trost, PI), (2020 – 2024)

Grants / Awards Reviewer:

AHRQ Special Emphasis Panel Review Group 2023/10 ZHS1 HSR-B (August 2023)

NIH/NIMH Special Emphasis Panel 2023/05 EMHI (February 2023)

NIH/NINDS Special Emphasis Panel/SRG 2022/10 ZNSQ SRB-G (July 2022)

Israel Science Foundation (February 2022)

University of Leuven-la-Neuve Belgium Postdoctoral Awards (December 2021)

Swedish Research Fund (Riksbankens Jubileumsfond; October 2020)

NIH/NCCIH Exploratory Mechanistic studies Special Emphasis Panel (November 2019)

NIH/NIAMS Mechanistic Ancillary Studies Special Emphasis Panel ZAR1 XZ M2

March 2018; July 2018; July 2019

Czech Science Foundation (2017)

Pennsylvania Department of Health (2017)

Belgium Fund for Scientific Research (2014, 2017)

Andrew Kukes Foundation for Social Anxiety (2014, 2015, 2016)

NIH Special Emphasis Panel/ Scientific Review Group ZRG1 RPHB-S (2013)
 NIH Special Emphasis Panel/ Scientific Review Group ZRG1 BBBP-T (2012)
 NIH Special Emphasis Panel/ Scientific Review Group ZRG1 RPHB-N (2012)
 NIH Special Emphasis Panel/Scientific Review Group ZRG1 BBBP-T (2011)
 NIH Special Emphasis Panel/Scientific Review Group ZRG1 BBBP-L (2009)
 NIH/NIAMS Small grant program (July 2006; December 2006; March 2007)
 Social Science and Humanities Research Council of Canada (2005)
 NIH Minority Dissertation Awards (ZMH1 BRB-S 03); (2003)
 NIH Chronic Fatigue/Fibromyalgia Special Emphasis Panel (ZRG1 CFS 01); (2003)

Member, Advisory Board, Andrew Kukes Foundation for Social Anxiety (2012 – 2018)

Chair, Joint WSU / Michigan Psychological Association Conferences on Integration of Assessment and Psychotherapy (2006); Evidence-based Psychotherapy (2005)

GRANTS RECEIVED (*N* = 31)

1. Co-Principal Investigator (25%). R01 NR020610. “Comparative mechanisms (mediators, moderators) of psychosocial chronic pain treatments.” National Institute of Nursing Research (NIH/NINR), 9/26/2022 – 6/30/2026. Total costs: \$2,802,546. (John Burns & Mark Lumley, Multiple PI; Lumley: Detroit site PI).
2. Co-investigator. R21 NR018972: “Automated Physiological Assessment of Chronic Pain in Daily Life.” National Institute of Nursing Research (NIH/NINR), 3/1/2021 - 2/28/2023. Total costs: \$419,129. (Marta Ceko, PI).
3. Co-investigator. “Examining the efficacy of a novel stress reduction training on the reversal of prediabetes: A feasibility study. Blue Cross Blue Shield Foundation of Michigan, 1/1/2020 – 12/31/2022; Total costs: \$70,000. (Maha Albdour, PI).
4. Co-investigator. “Cumulative stress experiences, endocrine responses, and health of Arab American college students.” American Nurses Foundation/Hildegard E. Peplau Endowment Fund, 9/1/2019 – 8/31/2020. Total costs: \$7,113. (Maha Albdour, PI).
5. Co-Principal Investigator (10%). R21 AR074020. “Development and preliminary testing of novel virtual human-assisted psychosocial interviews for patients with chronic musculoskeletal pain.” National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIH/NIAMS), 9/1/2018 – 6/30/2021; Total costs: \$381,808. (Doerte Junghaenel & Mark Lumley, Multiple PI).
6. Co-investigator (5% - 10%). R61/R33 MH111935. “Effects of THC on retention of memory for fear extinction learning in PTSD.” National Institute of Mental Health, 2/2017 – 12/2023; Total costs: \$1,438,000. (Christine Rabinak, PI).
7. Co-investigator (5%). Grant #952: “Psychological treatment for people with chronic pain and mood and anxiety disorders.” Ethel and James Flinn Foundation, 1/1/2016 – 12/31/2017; Total costs: \$200,000. (Eugene Schoener, PI).

8. Co-investigator (4%). D40 HP26873-01-00: "Graduate Psychology Education Program." U.S. Department of Health and Human Services: Health Resources and Services Administration, 7/1/2014 – 6/30/2016; Total costs: \$373,743. (Douglas Barnett, PI).
9. Co-investigator (3%). R21 AT007939: "Preliminary test of an integrative intervention to alleviate chronic pain and improve quality of life." National Center for Complementary and Integrative Health, 8/1/2014 – 7/31/2016; Total costs: \$404,950. (Annmarie Cano, PI).
10. Principal Investigator (30%). R01 AR057808: "Emotional exposure and cognitive behavioral therapies for fibromyalgia." National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIH/NIAMS), 8/15/2010 – 6/30/2015; Total costs: \$3,373,353.
11. Site Principal Investigator (20%). R01 AR057047: "Anger suppression and expression among chronic pain patients." National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIH/NIAMS), 4/2010 – 3/2014; Total costs to Wayne State: \$920,458. (John Burns, Rush University Medical Center, is PI of primary grant).
12. Co-investigator (7.5%). R01 MH085793: "Health in Iraqi refugees: Importance of post-displacement social stressors." National Institute of Mental Health, 7/1/2010 – 2/28/2015; Total costs: \$2,641,514. (Bengt Arnetz, PI).
13. Co-investigator (10%). "Chronic pain study." Southeast Michigan Community Alliance, 4/1/2013 – 9/31/2013. Total costs: \$30,000. (Gene Schoener, PI).
14. Co-investigator (10%). R34 MH086943: "Imagery-based trauma-resiliency training for urban police." National Institute of Mental Health, 8/2009 – 5/2012; Total costs: \$679,718. (Bengt Arnetz, PI).
15. Co-investigator (5%). R21 HL097191: "Perceived fairness and biological stress reactivity." National Heart, Lung, and Blood Institute, 8/15/2010 – 4/30/2012; Total costs: \$418,000. (Todd Lucas, PI).
16. Co-investigator (5%). "Real-time psychosocial assessment and cardiovascular reactions: Application of an interactive wireless data collection system." Swedish Council for Working Life and Social Research, 1/2009 – 12/2011; Total costs: 2,100,000 Swedish Kroner. (Bengt Arnetz, PI).
17. Principal Investigator. "Minority Supplement Award to accompany R01 AR049059, "Disclosure and skills training for rheumatoid arthritis." National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIH/NIAMS), 8/2004 – 5/2007; Total costs: \$121,339.
18. Principal Investigator. R01 AR049059: "Disclosure and skills training for rheumatoid arthritis." National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIH/NIAMS), 8/2004 – 5/2009; Total costs: \$ 2,646,682.
19. Principal Investigator. R01 AG009203: "Cognitive-emotional integration in adulthood and aging." National Institute of Aging, 9/2004 – 6/2009; Total costs: \$1,576,200. (Was co-investigator through 2005; became PI in 2006 when PI, Gisela Labouvie-Vief, moved to University of Geneva).

20. Co-investigator. "Center for African American Urban Health." National Institute of Environmental Health Sciences, 9/2003 – 9/2008. Total costs: \$5,000,000. (John Flack, PI).
21. Principal Investigator. "The Effects of Emotional Coping on Adjustment in Rheumatoid Arthritis." Arthritis Foundation, 7/1998 - 6/2003; Total costs: \$400,000.
22. Co-investigator. "Cognitive and emotional maturity in adulthood and aging." National Institute of Aging, 10/1996 – 9/2001; Total costs: \$1,790,000. (Gisela Labouvie-Vief, PI).
23. Co-Investigator. "Prenatal diagnosis using fetal cells from maternal blood: Clinical trial." National Institute of Child Health and Human Development, 3/94 – 3/02; Total costs: \$2,000,000. (Mark Evans, PI).
24. Principal Investigator. "Protecting the Health of Bereaved Men: Exploring the Role of Funeral Service Personnel." National Funeral Directors Association, 1/1998; Total costs: \$10,000.
25. Principal Investigator. "Noncompliance in Lupus: A Pilot Project." Michigan Lupus Foundation, 5/96; Total costs: \$2,000.
26. Principal Investigator. "Determinants of Treatment Nonadherence in Systemic Lupus Erythematosus." Arthritis Foundation, 7/95 - 6/98; Total costs: \$75,000.
27. Co-PI. "Post-doctoral Training Fellowship in Occupational Health Psychology." Research fellowship funded by National Institute of Occupational Safety and Health and the American Psychological Association, 9/94 - 8/96; Total costs: \$60,000. (Lois Tetrick, PI).
28. Principal Investigator. "Silent Myocardial Ischemia: The Role of Psychological Factors and Implications for Health Care Utilization." American Heart Association of Michigan, 7/94 - 6/95; Total costs: \$16,237.
29. Principal Investigator. "Psychological factors influencing perception and response to heart attack symptoms in men and women." Wayne State University Research Award, 1993 - 1994; Total costs: \$7,000.
30. Principal Investigator. "Obesity and weight loss in Caucasian and African-American Osteoarthritis Patients: A pilot project." Wayne State University Research Award, 1992 - 1993; Total costs: \$5,500.
31. Principal Investigator. "Grant-in-aid: Math-coprocessor." Intel Corporation, 1991; Total costs: \$169.

CONSULTANTSHIPS, TRAINING GRANTS, AND OTHER FUNDING (*N* = 14)

1. Consultant, "Managing Anger for Patients and Providers (MAPP) Program." Blue Cross Blue Shield of Michigan Foundation (2023 – 2025). (PI: James Gerhart, Central Michigan University).
2. Consultant, "Emotional Awareness and Expression Therapy for migraine: A randomized, controlled trial." University of Utah (2023 – 2024). (PI: Dan Kaufmann).

3. Consultant, “Evaluating Group-Based Psychological Treatments over Home Video Teleconference for Older Veterans with Chronic Pain.” Health Services Research and Development Service (Veterans Affairs) (2022-2026). (PI: Brandon Yarns).
4. Consultant, “Substance use and pain after brain injury: Preliminary examination of the role of alexithymia.” Indiana Traumatic Spinal Cord and Brain Injury Research Fund, Indiana State Department of Health (2021-2023). (PI: Dawn Neumann).
5. Faculty mentor, NIH T34 Training grant: “MARC at Wayne State University” (2021-2023).
6. Faculty mentor, T32GM139807, Training grant: “IMSD at Wayne” (2021 – 2026).
7. Consultant, Virtual Reality Neuropsychological Therapy (funded by NIH / SIBR), Cognifisense, Inc. (2019 – present).
8. Member, Center for Urban Responses to Environmental Stressors (CURES), National Institute of Environmental Health Sciences (P30ES020957, 6/2014 – 3/2017; (PI: Runge-Morris & Arnetz).
9. Faculty mentor, NIH Building Infrastructure Leading to Diversity (BUILD). National Institutes of Health (U54; 1RL5MD009586), 10/2014 – 9/2019; (PI: Mather)
10. Consultant. “The significance of combined (in)validation and (un)controllability for adjustment to rheumatic diseases.” Dutch Arthritis Association, 7/2009 – 6/2012; (PI: Geenen / Blom).
11. Consultant. “Invalidation of invisible disorders: The quantification and validation of a key issue in fibromyalgia and rheumatic diseases.” Dutch Arthritis Association, 9/2006 – 8/2010; (PI: Geenen / Kool).
12. Consultant. “Alexithymia as an emotion regulation mechanism of the depression-obesity link in adolescence.” Dutch Institute for Scientific Research, 1/2006 – 12/2009; (PI: Geenen / Larsen).
13. Consultant. “Emotions as triggers of symptoms in patients with fibromyalgia and the modulating role of emotion regulation.” Dutch Arthritis Association, 9/2004 – 8/2008; (PI: Geenen / Van Middendorp).
14. Consultant. “Clinician-assisted emotional disclosure: Effects on rheumatoid arthritis.” Arthritis Foundation, 7/1999 – 6/2005; (PI: Keefe)

PUBLICATIONS AND OTHER SCHOLARLY PRODUCTS

Key to author identification:

Underline = Lumley mentee, undergraduate student

Italics = Lumley mentee, graduate student

Underlined italics = Lumley mentee, post-doctoral fellow

MANUSCRIPTS UNDER REVIEW

Invited to Revise and Resubmit:

1. Čeko, M., Baeuerle, T., Webster, L., Wager, T.D., & **Lumley, M.A.** The effects of virtual reality neuroscience-based therapy on clinical and neuroimaging outcomes in patients with chronic back pain: A randomized clinical trial. *PAIN*. medRxiv preprint doi: <https://doi.org/10.1101/2023.07.24.23293109>

Under Original Review:

1. Koppert, T.Y., Jacobs, J.W.G., **Lumley, M.A.**, van Middendorp, H., & Geenen, R. Young adults' health during the COVID-19 pandemic: A repeated cross-sectional data analysis. *Psychology, Health, and Medicine*.
2. Ghoul, Z., Pernice, F.M., Branson, J.S., & **Lumley, M.A.** The impact of a remote, brief, sleep hygiene intervention on undergraduate students' sleep and stress: A randomized, controlled trial. *Journal of American College Health*.
3. Neumann, D. Parrot, D., **Lumley, M.A.**, Williams, M., Qureshi, F., & Hammond, F.M. Emotional awareness and expression difficulties in relation to pain experiences in people with brain injury and chronic pain. *Journal of Head Trauma Rehabilitation*.
4. Maroti, D., Hallberg, H., **Lumley, M.A.**, & Johansson, R. Internet-delivered emotional awareness and expression therapy for somatic symptom disorder: One year follow-up. *Journal of Psychosomatic Research*.

PUBLISHED PEER-REVIEWED ARTICLES (*N* = 199)

1. Yarns, B.C., Molaie, A.M., **Lumley, M.A.**, Zhu, T.A., Jazi, A.N., Ganz, D.A., & Melrose, R.J. (2024). Video telehealth Emotional Awareness and Expression Therapy for older U.S. Military veterans with chronic pain: A pilot study. *Clinical Gerontologist*, 47, 136-148.
2. Krohner, S., Town, J., Cannoy, C.N., Schubiner, H., Rapport, L.J., Grekin, E., & **Lumley, M.A.** (2024). Emotion-focused psychodynamic interview for people with chronic musculoskeletal pain and childhood adversity: A randomized controlled trial. *The Journal of Pain*, 25, 39-52.
3. Schubiner, H., Lowry, W.J., Heule, M., Ashar, Y.K., Lim, M., Mekaru, S., Kitts, T., & **Lumley, M.A.** (in press). Application of a clinical approach to diagnosing primary pain: Prevalence and correlates of primary back and neck pain in a community psychiatry clinic. *The Journal of Pain*.
4. Ashar, Y.K., Perlis, R.H., Liston, C., **Lumley, M.A.**, Gunning, F.M., & Wager, T.D. (2023). Reattributing the causes of chronic back pain: A natural language investigation of mechanisms of pain reprocessing therapy. *JAMA Network Open*, 6(9):e2333846. doi:10.1001/jamanetworkopen.2023.33846
5. Grant, J.G., Rapport, L.J., Darling, R., Waldron-Perrine, B., **Lumley, M.A.**, Whitfield, K.E., & Bernitsas, E. (2023). Cognitive enrichment and education quality moderate cognitive dysfunction in black and white adults with multiple sclerosis. *Multiple Sclerosis and Related Disorders*, 78, Article 104916.
6. Yamin, J.B., Cannoy, C., Gibbins, K., Krohner, S., Rapport, L.J., Trentacosta, C.J., Zeman, L.L., & **Lumley, M.A.** (2023). Experiential training of mental health graduate students in emotional processing skills: A randomized, controlled trial. *Psychotherapy*, 60, 512-524.
7. Pinto, A.M., Luis, M., Geenen, R., Palavara, F., **Lumley, M.A.**, Ablin, J., Amris, K., Branco, J., Buskila, D., Castelhana, J., Castelo-Branco, M., Crofford, L.J., Fitzcharles, M., Hauser, W., Kosek, E., Mease, P., Marques, T.R., Jacobs, J.W.G., Castilho, P., & da Silva, J.A.P. (2023). Neurophysiological and psychosocial mechanisms of fibromyalgia: A comprehensive

- review and call for an integrative model. *Neuroscience and Biobehavioral Reviews*, 151, Article 111068.
8. Schmidt, M.B.R., Grekin, E.R., & **Lumley, M.A.** (2023). Feasibility and efficacy of a brief mindfulness-based smoking intervention delivered via the internet. A randomized controlled trial. *Substance Use and Misuse*, 58, 1226-1234.
 9. Junghaenel, D.U., Schneider, S., Lucas, G., Boberg, J., Weinstein, F.M., Richeimer, S.H., Stone, A.A., & **Lumley, M.A.** (2023). Virtual human-delivered interviews for patients with chronic pain: Feasibility, acceptability, and a pilot randomized trial of standard medical, psychosocial, and educational interviews. *Psychosomatic Medicine*, 85, 627-638.
 10. Tankha, H., **Lumley, M.A.**, Gordon, A., Schubiner, H., Uipi, C., Harris, J., Wager, T.D., & Ashar, Y. (2023). "I don't have chronic back pain anymore": Patient experiences in Pain Reprocessing Therapy for chronic back pain. *The Journal of Pain*, 24, 1582-1593.
 11. Tankha, H., Pester, B.D., Brumley, K.M., Cano, A., Grekin, E., Bruinsma, J., Gootee, J., & **Lumley, M.A.** (2023). A mixed methods investigation into the *Us vs. Them* mentality in Facebook groups for chronic pain. *Health Psychology*, 42, 460-471.
 12. Schubiner, H., Jackson, B., Molina, K., Sturgeon, J.A., Sealy-Jefferson, S., **Lumley, M.A.**, Jolly, J., & Trost, Z. (2023). Racism as a source of pain. *Journal of General Internal Medicine*, 38, 1729-1734.
 13. Albdour, M., Templin, T., Zilioli, S., Hong, J.S., & **Lumley, M.A.** (in press). Current and cumulative stress experiences: A model for Arab American young adults. *Journal of the American Psychiatric Nurses Association*.
 14. Krohner, S., Yamin, J.B., Ziadni, M.S., Carty McIntosh, J.N., Schubiner, H., & **Lumley, M.A.** (2023). Emotional Awareness and Expression Interview: Examining interview content and patient experiences in two medical samples. *Journal of Clinical Psychology in Medical Settings*, 30, 520-530.
 15. Lucas, T., Yamin, J.B., Krohner, S., Goetz, S.M.M., Kopetz, C., & **Lumley, M.A.** (2023). Writing about justice and injustice: Complex effects on affect, performance, threat, and biological responses to acute social stress among African American women and men. *Social Science & Medicine*, 316, Article 115019.
 16. Tung, I., Daniel, K.E., **Lumley, M.A.**, Arora P.G., Cavell, T.A., Pieterse, A., Edstrom, L., McWhorter, L.G., Bridges, A.J., Rollock, D., Miville, M.L., Angyal, B., & Fernandes, M. (2023). Making the leap to socially responsive research training in health service psychology. *Training and Education in Professional Psychology*, 17, 31-42.
 17. Asgarabad, M.H., Yegaei, P.S., Jafari, F., Azami-Aghdash, S., & **Lumley, M.A.** (2023). The relationship of alexithymia to pain and other symptoms in fibromyalgia: A systematic review and meta-analysis. *European Journal of Pain*, 27, 321-337.
 18. Krohner, S., Holmes, H.J., Yamin, J.B., & **Lumley, M.A.** (2023). Psychological symptoms in Arab American women: Adverse childhood experiences, racism, and the role of religiosity. *Psychology of Religion and Spirituality*, 15, 68-78.
 19. Sullivan, M.D., Sturgeon, J.A., **Lumley, M.A.**, & Ballantyne, J.C. (2023). Reconsidering Fordyce's classic article, "Pain and suffering: what is the unit?" to help make our model of chronic pain truly biopsychosocial. *PAIN*, 164, 271-279.

20. Pinto, A.M., Geenen R., Wager, T.D., **Lumley, M.A.**, Häuser, W., Kosek, E., Ablin, J.N., Amris, K., Branco, J., Buskila, D., Castelhana, J., Castelo-Branco, M., Crofford, L.J., Fitzcharles, M-A., López-Sola, M., Luis, M., Marques, T.R., Mease, P.J., Palavra, F., Rhudy, J.L., Uddin, L.Q., Castilho, P., Jacobs, J.W.G., & da Silva, J.A.P. (2023). Emotion regulation and the salience network: A hypothetical integrative model of fibromyalgia. *Nature Reviews Rheumatology*, 19, 44-60.
21. Ziadni, M.S., Sturgeon, J.A., & **Lumley, M.A.** (2022). “Pain, stress, and emotions”: Uncontrolled trial of a single-session, telehealth, Emotional Awareness and Expression Therapy class for patients with chronic pain. *Frontiers in Pain Research*, 3, Article 1028561.
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CHAPTERS, BOOKS, AND RELATED PUBLICATIONS (*N* = 20)

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OTHER PUBLICATIONS (COMMENTARIES, BLOGS, NEWSLETTERS, BOOK REVIEWS) (*N* = 19)

1. Diehl, M., & Lumley, M. (2023). Gisela Labouvie-Vief (1945–2022). *American Psychologist*, 78(6), 820.

2. Asgarabad, M.H., Yegaei, P.S., Azami-Aghdash, S., & **Lumley, M.A.** (2023). Author's reply to the comment 'The importance of measurement content and study design' by Vertman et al. (2023). *European Journal of Pain*, 27, 781-782.
3. Pinto, A.M., Geenen R., Wager, T.D., **Lumley, M.A.**, Häuser, W., Kosek, E., Ablin, J.N., Amris, K., Branco, J., Buskila, D., Castelhana, J., Castelo-Branco, M., Crofford, L.J., Fitzcharles, M-A., López-Sola, M., Luis, M., Marques, T.R., Mease, P., Palavra, F., Rhudy, J.L., Uddin, L.Q., Castilho, P., Jacobs, J.W.G., & da Silva, J.A.P. (2023). Reply to: Imbalance of threat and soothing systems in fibromyalgia: Rephrasing an established mechanistic model. *Nature Reviews Rheumatology*, 19, 319-320.
4. *Krohner, S., Kitts, T.C., & Lumley, M.A.* (Winter 2021). What can a single-session therapeutic interview do for patients with chronic centralized pain? *The Nociceptor* (Newsletter of the Midwest Pain Society), page 7.
5. Pinto, A.M., Geenen R., Palavra, F., **Lumley, M.A.**, Ablin, J., Amris, K., Branco, J., Buskila, D., Castelo-Branco, M., Crofford, L.J., Fitzcharles, M-A., Luis, M., Marques, T.R., Rhudy, J.L., Uddin, L.Q., Castilho, P., Jacobs, J.W.G., & da Silva, J.A P. An updated overview of the neurophysiological and psychosocial dimensions of fibromyalgia—A call for an integrative model. <https://www.preprints.org/manuscript/202007.0224/v1>
6. Scheier, M. F., Swanson, J. D., Barlow, M. A., Greenhouse, J. B., & Tindle, H. A. for the Optimism/Pessimism Meta-Analytic Consortium (Abatemarco, D., . . . **Lumley, M.A.**, . . . Tomakowsky, J., . . . and Ylöstalo, P). (2021). Optimism versus pessimism as predictors of physical health: A comprehensive reanalysis of dispositional optimism research. *American Psychologist*, 76, 529–548.
7. Yarns, B.C., **Lumley, M.A.**, & Schubiner, H. (2020). Comment on: “Difficult conversations: Training medical students to assess, educate, and treat the patient with chronic pain.” *Academic Psychiatry*, 44, 111-112.
8. **Lumley, M.A.** (2019). Commentary: Reflections on hybrid transdiagnostic treatment, pain reduction, and emotion regulation. *Pain*, 160, 1689-1690.
9. **Lumley, M.A.**, & Schubiner, H. (March 13, 2018). Treating the emotional problems underlying centralized pain. *BodyInMind.org* blog post. https://bodyinmind.org/treating-emotional-problems-pain/?utm_source=feedburner&utm_medium=email&utm_campaign=Feed%3A+com%2FBody+in+Mind%29
10. Lumley, M.A. (Feb 6, 2018). Chronic pain. Serious-Science blog post. <http://serious-science.org/chronic-pain-8922>
11. Schubiner, H., **Lumley, M.**, & Gordon, A. (2017). Neural pathway pain: A call for more accurate diagnoses. *Practical Pain Management*, 17 (8), <https://www.practicalpainmanagement.com/resources/diagnostic-tests/neural-pathway-pain-call-more-accurate-diagnoses>
12. **Lumley, M.A.**, Schubiner, H., Carty, J.N., & Ziadni, M.S. (2015). Commentary: Beyond traumatic events and chronic low back pain: Assessment and treatment implications of avoided emotional experiences. *Pain*, 156, 565-566.
13. **Lumley, M.A.**, & Jasinski, M.J. (2014). How does that make you feel? Alexithymia and well-being. Review of *Emotional processing deficits and happiness: Assessing the measurement*,

correlates, and well-being of people with alexithymia (by Linden R. Timoney & Mark D. Holder). *PsycCRITIQUES*, 59(4), Article 4.

14. **Lumley, M.A., & Jasinski, M.J.** (2013). Commentary: On the ethics of recruiting students—and patients. *Journal of Psychosomatic Research*, 75, 399-400.
15. **Lumley, M.A.** (2013). On the need to target emotional processes rather than emotional disorders. *Mental Health Notes*, Spring, 23-26.
16. **Lumley, M.A.** (2011). Editorial: Beyond cognitive-behavioral therapy for fibromyalgia: Addressing stress by emotional exposure, processing, and resolution. *Arthritis Research & Therapy*, 13, 136-137.
17. **Lumley, M.A.** (2010). Editorial: The two views of emotion in psychosomatic research. *Journal of Psychosomatic Research*, 68, 219-221.
18. **Lumley, M.A.** (2000). Commentary: Alexithymia and negative emotional conditions. *Journal of Psychosomatic Research*, 49, 51-54.
19. **Lumley, M.A.** (2000). Review of *Disorders of affect regulation: Alexithymia in medical and psychiatric illness* (by Taylor et al.). *Journal of Psychosomatic Research*, 48, 603-604.

PROFESSIONAL CONFERENCE PRESENTATIONS: (N = 260)

(Listed in separate appendix. Oral presentations listed later in CV.)

MENTORSHIP

Junior Faculty at Wayne State (N = 9)

1. Amanda Leggett, PhD, Psychology (2022 – present)
2. Zeina Ghoul, M.A., WSU Academic Success Center/Academic Leadership Academy (2020-21)
3. Maha Albdour, Ph.D., Wayne State College of Nursing (2019 – present)
4. J. Scott Branson, Ph.D., Wayne State Department of Counselor Education (2019-2020)
5. Olivenne Skinner, PhD., Psychology (2018 – present)
6. Tim Bogg, Ph.D., Psychology (2011 – 2016; primary mentor)
7. Richard Slatcher, Ph.D., WSU Junior Faculty Grants (2010- 2014; primary mentor)
8. Annmarie Cano, Ph.D. NIH K01 Career Development Award (2003-2008; primary mentor)
9. Rodney Clark, Ph.D., Assistant Professor, WSU (1993 – 1999; primary faculty mentor)

Postdoctoral Fellows, K-Award Recipients, and others (N = 9)

1. Steven Pratscher, Ph.D., University of Florida (K01 AT012066). “Developing and testing a multicomponent breathwork intervention for people with chronic pain.” (2023-2028).
2. Rachel Aaron, Ph.D., Johns Hopkins University (NIH K23 HD104934): “Optimizing pain-related outcomes following orthopedic trauma: Testing novel risk factors and determining the feasibility of a new pain psychology intervention.” (2022-2027).

3. Brandon Yarns, M.D., VA Greater Los Angeles Healthcare System, K2 Career Development Award. “Optimizing psychotherapy for older veterans with chronic pain.” 2019 – 2024.
4. Lisa Matero, Ph.D., Henry Ford Health System Mentored Scientist Award. “Testing pain interventions in primary care.” 2017-2021.
5. Annmarie Cano, Ph.D., Wayne State University. NIH K01 Career Development Award, 2003 – 2008.
6. Jay Cohen, Ph.D., Wayne State University, NIH R01 post-doctoral fellow (2006-2007)
7. Lynn Neely, Ph.D., Wayne State University, NIH R01 post-doctoral fellow (2005-2006)
8. Mazy Gillis, Ph.D., Wayne State University, Arthritis Foundation fellow (2002-2005)
9. James Grosch, Ph.D., Wayne State University, NIOSH/APA post-doctoral fellow (1995-1996)

Doctoral Dissertations Directed (N = 47)

1. Liyah Marshall (proposed). Understanding relationship satisfaction when your partner has chronic pain: Attachment style and potential moderators.
2. Zeina Ghoul, Ph.D. (2022). The impact of behavioral sleep education on undergraduate university students’ perceived stress and sleep quality: A randomized, controlled trial.
3. Christopher P. Urbanik, Ph.D. (2022). Childhood adversity and alexithymia: Implications for health outcomes in an urban police sample.
4. Jolin B. Yamin, Ph.D. (2022). Experiential training in disclosure facilitation and emotional awareness and activation: A randomized test.
5. Shoshana Krohner, Ph.D. (2022). Emotion- and relationship-focused therapeutic interview for chronic musculoskeletal pain: A randomized controlled trial.
6. Hallie T. Tankha, Ph.D. (2022). Engagement in a Facebook peer support intervention and its impact on the psychosocial aspects of pain: A mixed methods investigation.
7. Heather K. Doherty, Ph.D. (2021). Emotional Awareness and Expression therapy and mindfulness meditation training for college students with anxiety and somatic symptoms: A randomized controlled trial.
8. Bethany D. Pester, Ph.D. (2021). A randomized clinical trial on the impact of Facebook support groups for adults with chronic pain.
9. Hannah J. Holmes, Ph.D. (2019) Arab American women’s health study: Correlational and experimental examination of a sexual health interview.
10. Matthew Jasinski, Ph.D. (2017). A brief family intervention to decrease nonadherence and readmission for kidney failure: A randomized trial.
11. Jennifer Carty, Ph.D. (2016). The effects of a life-stress interview for women with chronic urogenital pain: A randomized trial.
12. Maisa Ziadni, Ph.D. (2016). Stress and health interview for primary care patients with medically unexplained symptoms: A randomized trial.
13. Elyse R. (Sklar) Thakur, Ph.D. (2015). The effects of emotional awareness and expression training and relaxation training for people with irritable bowel syndrome: A randomized trial.

14. Maren Hyde-Nolan, Ph.D. (2014). A daily study of the sleep-pain relationship in fibromyalgia.
15. Dana Nevedal, Ph.D. (2012). Perceived and functional disability in adults with chronic pain. What accounts for the discrepancies?
16. Alaa Hijazi, Ph.D. (2012). Narrative Exposure Therapy to treat traumatic stress in Arab refugees: A clinical trial.
17. Olga Slavin-Spenny, Ph.D. (2011). Testing the impact of anger awareness and expression training and relaxation training on chronic headaches.
18. Lindsay (Sander) Oberleitner, Ph.D. (2011). Emotional risk factors for substance abuse in a chronic pain population: Developing a predictive model and testing methods for assessing stigmatized behaviors.
19. Jonathan Beyer, Ph.D. (2010). The effects of web-based interactive emotional disclosure on stress and health: A randomized, controlled study.
20. Tamara McKay, Ph.D. (2010). The effects of meta-communication training on therapeutic process and outcome at a university counseling center.
21. Amanda Burger, Ph.D. (2010). Evaluating outcomes and response profiles of a psychological treatment for people with chronic pain.
22. Alison (Markowitz) Radcliffe, Ph.D. (2009). Predicting change: Does content matter in the outcomes of disclosure writing participants?
23. Rebecca Stout, Ph.D. (2008). An analysis of writing content and headache outcomes in a web-based guided writing intervention for migraine headaches.
24. Shedeh Tavakoli-Moayed, Ph.D. (2008). Effects of expressive writing and assertiveness training on international student's acculturative stress, health, and affect.
25. Kristine Rebucal Ma, Ph.D. (2008). The effects of age and attachment on daily experiences and social interactions.
26. Debra Macklem, Ph.D. (2007). Exploration of emotion regulation styles as potential moderators of emotional disclosure in patients with rheumatoid arthritis: Testing a model of emotional expression.
27. Christina (Masley) Kraft, Ph.D. (2006). Effects of written emotional disclosure on psychotherapy mediation: Therapeutic alliance, experiencing, mood, and attendance.
28. Lori (Johnson) Warner, Ph.D. (2003). Expressive writing and health in pediatric asthma.
29. Tina (Tojek) Meyer, Ph.D. (2003). Life stress and emotional regulation strategies during a personal disclosure task: Health implications for patients with rheumatoid arthritis.
30. Pamela D'Souza, Ph.D. (2002). The effects of relaxation training and written emotional disclosure on people with migraine or tension headaches.
31. Dana (Rosen) Cohen, Ph.D. (2002). Child behavior problems and family functioning, adherence, and metabolic control in children with Type I diabetes: Prospective studies using two designs.
32. Mazy Gillis, Ph.D. (2002). The effects of written emotional disclosure on adjustment in fibromyalgia syndrome.
33. Jennifer Huffman, Ph.D. (2000). Predictors of treatment adherence and the relationship between adherence and treatment outcome among migraine headache patients.

34. Sally Norman, Ph.D. (2000). The effects of written expression in women with chronic pelvic pain.
35. Brian Stogner, Ph.D. (1999). Prediction of the development of post-concussion syndrome from personality and health psychology variables.
36. Julie Smith, Ph.D. (1998). The relationship of cognitive and emotional coping to adjustment in chronic myofascial pain.
37. Theresa Oves, Ph.D. (1997). An evaluation of two neuropsychological models of alexithymia.
38. Jill Meade, Ph.D. (1996). Stress, emotional functioning, and parent behavior in childhood illness.
39. Jocelyn McCrae, Ph.D. (1996). Negative affectivity, alexithymia, and coping: Relationships with sickle cell disease pain, disability, and health care use.
40. Jane Kelley, Ph.D. (1996). The relationship between emotional inhibition and health status and the effects of disclosure in rheumatoid arthritis patients.
41. Steven Ondersma, Ph.D. (1996). Beyond negative affect: The role of psychosocial factors in childhood illness.
42. Larry Friedlander, Ph.D. (1995). Alexithymia and stress response: Exploring the issue of reactivity and decoupling.
43. Janice Tomakowsky, Ph.D. (1994). Optimism and coping in relation to health status in individuals with human immunodeficiency virus.
44. Susan MacNeill, Ph.D. (1994). Psychological factors associated with treatment seeking behavior for myocardial infarction.
45. Tracey Torosian, Ph.D. (1994). Psychological and physiological correlates of ischemic pain reporting during treadmill stress testing.
46. Kevin Roby, Ph.D. (1993). Alexithymia, attribution, and physiological arousal in pathological gambling.
47. Margaret Jordan, Ph.D. (1993). The relationship of pain control beliefs, pain coping strategies, and pain severity to the psychological adjustment and functional status of individuals with rheumatoid arthritis.

Master's Theses Directed (N = 32)

1. Sabrina Blank (in progress). Individual differences in engagement in a single-session psychodynamic interview among people with chronic pain: Predictors and outcomes.
2. Liyah Marshall, M.A. (2021). The relationship of object relations as assessed by the Thematic Apperception Test to psychopathology among patients entering a dialectical behavior therapy skills program.
3. Christopher Urbanik, M.A. (2020). The effects of a pain psychology and neuroscience self-evaluation intervention: A randomized clinical trial.
4. Shoshana Krohner, M.A. (2019). Examining the relationships of individual characteristics and health outcomes with narrative emotional processes and disclosure among women with chronic urogenital pain.

5. Jolin Yamin, M.A. (2019). Diagnostic stress and health interview performance in patients with medically unexplained symptoms.
6. Heather Doherty, M.A. (2018). Alexithymia, trauma, and interpersonal distress as moderators of emotional awareness and expression therapy for patients with fibromyalgia.
7. Hannah Holmes, M.A. (2016). Ambivalence over emotional expression, social constraints, and trauma as moderators of emotional awareness and expression training for individuals with irritable bowel syndrome.
8. Matthew Jasinski, M.A. (2013). Anger expression: Evaluating the construct validity of several emotion regulation measures.
9. Jennifer Carty, M.A. (2012). Alexithymia, social constraints, and self-efficacy as moderators of coping skills training and written emotional disclosure: For which patients with rheumatoid arthritis do these interventions improve pain and physical functioning?
10. Elyse Sklar, M.A. (2012). Moderators of the effects of emotional awareness and expression training and relaxation training to improve chronic headache symptoms.
11. Maren Hyde, M.A. (2010). Pre-surgical sleep as a predictor of post-surgical pain.
12. Dana Nevedal, M.A. (2009). Do implicit motives predict HIV disease progression?
13. Alaa Hijazi, M.A. (2008). Moderators of the effects of expressive writing and assertiveness training to improve adjustment of international students.
14. Olga Slavin, M.A. (2008). The influence of the method of disclosure on physical and emotional health outcomes.
15. Lindsay Sander, M.A. (2008). Methods of emotional disclosure: Process and immediate reactions in spoken disclosure.
16. Jonathon Beyer, M.A. (2008). Verbal emotional expression and alexithymia: Evaluating the criterion validity of the Toronto Alexithymia Scale–20 in a community sample of adults.
17. Amanda Burger, M.A. (2007). The effects of guided, internet-based written emotional disclosure on migraine headaches.
18. Britta Gustavson, M.A. (2007). Multiple measures of alexithymia and related emotional ability measures: Relationships with health measures.
19. Alison Radcliffe, M.A. (2005). Written emotional disclosure: Testing the implications of an audience and the neutrality of the control.
20. Deb Macklem, M.A. (2004). Emotional disclosure and changes in coping among rheumatoid arthritis patients.
21. Christina Kraft, M.A. (2003). Alexithymia, self-efficacy, and catastrophizing as potential moderators of relaxation treatment and emotional disclosure for people with chronic headache conditions.
22. Kara Brooklier, M.A. (2001). Negative affect, life stress, and asthma symptom report.
23. Tina Tojek, M.A. (1998). Psychological correlates of psychogenic, nonepileptic seizures.
24. Mazy Gillis, M.A. (1998). Correlates of treatment nonadherence in women with systemic lupus erythematosus: Depression, disease severity, social support, and memory.

25. Laurie Hipley, M.A. (1997). Job and personality characteristics as related to coronary risk factors.
26. Jennifer Huffman, M.A. (1997). Psychological predictors of cardiac events.
27. Jennifer Gramzow, M.A. (1996). Maternal modeling and reinforcement of pain in their children.
28. Camey Mader, M.A. (1996). Alexithymia, family functioning, and chronic pain.
29. Michelle Corlis, M.A. (1996). The role of maternal illness, behavior, and alexithymia in inflammatory bowel disease.
30. Sally Norman, M.A. (1995). Alexithymia and treatment-seeking for health problems.
31. Mary Theisen, M.A. (1994). Alexithymia and health beliefs in symptomatic and asymptomatic heart attack patients.
32. Theresa Ovies, M.A. (1994). An evaluation of two models of the relationship between alexithymia and physical symptom reporting.

EXTERNAL GRANTS AND AWARDS TO MY DOCTORAL STUDENTS ($N = 40$)

1. *Sabrina Blank*: Poster Award; Midwest Pain Society Annual Meeting; 2023
2. *Jolin Yamin*: APA Society for the Advancement of Psychotherapy Education and Training Student Paper Award, 2022; \$500.
3. *Hallie Tankha*: IASP World Congress on Pain Registration and Travel Award, 2022; \$1,200.
4. *Jolin Yamin*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2021; \$3000.
5. *Jolin Yamin*: Society for a Science of Clinical Psychology Dissertation Grant Award, 2021; \$500.
6. *Shoshana Krohner*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2020; \$3000.
7. *Jolin Yamin*: Dr. Philip M. Kayal Fund for Arab American Research Grant, 2019; \$2,500.
8. *Hannah Holmes*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2017; \$3,000.
9. *Maisa Ziadni*: American Pain Society Young Investigator Travel Award, 2016; \$750.
10. *Matthew Jasinski*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2015; \$3,000.
11. *Maisa Ziadni*: American Psychological Association Dissertation Research Award, 2014; \$1,000
12. *Maisa Ziadni*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2014; \$3,000.
13. *Jennifer Carty*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2014; \$3,000.
14. *Elyse Sklar Thakur*: American Psychological Association Dissertation Research Award, 2013; \$1,000.
15. *Elyse Sklar Thakur*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2013; \$3,000.

16. *Alaa Hijazi*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2011; \$3,000.
17. *Olga Slavin-Spenny*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2010; \$3,000.
18. *Dana Nevedal*: Midwest Pain Society, 2009; \$6,000.
19. *Lindsay Sander Oberleitner*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2009; \$3,000.
20. *Amanda Burger*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2008; \$3,000.
21. *Rebecca Stout*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2007; \$3,000.
22. *Shedeh Tavakoli-Moayed*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2006; \$3,000.
23. *Alison Radcliffe*: American Psychosomatic Society Young Scholar Award, 2005; \$500.
24. *Lori Warner*: American Psychosomatic Society Young Scholar Award, 2004; \$1,000.
25. *Tina Tojek Meyer*: American Psychosomatic Society Young Scholar Award, 2003; \$500.
26. *Mazy Gillis*: American Psychosomatic Society Young Scholar Award, 2003; \$500.
27. *Mazy Gillis*: Arthritis Foundation Postdoctoral Fellowship Award, 2002-2004 (\$35,000 per year). (Co-mentor with Tim Roehrs, Ph.D., of Henry Ford Hospital.)
28. *Kara Brooklier*: APA Society of Pediatric Psychology, Best Student paper award, 2002.
29. *Christina Masley*: American Psychosomatic Society Young Scholar Award, 2002; \$500.
30. *Lori Warner*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2001; \$3,000.
31. *Brian Stogner*: American Psychosomatic Society Young Scholar Award, 2000; \$500.
32. *Mazy Gillis*: Blue Cross Blue Shield of Michigan Foundation Student Award, 2000; \$3,000.
33. *Lori Warner*: Sarnaik Endowment Fund, Children's Research Center of Michigan, 1999; \$2,390.
34. *Jennifer Huffman*: Blue Cross Blue Shield of Michigan Foundation Student Award, 1998; \$3,000.
35. *Jennifer Huffman*: Michigan Psychological Association Dissertation Award, 1998; \$100.
36. *Sally Norman*: Blue Cross Blue Shield of Michigan Foundation Student Award, 1998; \$3,000.
37. *Sally Norman*: Sigma Xi Grant-in-aide, 1998; \$600.
38. *Steven Ondersma*: American Psychological Association Dissertation Award, 1994; \$500.
39. *Janice Tomakowsky*: American Psychological Association Dissertation Award, 1993; \$500.
40. *Margaret Jordan*: American Psychological Association Dissertation Award, 1992; \$500.

UNIVERSITY / DEPARTMENT GRANTS AND AWARDS TO MY STUDENTS (*N* = 38)

Underline = undergraduate student

Italics = graduate student

1. *Matthew Jennings* (co-mentor): Department Graduate Student Mentor Award, 2023
2. *Marjorie Heule*: University Rumble Research Fellowship, 2023
3. *Ciara Cannoy* (co-mentor): University Summer Dissertation Award, 2022
4. *Ciara Cannoy* (co-mentor): Department Gerald Rosenbaum Award, 2022
5. *Shoshana Krohner*: University Summer Dissertation Award, 2021
6. *Jolin Yamin*: University Summer Dissertation Award, 2021
7. *Shoshana Krohner*: University Rumble Research Fellowship, 2020
8. *Jolin Yamin*: Department John Teahan Memorial Award, 2020
9. *Bethany Pester*: Department Gdowski Award, 2020
10. *Hallie Tankha*: University Summer Dissertation Award, 2020
11. *Hallie Tankha*: Department Ben and Brenda Rosen Research Award, 2019
12. *Jolin Yamin*: University Rumble Research Fellowship, 2019
13. *Bethany Pester*: University Competitive Graduate Research Assistantship, 2019
14. *Hannah Holmes*: Department Charles Gdowski Award, 2019
15. *Christopher Urbanik*: Department Graduate Student Service Award, 2019
16. *Hannah Holmes*: Department Ross & Margaret Stagner Memorial Award, 2019
17. *Hannah Holmes*: University Summer Dissertation Award, 2018
18. *Hannah Holmes*: Department Gerald Rosenbaum Clinical Psychology Award, 2017
19. *Hannah Holmes*: University Rumble Research Fellowship, 2017
20. *Matthew Jasinski*: University Rumble Research Fellowship, 2016
21. *Maisa Ziadni*: Department John Teahan Memorial Award, 2015
22. *Jennifer Carty*: Department Norine G. Johnson Award, 2014
23. *Maisa Ziadni*: University Rumble Research Fellowship, 2014.
24. *Jennifer Carty*: University Rumble Research Fellowship, 2014.
25. *Elyse Sklar Thakur*: Department Gerald Rosenbaum Scholarship; 2014
26. Monica Thipparthi: University Undergraduate Research Award, 2013
27. *Elyse Sklar Thakur*: University Rumble Research Fellowship, 2013
28. *Olga Slavin-Spenny*: University Dissertation Award, 2010
29. *Amanda Burger*: University Dissertation Award, 2009
30. *Alison Radcliffe*: Department Norine G. Johnson Award, 2007
31. *Alison Radcliffe*: Department Charles L. Gdowski Award, 2007
32. *Alison Radcliffe*: University Dissertation Award, 2007
33. Christina Sawula: University Undergraduate Research Award, 2006
34. Jessica Soulliere: University Undergraduate Research Award, 2004

35. Jessica Kendall: University Undergraduate Research Award, 2003
36. Jennifer Stevenson: University Undergraduate Research Award, 2003
37. *Tina Tojek*: Department John Teahan Memorial Award, 1999
38. *Pamela D'Souza*: Department John Teahan Memorial Award, 1997

TEACHING EXPERIENCE

Graduate Courses

Research Methods in Clinical Psychology (2021 – present)
 Psychotherapy (1993 – present)
 Advanced Ethics and Professional Issues (2007 – present)
 Clinical Supervision (WSU Psychology Clinic; every semester, 1991 – present)
 Health Psychology II: Applications (2000 – present)
 Psychological Assessment (1992 – 1997)
 Health Psychology I: Theoretical and Empirical Foundations (1992 – 1998)
 Practicum in Assessment (1995 – 2000)
 Practicum in Psychotherapy (2003 – present)
 Human Diversity (2005)

Undergraduate Courses

Introductory Psychology (Regular and Honors; 1991 – 1999)
 Health Psychology (1998 – 2003)
 Controversial Topics in Psychology (University Life Science Honors course; 1997)
 Abnormal Psychology (1992 – 1994)
 Sleep and Dreams (1989, University of Florida)

TRAININGS / WORKSHOPS PRESENTED

“Emotional Awareness and Expression Therapy for chronic pain.” Virtual course for health professionals, October 13 – November 10, 2023.

“Emotional Awareness and Expression Therapy for chronic pain.” Virtual course for health professionals, March 2 – March 30, 2023.

“Emotional Awareness and Expression Therapy for chronic pain.” Virtual course for health professionals, October 14 – November 11, 2022.

“Emotional Awareness and Expression Therapy for chronic pain.” Virtual course for health professionals, June 2 – 23, 2022.

“Beyond pain management: Treating pain the intersection of pain and unresolved emotional experiences.” St. John Providence, Southfield, MI. May 31 – June 1, 2019.

“An integrative model of assessment and treatment for centralized pain disorders.” American Psychosomatic Society, Vancouver, BC, March 8, 2019.

“Beyond pain management: Treating pain the intersection of pain and unresolved emotional experiences.” St. John Providence, Southfield, MI. May 4-5, 2018.

“Beyond pain management: Treating pain caused by learned neural pathways and unresolved emotional experiences.” St. John Providence, Novi, MI. May 6-7, 2016.

INVITED LECTURES / ORAL PRESENTATIONS ($N = 111$)

“Emotional Awareness and Expression Therapy.” Johns Hopkins University, December 8, 2023

“Novel directions in psychological treatments for chronic pain.” Center for Health Outcomes and Interdisciplinary Research, Massachusetts General Hospital, December 1, 2023

“Novel directions in psychological treatments for chronic pain.” Midwest Pain Society, Chicago, IL, October 20, 2023.

“Novel directions in psychological treatments for chronic pain.” Midwest Pain Society, Chicago, IL, October 20, 2023.

“Emerging psychological treatments for chronic pain.” Children’s Hospital of Michigan, Social Work Department, April 11, 2023.

“Emerging psychological treatments for chronic pain.” Wayne State University, College of Social Work, March 21, 2023.”

“Novel Directions in the Psychological Treatment of Chronic Pain.” College of Dentistry, University of Florida, March 6, 2023.

“Novel Directions in the Psychological Treatment of Chronic Pain.” Department of Psychiatry, American University of Beirut, Lebanon, January 12, 2023.

“*Changing your mind: Chronic Pain and the Brain.*” Discussant for premier of documentary, New York, October 6, 2022.

“*This Might Hurt.*” Discussant for documentary for American Association of Pain Psychologists, September 18, 2022

“Novel Directions in the Psychological Treatment of Chronic Pain.” Department of Psychiatry and Psychology, Cleveland Clinic, September 15, 2022.

“Emotion Awareness and Expression Therapy for Chronic Pain.” Department of Psychology, Stockholm University, Sweden. May 2-3, 2022.

“Emotion Awareness and Expression Therapy for Chronic Pain.” Veterans Administration Behavioral Pain Management Network, April 20, 2022.

“The evolving clinical psychology doctoral student.” Council of University Directors of Clinical Psychology, January 2022.

“Emotional Awareness and Expression Therapy.” Psychophysiological Disorders Association. October 30, 2021.

“*This Might Hurt.*” Discussant for documentary for Johns Hopkins University Medical School, June 8, 2021.

“Emotions in chronic pain.” Michigan Psychological Association, April 28, 2021.

“Emotional Awareness and Expression Therapy.” Department of Psychology, Virginia Commonwealth University, April 15 & 22, 2021.

- “An integrative model of assessment and treatment for chronic centralized pain disorders.” General Pediatric and Adolescent Medicine Clinic, Children’s Hospital of Michigan, March 2021.
- “GRE in the time of COVID-19 / 2020”. Council of University Directors of Clinical Psychology, August 2020.
- “Novel directions in psychological treatment for chronic pain.” Wayne State University Alumni Association, May 2020.
- “*This Might Hurt.*” Discussant for documentary for Swedish Society of EAET, April 11, 2021.
- “Novel directions in psychological treatment for chronic pain.” University of Colorado, Denver, February 2020.
- “Novel approaches to clinical skills training.” Council of University Directors of Clinical Psychology, January 2020.
- “Emotional awareness and expression interventions for chronic pain.” Oakland University, November 2019.
- “Novel directions in psychological treatment for chronic pain.” Second Annual Health Psychology Symposium / Michigan Psychological Association, November 2019.
- “Novel directions in psychological treatment for chronic pain.” Ohio University Symposium on Pain Management, September 2019.
- “Emotional awareness and expression interventions for chronic pain.” Wayne State University Humanities Center, September 2019.
- “An integrative model of assessment and treatment for centralized pain disorders.” PCS Counseling, Northville, MI, August 2019
- “An integrative model of assessment and treatment for centralized pain disorders.” Stanford University Pain Medicine Research Program, June 2019.
- “An integrative model of assessment and treatment for centralized pain disorders.” Department of Psychiatry Health Psychology Group, Henry Ford Hospital, April 2019.
- “An integrative model of assessment and treatment for centralized pain disorders.” Department of Physical Medicine and Rehabilitation, University of Michigan, March 2019.
- “On being open about open science.” American Psychosomatic Society, Vancouver, BC, March 2019.
- “Emotional awareness and expression therapy for chronic pain: Outcomes and emotion-focused moderators.” American Psychosomatic Society, Vancouver, BC, March 2019.
- “Novel content in psychotherapy courses: Beyond traditional schools and ESTs.” Council of University Directors of Clinical Psychology, New Orleans, January 2019.
- “Integrative assessment and treatment of centralized pain disorders.” University of Southern California, Center for Self-Report Science, November 2018
- “A deeper dive into the pain psychology toolbox.” Primary Care Pain Course, San Diego, CA, November 2018.
- “Integrative assessment and treatment of centralized pain disorders.” College of Nursing, Wayne State University, September 2018.

- “An integrative assessment and intervention approach for patients with chronic centralized pain.” American Psychological Association, San Francisco, CA, August 2018.
- “Assessing and treating psychological factors in chronic centralized pain.” Congdon Lecture Series-Psychiatry (Primary Care Physician Continuing Education), Genesys Health Center, Flint, MI, July 2018.
- “Emotional awareness and expression interventions for patients with chronic pain and related disorders.” Department of Psychiatry, Orebro University, Sweden, June 2018.
- “Emotional awareness and expression interventions for patients with chronic pain and related disorders.” Department of Psychiatry, Wayne State University, May 2018.
- “Mechanisms of emotional awareness and expression therapy.” American Pain Society, Anaheim, CA, March 2018.
- “Emotional awareness and expression interventions for patients with chronic pain and related disorders.” Department of Psychiatry, Ann Arbor VA Health Center, February 2018.
- “Emotional awareness and expression interventions for patients with chronic pain and related disorders.” American Pain Society, Pittsburgh, PA, May 2017.
- “Emotional awareness and expression interventions for patients with chronic pain and related disorders.” Association of Psychologists in Academic Health Centers, Detroit, March 2017.
- “Emotional awareness and expression interventions for patients with chronic pain and related disorders.” Department of Psychology, University of Windsor, February 2017.
- “Theoretical models and traditional psychosocial approaches to chronic pain.” Keynote address, Battle Creek Michigan VA Mental Health Summit, September 2016.
- “Chronic pain: Traditional models and innovative directions in treatment.” General Pediatric and Adolescent Medicine Clinic, Children’s Hospital of Michigan, July 2016.
- “Emotional awareness and expression therapy: Recent randomized clinical trials for adults with different chronic pain conditions.” Society for the Exploration of Psychotherapy Integration. Dublin, Ireland, June 2016.
- The PAST-FM (Pain and Stress Treatment for Fibromyalgia) randomized, controlled trial: Main effects of emotional awareness and expression and cognitive-behavioral therapies. American Pain Society, Austin, TX, May 2016.
- “Emotions matter! On the value of emotional awareness and expression for patients with chronic pain and related disorders.” Michigan Psychological Association, April 2016.
- “Understanding fibromyalgia and communicating with patients.” 2nd Annual Update in Rheumatology, Wayne State University Continuing Education for Physicians, October 2015.
- “Testing your good ideas: Clinical trials of emotional awareness and expression interventions for chronic pain disorders.” Keynote speaker at the 4th Biennial Social Work Research Conference, University of Michigan, October 2015.
- “The impact of stress and emotions on fibromyalgia, and what to do about it: Part 2!” Fibromyalgia Association of Michigan, September 2015.
- “Chronic pain: Why we need a new approach.” Detroit Wayne Mental Health Authority Interdisciplinary Mental Health Conference, June 2015.

- “The impact of stress and emotions on fibromyalgia, and what to do about it!” Fibromyalgia Association of Michigan, May 2015.
- “Fibromyalgia: An Overview.” Division of Rheumatology, Wayne State University, February 2015.
- “Training in emotional processing and relational therapy.” Center for Addiction Research, University of Oslo, September 2014.
- Distinguished discussant, Topical Conference on Health Psychology, Orebro University, Sweden, September 2014.
- “Treating unresolved stress and conflict in fibromyalgia.” American Psychological Association, Washington, DC, August 2014.
- “Written emotional exposure for chronic pain.” American Pain Society, Tampa, FL, May 2014.
- “Emotional processing for chronic pain and other disorders.” The Practice Institute “Meet the Experts” Teleconference Series, May 2014
- “Avoiding emotions.” American Pain Society, Tampa, Florida, April 2014.
- “Emotional processing interventions for chronic pain.” Keynote Speaker. Research Symposium, University of Toledo, April 2014.
- “Emotional processing interventions for chronic pain.” Distinguished lecture, Topical Conference: Emotion Regulation in Health Psychology, Orebro University, Sweden, September 2013.
- “Emotional processing interventions for chronic pain.” Department of Behavioral Sciences, University of Oslo, Norway, September 2013.
- “The Psychology of Chronic Pain: Assessment and Intervention.” Practice Transformation Institute’s Mackinac Learning Collaborative. Detroit, Michigan, May 2013.
- “Emotional expression: Is it healthy?” Keynote address at the Michigan Undergraduate Psychology Research Conference, Calvin College, Grand Rapids, Michigan, April 2013.
- “Emotional processing of trauma in refugees: Narrative exposure therapy.” Workshop presented to the Arab American and Chaldean Council, March 2013.
- “The role of psychologists in the assessment and treatment of fibromyalgia.” American Psychological Association, Orlando, FL, August 2012.
- “Fibromyalgia and treating trauma with emotional exposure therapy.” Department of Medicine, Resident Rounds, Wayne State University, June 2012.
- “Mind, brain, body, and chronic pain.” Department of Psychiatry and Behavioral Sciences Grand Rounds, Wayne State University School of Medicine, February 2010.
- “Mind, body, and chronic pain.” Department of Internal Medicine Grand Rounds, Wayne State University School of Medicine, October 2009.
- “Emotional awareness, expression, and disclosure: Implications for children’s health.” Pediatric Prevention Research Center, Children’s Hospital, Detroit, June 2009.
- “Treating unresolved trauma in patients with fibromyalgia.” Tension Myositis Syndrome Conference. Ann Arbor, Michigan, March 2009.
- “Musculoskeletal pain: Fibromyalgia and central sensitization syndromes.” Pain and Sleep: A Scientific and Clinical Conference. National Harbor, Maryland, March 2009.

- “Emotional Disclosure as a Stress Reduction Approach for Health Problems. When does it work? What Else is Needed?” University of Toledo, Ohio, December 2007.
- “Stress Reduction by Emotional Disclosure: When Does it Improve Health?” University of Geneva, Switzerland, March 2007.
- “Reducing Stress through Emotional Disclosure: Does it Improve Health?” Department of Family Medicine and Public Health Services, Wayne State University, November 2006.
- “Emotional awareness, expression, and disclosure: Implications for children’s health.” University of Hawaii, July 2006.
- “Evidence-based treatments, relationships, and principles: Toward psychotherapy integration.” Department of Psychiatry Grand Rounds, Wayne State University School of Medicine, April 2006.
- “Emotional awareness, expression, and disclosure in children’s health problems.” University of Leiden, Leiden, The Netherlands, November 2005.
- “Empirically-supported relationship principles: Meta-communication.” Michigan Psychological Association, Livonia, Michigan, September 2005.
- “Written emotional disclosure: Moderating role of alexithymia.” Catholic University of Louvain at Louvain la Neuve, Belgium, April 2005.
- “Written emotional disclosure for chronic pain problems: When does it work and how can it be strengthened?” Pain Research Program, University of Michigan, February 2005.
- “Written emotional disclosure: When and how does it work?” Stony Brook University, New York, December 2004.
- “Emotional disclosure for rheumatoid arthritis. When does it work and how can it be strengthened?” Duke University, September 2004.
- “When and how does expressive writing work?” City University of New York Graduate Center, May 2004
- “Does alexithymia cause health problems? A critical examination of various pathways.” Institute for Psychology and Health, Utrecht University, The Netherlands, October 2003.
- “Does alexithymia cause health problems? A critical examination of various pathways.” Keynote Address for the Third International Meeting on The (Non)Expression of Emotions in Health and Disease Conference, Tilburg, The Netherlands, October 2003.
- “Emotional disclosure via writing or talking for people with rheumatoid arthritis: When does it work?” Midwest Pain Society, Chicago, IL, September 2003.
- “Managing stress: The effects of expressive writing.” Eastern Psychological Association, Baltimore, MD, March 2003.
- “Managing stress: Emotional disclosure and health.” Rehabilitation Institute of Michigan, Detroit, MI, July 2002.
- “Managing stress: Emotional disclosure and health.” Institute for Psychosocial Medicine, Karolinska Institute, Stockholm, Sweden, May 2002.
- “What is stressing your patients? Emotional disclosure and health.” Department of Medicine Grand Rounds, Wayne State University School of Medicine, October 2001.

- “Cognitive-behavioral therapy.” Seminar series presented to psychiatry residents, Department of Psychiatry, Henry Ford Hospital, Detroit, MI, February – May 2001
- “Research design and statistics for physicians.” Three lectures presented to the Division of Rheumatology, Wayne State University School of Medicine, Detroit, MI, Dec 2010 – March 2001
- “Written and verbal expression: Effects on health and adjustment.” Department of Psychiatry, Henry Ford Hospital, Detroit, MI, June 2000
- “Cognitive behavioral and emotional expression interventions for rheumatoid arthritis.” Division of Rheumatology, Wayne State University School of Medicine, Detroit, MI, June 2000
- “Health psychology: Theory and research on the role of emotional stress.” Annual meeting of the North American Association of Masters in Psychology, Troy, MI, May 1999
- "Stress management as alternative medicine," WSU College of Medicine, 1993 - 1998.
- "Noncompliance in systemic lupus erythematosus." Division of Rheumatology, Hutzel Hospital and Wayne State University, Detroit, Michigan, July 1998
- "Psychological factors influencing chest pain." Dept of Psychiatry, Henry Ford Hospital, June 1996
- "Psychosocial aspects of chest pain." Division of Cardiology, Wayne State University, December 1995
- "Research design and statistics," Michigan Health Care Corporation Osteopathic Residency Program, Detroit, Michigan, 1994 - 1997
- "Psychiatric Diagnosis: DSM-III-R and ICD-10." Children's Center of Wayne County, Detroit, MI, February 1994
- "Alexithymia: Research and clinical practice." Department of Psychiatry Residency Training Program, Michigan Osteopathic Medical Center, Detroit, MI, October 1993
- "Alexithymia: Theory, foundations, and applications." Department of Psychiatry, Henry Ford Hospital, Detroit, MI, June 1993
- "Alexithymia: Basic and applied aspects." Department of Rehabilitation Psychology and Neuropsychology, Detroit Rehabilitation Institute, December 1992
- "Coping with chronic illness." Ehlers-Danlos National Foundation meeting, August 1992
- "Acute abstinence from smoking: Cortisol changes, reactivity to a smoking cue, and sex differences." University of Michigan, Behavioral Medicine Program, July 1992

MEDIA INTERVIEWS AND OTHER PUBLIC COMMUNICATIONS

- April 1, 2022: Alison Chernick (Voyeur Films); Film documentary on Dr. Sarno and pain recovery. Later released, “*Changing your mind: Chronic pain and the brain.*”
<https://themindbody.org/home.html>
- March 18, 2022: Meryl Davids Landau, National Geographic (“Pain and catastrophizing”)
<https://www.nationalgeographic.co.uk/science-and-technology/2022/04/how-you-think-about-physical-pain-can-make-it-worse/amp>
- March 9, 2022: Nick Keppler, Freelance writer, Inverse.com (TikTok and Anger Test):
<https://www.inverse.com/mind-body/tiktokers-are-boasting-about-their-high-scores-on->

[anger-test?fbclid=IwAR0NB_AqdyiQi6-dMLm5yH-VUuu6OoC6GOMD9X0Q7c0RrFDAiMmQpxQUa_4](https://www.facebook.com/IwAR0NB_AqdyiQi6-dMLm5yH-VUuu6OoC6GOMD9X0Q7c0RrFDAiMmQpxQUa_4)

October 29, 2021: Isobel Whitcomb, *Pain Bee*.

September 6, 2021: Video recording for “Pain Secrets” PBS documentary (Inky Dinky Worldwide)

August 25, 2021: Interview with Nathaniel Frank, independent journalist

August 10, 2021: Interview, Inky Dinky Worldwide (Dina DeMartini)

July 13, 2021: Interview; Crushing Doubt Podcast (Dr. Dan Ratner):

<https://www.youtube.com/watch?v=h4WTyFBE98Y>

April 11, 2021: Q & A discussant for international screening of “This Might Hurt” documentary

November 20, 2020: Isobel Whitcomb, *Slate Magazine*.

<https://slate.com/technology/2021/02/chronic-pain-neuroscience-education-running-joy.html>

November 20, 2020: Lois Harris, *Rymer Childs Productions* (Sydney, Australia)

February 14, 2020: Linda Childers, *The Rheumatologist*

May 29, 2019: Sarah Watts, *Medium.com* (Emotions and pain)

<https://elemental.medium.com/can-resolving-emotional-trauma-ease-chronic-pain-77fc3bd7aca3>

April 23, 2019: Patti Neighmond, National Public Radio; Published June 10, 2019:

<https://www.npr.org/sections/health-shots/2019/06/10/727682322/can-you-reshape-your-brains-response-to-pain>

March 30, 2018: Adam Abdulla, *Coaching Students in Secondary Schools* website.

March 16, 2018: Robyn Abree, *Arthritis Foundation* (Disclosure in relationships)

February 27, 2018: Hilary Ribons, *Guideposts*

January 7, 2018: Ann Paterson, Ph.D. (*MedPageToday.com*; EAET for IBS)

<https://www.medpagetoday.com/resource-centers/constipation-ibs-related-disorders/brief-psychological-intervention-helpful-irritable-bowel-syndrome/1889>

December 5, 2017: Adrienne Dellwo: Very Well Health:

<https://www.verywellhealth.com/psychological-treatments-for-fibromyalgia-4153830>

October 19, 2017: Laura Chaparro, *Muy Interesante* (Spain):

https://drive.google.com/file/d/1ISOb5y6u_htnuGZvYAGwmSoplcxmKPVu/view

September 21, 2017: WSU Press release: <http://research.wayne.edu/news/new-wayne-state-research-findings-offers-hope-to-people-with-fibromyalgia-27830>

Story picked up by 15-20 websites; several interviews conducted. Example:

<https://outlook.office.com/owa/?realm=wayne.edu&exsvurl=1&ll-cc=1033&modurl=0&path=/mail/search>

June 30, 2017: Joanna Broder (*everydayhealth.com*):

<https://www.everydayhealth.com/multiple-sclerosis/living-with/write-it-out-journaling-ms/>

June 22, 2017: Mark Pankonin, MD: Podcast interview. (iTunes: “The Cult of Reason” “Where is the Pain?”)

December 6, 2016: Michelle Konstantinovsky (*WebMD*)

September 1, 2016: Melanie Warner (Independent author; book on Psychosomatics)
 May 18, 2016: Nancy Melville (*Medscape*; <http://www.medscape.com/viewarticle/863517>)
 September 21, 2015: Tori Rodriguez (*Dr. Oz: The Good Life*)
 March 13, 2015: Stephanie Stephens (*Arthritis Today*)
 September 23, 2014: Leslie Elman (creakyjoints.org):<https://creakyjoints.org/writing-or-relaxing/>
<https://creakyjoints.org/written-emotional-disclosure-could-it-help-you-better-cope-with-pain/>
 February 7, 2014: Kent Bassett (Independent film producer)
 2010: WDET Public radio (interview)

DEPARTMENTAL / UNIVERSITY SERVICE

Current Activities:

Chair, Continuing Education, APA-accredited sponsor (2016 – present)
 Member, Department Salary & Personnel Committee (2023 – 2025)
 Member, Wayne State Academy of Scholars Selection Committee (2023 – present)
 Mentor-at-Large, College of Liberal Arts and Sciences (2015 – present)
 Co-chair, Health Psychology Departmental Specialization (1997 - present)

Past Activities:

Director, Ph.D. Program in Clinical Psychology (2005 – 2022)
 Chair, Graduate Admissions, Clinical Psychology program (2006-2022)
 Chair, Interdisciplinary Public Health Faculty Search Committee (2019 – 2020)
 Member, Departmental Policy and Advisory Committee (2005 – 2022)
 Member, College Budget Advisory Committee (2017 – 2021)
 Member, Distinguished Faculty Fellowship Selection Committee (2015, 2017, 2021)
 Member, Chair Search Advisory Committee (2018-2019)
 Member, Departmental Salary & Personnel Committee (2016)
 Member, Steering Committee, Researchers of Biobehavioral Health in Urban Settings Today (RoBUST) (2015 - 2018)
 Member, CLAS Strategic Planning Committee (2015)
 Reviewer, University Undergraduate Research Grant Competition (2013, 2014)
 Member, University Committee on Indirect Cost Recovery, WSU (2014)
 Chair, Review Advisory Panel, Department of Computer Sciences, WSU (2014)
 Chair, Departmental Chair Selection Advisory Committee, Psychology, WSU (2014)
 Member, Search Committee, WSU VP for Research (2013-2014)
 Member, Faculty Search Committee, Institute of Gerontology, WSU (2013)
 Member, Wayne State Faculty Research Advisory Committee (2011 – 2013)
 Director, Clinical Psychology Doctoral Program (2005 – present)
 Chair, Faculty Search Committee (2005-2006, 2006-2007, 2007-2008)
 Member, Clinical Translational Science Award Steering Committee (2007 – 2008)
 Member, Human Investigation Committee, (2003-2005)
 Member, University Graduate Mentor Award Committee (2003)
 Member, Department Salary and Personnel Committee (2002 – 2004)

Member, University Graduate Council, (2002- 2005)
 Subcommittee on Credentials (2002-2003)
 Subcommittee on New Programs (2003 – 2004)
 Executive Committee (2004-2005)
 Member, College of Nursing, Center for Health Research External Advisory Committee (2002-05)
 Member, College of Science Life Sciences Working Group (2000 - 2001)
 Member, Department Chair Review Committee (1999 – 2000, 2009-2010)
 Member/reviewer, University Research Award Grant Program (2000)
 Coordinator, Introductory Psychology subject pool (1992 - 2000)
 Member, College of Science Outreach Committee (1999)
 Member, Dean's Salary Review Committee (1999, 2000)
 Member, Undergraduate Committee (1996 - 1997)
 Member, Graduate Committee (1997 - 1999)
 Member, Introductory Psychology Committee (1991 - 2001)
 Member, Departmental space committee (1991 - 1994)
 Reviewer, Graduate-Professional Scholarship Committee, (WSU Graduate School; 1992)
 Member, Colleges of Liberal Arts and Science, Educational Adjustment Committee (1997 - 1999)
 Member, College of Science Elections Committee (1998)
 Member, College of Science Teaching Awards Committee (1998)
 Department coordinator, King-Chavez-Parks College Day Program (1997 - 1999)