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**James Philip Aleta Mallare, Ph.D., CHES®**

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**MAJOR RESEARCH & PROFESSIONAL INTERESTS**

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Healthcare access; Utilization and delivery of health programming; Health Equity among traditionally excluded communities; Professional preparation and development of the public health workforce; School Health Education; Professional issues in health education/promotion; LGBTQ health, minority population health; Qualitative methods.

**EDUCATION**

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**Wayne State University, Detroit MI** August 2018 — December 2022

Doctor of Philosophy in Kinesiology with a concentration in Community Health & School Health  
Dissertation title: *Exploring the Impact of Health Education Teacher Preparation Programs on the Perceived Preparedness and Effectiveness of School Health Educators*  
Advisor: Dr. Rachael Dombrowski PhD, MPH

**Wayne State University, Detroit MI** August 2018 — May 2022

Master of Science of Community Health Education

**Wayne State University, Detroit MI** August 2013 — May 2018

Bachelor of Science in Education Major: Community Health Education  
Cum Laude

**CERTIFICATIONS**

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- Certified Community Health Education Specialist (CHES), National Commission for Health Education Credentialing (2018 – Current)
- HIV/AIDS Prevention Educator (2018 – Current)

**TEACHING EXPERIENCE**

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**Part Time Faculty** August 2023 — Present  
Public Health, Wayne State University  
PH 2100 Introduction to Public Health [Undergraduate]

**Part Time Faculty** August 2022 — Present  
Kinesiology Health & Sport Studies, Wayne State University  
HE 6310 Family Reproductive Health [Undergraduate]

**Part Time Faculty** August 2022 — Present  
Kinesiology Health & Sport Studies, Wayne State University  
HE 2320 Advancing Policy in Community Health Education [Undergraduate]

**Graduate Teaching Assistant** January 2022 — May 2022  
Kinesiology Health & Sport Studies, Wayne State University  
HE 2320 Advancing Policy in Community Health Education [Undergraduate]

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**Graduate Teaching Assistant** January 2021 — May 2021  
Kinesiology Health & Sport Studies, Wayne State University  
HE 2320 Advancing Policy in Community Health Education [Undergraduate]

**Graduate Teaching Assistant** August 2020 — December 2020  
Kinesiology Health & Sport Studies, Wayne State University  
HE 6310 Family Reproductive Health [Undergraduate]

**Graduate Teaching Assistant** August 2020 — December 2020  
Kinesiology Health & Sport Studies, Wayne State University  
HE 6320 Measurement and Evaluation [Undergraduate]

## **PROFESSIONAL WORK EXPERIENCE**

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**Program Coordinator & Research Associate** May 2022 — Present  
*Wayne State University, Asthma in the Lives of Families Today Study, Detroit, MI*  
Managed an R01 grant in collaboration with Wayne State School of Medicine and the Department of Psychology; Created research protocol for IRB submission and assisted in the creation of a standard operating manual for research activities; Trained and managed research regulatory staff both at the undergraduate and graduate level; Assisted in the writing of periodic status reports to study funder; Facilitated community organization and healthcare facility partnerships for participant recruitment, Recruited and enrolled participants; Oversaw day to day study needs.

**Research Consultant** August 2019 — March 2023  
*Society for Public Health Education*  
Completed the nation's first comprehensive environmental scan of professional preparation programs for school health educators; Reported the findings to CDC Healthy Schools and the Society for Public Health Education; Assisted in the creation of a model curriculum for higher institution faculty; Assisted in the creation of a toolkit for use of in-service school health educators; Assisted with the formation of the Institute for Higher Education, which offers professional development for higher education faculty.

**McNair Scholars TRIO Educational Assistant** August 2020 — May 2022  
*Wayne State University McNair Scholars Program, Detroit, MI*  
Actively engaged students in McNair scholars program activities which included graduate school application preparedness, time management skills, connections with undergraduate research activities and preparations for research conference presentations; Actively assisted in the implementation of other grant activities and record keeping as requested by Wayne State University and the United States Department of Education.

**Data Collector & Community Health Consultant** March 2021 — September 2021  
*Wayne State University Best Food Forward Program, Detroit, MI*  
Called participants to confirm their attendance for the data collection and answering any remaining questions; Scheduled participants for in-person data collection; Measured biometric data, including height, weight, waist circumference, blood pressure, and A1C; Utilized Qualtrics to transcribe windshield surveys; Geotagged all convenience and grocery stores within a 5-mile radius of the selected school

**Program Implementor** May 2017 — June 2019  
*Wayne State University Community Health Pipeline Project, Detroit, MI*  
Actively assisted with grant management and program implementation which included a high school to college pipeline curriculum focused on healthy behaviors and diversity, equity, and inclusion in urban settings; Supervised students completing internships.

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## RESEARCH EXPERIENCE

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### **Community Health Pipeline: Empowerment of Youth to be Agents of Change in the areas of Food Access & Food Justice**

2017 — 2019

CHP Wayne State University, Center for Health and Community Impact- Detroit, MI

Principal Investigator & Advisor: Noel Kulik

**Description:** The purpose of this study is to investigate the formal relationships among local organizations within the areas of food security, access, and justice as well as health inequity. The program aims to expand on the existing resources, collaborations, and local partners. I assisted with program planning, implementation, data collection as well as data analysis.

### **Wellness Warriors: A Look into Worksite Wellness**

2016 — 2018

University Pharmacy, Detroit, MI

Principal Investigator: Maria Young

**Description:** To investigate the prevalence of undiagnosed hypertension and diabetes within the context of worksite wellness through community outreach events. I assisted in coordinating volunteers as well as teaching clinical skills to first year pharmacy and medical students. I also assisted by collecting biomedical data, patient counselling, as well as processing and analyzing data sets.

### **SIENA Study: Sisters in Exercise and Neural Activity**

2018 — 2020

Wayne State University, Detroit, MI, in collaboration with the Dominican Sisters of Adrian, Adrian MI, Sisters of Mercy, Farmington Hills MI

Principal Investigators: Jean Barcelona & Mariane Fahlman

**Description:** To investigate the correlation between physical activity and cognition in religious sisters. Nero activity was documented after physical activity, followed by cognition tasks, and praying and resting mental states. I assisted by collecting data via EEG and administering the mini mental state.

### **Best Food Forward Program-Evaluation**

2020 — Current

Wayne State University, Detroit MI, in collaboration with the Michigan Department of Education, Warren Consolidated Schools and Westwood Heights Flint Schools

Principal supervisors: Rachael Dombrowski & Bree Bode

**Description:** A multi-level evaluation of supplemental nutrition programs in Warren Consolidated Schools and Flint Westwood Heights Schools. Researcher contributions included providing clinical skills in collecting biometric data. Assisted in the writing of reports and manuscripts submitted for publication.

### **Great Grocer Project**

2020 — Current

Wayne State University Detroit MI, in collaboration with the Detroit Food Policy Council

Principal supervisors: Rachael Dombrowski, Bree Bode

**Description:** A multi-level evaluation of grocery stores throughout the Metro Detroit Area. Status of the grocery stores to provide the surrounding community with their needs before and during the COVID-19 pandemic. Results from the evaluation will be used to formulate a status report on the Detroit food system. Responsibilities included conducting surveys of participating grocery stores.

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## PUBLICATIONS

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Wentz C. F., Bode, B., **Mallare, J.**, & Ketcheson, L.R. (2023). Brief report: Feasibility of a Virtual Program for Caregivers with Children on the Autism Spectrum: A Mixed Methods Study. Manuscript submitted for publication. [Under review]

Dombrowski R.D., Hill, A., Bode, B., Knoff, K., Dastgerdzad, H., Kulik, N., **Mallare, J.**, Blount-Dom, K., Bynum, W (2022). “Assessing the Influence of Food Insecurity and Retail Environments as a Proxy for Structural Racism on the COVID-19 Pandemic in an Urban setting “. *Nutrients* 14, no. 10

Dombrowski R.D., Bode, B, Knoff, K, **Mallare, J**, Moore, E.W.G, Kulik, K (2021) “Nutrition Supports Deconstructed and Disrupted: An Evaluation of a Multi-level School-based Intervention During the time of COVID” *International Journal of Environmental Research and Public Health*

Dombrowski, R.D., **Mallare, J.**, Fuhrmeister, J. and Auld, E. (2021). Quality of Health Education Teacher Preparation Curricula throughout the United States. [In process]

Knoff, K., Kulik, N., **Mallare, J.**, R.D., Dombrowski (2022). “The Association Between Home or Community Garden Access and Adolescent Health” *Family and Community Health*.

Dombrowski, R.D., **Mallare, J.**, “Model Toolkit for K-12 School Health Educators.” Resource prepared for the Society for Public Health Education. Washington, DC. <https://www.sophe.org/focus-areas/school-health/> Copyright © 2021 Society for Public Health Education, Inc. [In process]

Dombrowski, R.D., **Mallare, J.**, Fuhrmeister, J. and Auld, E. (2021). Model Curriculum Guide for Higher Education Faculty in the Preparation of School Health Educators.” Resource prepared for the Society for Public Health Education. Washington, DC. <https://www.sophe.org/focus-areas/school-health/> Copyright © 2021 Society for Public Health Education, Inc. [In process]

Dombrowski, R.D. and **Mallare, J.** (2020). “Environmental Scan of Health Education Teacher Preparation Programs 2020.” Report prepared for the Society for Public Health Education. Washington, DC. <https://www.sophe.org/professionalpreparation/teacher-preparation/> Copyright © 2020 Society

Barcelona, J., Fahlman, M., Churakova, Y., Canjels, R., **Mallare, J.**, & van den Heuvel, M. I. (2020). Frontal alpha asymmetry during prayerful and resting states: An EEG study in Catholic Sisters. *International Journal of Psychophysiology*.

Wayne State University Center for Health and Community Impact Community Health Pipeline Project, N. Kulik, R. Dombrowski, S. Krajnik, Moore, **J. Mallare**, N. McCaughtry, 2018 [In process]

Positive Youth Development in Empowering Climates within Community Health Programs E. W. G. Moore, & **J. Mallare**, 2018 [In process]

## PROFESSIONAL PRESENTATIONS

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**Mallare, J.** Dombrowski, R., Fuhrmeister, J., Hughes, C., Auld, E. & Dillard-Steels, T. (2022, November) Collaborating with Faculty at Institutions of Higher Education to Improve Health Education Delivery. Oral presentation at the American Public Health Association (APHA) National Conference, Boston Massachusetts.

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**Mallare, J.** Dombrowski, R., Fhurmeister, J., & Auld, E. (2021, October) Exploring the impact of state certification policies on the availability of effective health education teacher preparation programs. Oral presentation at the American Public Health Association (APHA) National Conference, Denver Colorado.

**Mallare, J.** Dombrowski, R., Hampton, C, Fhurmeister, J., & Auld, E. (2021, April). What Did Health Teacher Just Say? Exploring the Implications of State Policy on the Availability of Professional Preparation Programs of School Health Educators. Poster session presented at the Society for Public Health Education, Online Conference.

Gray, K., Kulik, N., **Mallare, J.**, Osborn, S., Dombrowski, R., & Moore, E.W. (2019, March). The Association Between Home Gardening and Adolescent Health. Poster session presented at the Society of Behavioral Medicine (SBM) conference, Washington, DC.

Kulik, N., Gray, K, **Mallare, J.**, Osborn, S. Dombrowski, R. & Moore, E.W. (2019, March). Impact of a Short Healthy Eating Curriculum on Adolescents Knowledge, Attitudes, Self-Efficacy and Behavior. Poster session presented at the Society of Behavioral Medicine (SBM) conference, Washington, DC.

Gray, K. A., **Mallare, J.**, Osborn, S., Kulik, N. (October 2018). Home Gardening: An Influence on Adolescents' Health. Poster Presentation at the Great Lakes Chapter - Society for Public Health Education (GLC-SOPHE) Annual Conference, Lansing, MI

**J. Mallare** & E.W.G Moore (September 2018) "Positive Youth Development in Empowering Climates within Community Health Programs" [In process]. Poster presented at annual RoBust Conference, Wayne State University, Detroit MI

**J. Mallare** (April 2018) "Addressing the Hepatitis epidemic in Michigan" Oral presentation at Detroit School of Arts, Detroit Public Schools meeting of Health Teachers, Detroit MI

**J. Mallare** (June 2018) "Wayne State University Center for Health and Community Impact, Community Health Pipeline Project: Pillar 1, in classroom Nutrition Education" Poster presented at regional MOTION Coalition and Authority Health yearly meeting, Detroit MI

**J. Mallare** & M. Moya (March 2017) "The Opioid Crisis: Addressing the epidemic in Franklin County Ohio" Oral presentation given at the National Conference of the Society of Public Health Educators, Cleveland OH

N. Kulik, R. Dombrowski, S. Krajnik, E.W.G Moore, **J. Mallare**, J. Wilke, N. McCaughtry, (October 2017) "Wayne State University Center for Health and Community Impact Community Health Pipeline Project". Poster presented at Great Lakes Chapter of the Society of Public Health Educators, Grand Rapids MI.

## **MENTORSHIP EXPERIENCE**

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Christopher Ramus, Pre-Medical Student, Wayne State University (BS .2023)  
MD, Oakland University, Class of 2027

Rafiaul Haque, Pre-Medical Student, Wayne State University (BS. 2023)  
DO, Michigan State University, Class of 2028

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Darius Van, Pre-Doctoral, Wayne State University  
PhD in Clinical Psychology, Exp. 2029

Jasnour Kaur, Pre-Public Health Masters, Wayne State University (BS. 2023)  
MPH, Wayne State University, Class of 2025

Lara Miskevich, Community Health Education, Wayne State University (BS. 2023)  
AGRADE, Master of Science Community Health Education, Class of 2025

Shridula Kotakondla, Pre-Medical Student, Wayne State University (BS. Exp. 2024)

Sara Ghoddoussi, Pre-Health Student, Wayne State University (BS. Exp. 2025)

Oana Sterp, Pre-Medical Student, Wayne State University (BS.2023)

Zeeshan Rizvi, Pre-Medical Student, Wayne State University (BS.2023)

Sophie Habashy, Public Health Practicum Student, Wayne State University (BS. 2023)

## **PROFESSIONAL AFFILIATIONS**

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- Great Lakes Chapter of the Society of Public Health Educators (GLC-SOPHE), Social Media Coordinator
- General body member of the National Society of Public Health Educators (SOPHE)
- General body member of the American Public Health Association
- National Commission for the Future of School Health Education- Review committee for 3<sup>rd</sup> Edition of the National Health Education Standards
- Adrian Dominican Sisters, Associate