

CURRICULUM VITAE

CATALINA E. KOPETZ

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PERSONAL DATA

Position

Associate Professor
Department of Psychology
Wayne State University

Address

Department of Psychology
Wayne State University
5057 Woodward Ave. 8th Floor
Detroit, MI 48202
Office Phone: 313-577-0962
E-mail address: catalina.kopetz@wayne.edu

EDUCATION

Ph.D. in Social Psychology, University of Maryland, College Park (2007)
M.A. in Social Psychology, University of Maryland, College Park (2002)
M.A. in Experimental Psychology, Universite de Savoie, Chambéry, France (2000)
B.A. in Psychology, “Babes-Bolyai” University, Cluj-Napoca, Romania (1998)

PROFESSIONAL EXPERIENCE

Assistant Professor, Department of Psychology
Wayne State University (2013-2019)
Research Assistant Professor, Center for Addictions, Personality, and Emotion Research
University of Maryland, College Park (2011-2013)
Visiting Assistant Professor in Applied Psychology, Department of Clinical Psychology
“Babes-Bolyai” University, Cluj-Napoca, Romania (2009-2013)
Postdoctoral Fellow, University of Maryland, College Park (2008 – 2011)
Graduate Assistant, University of Maryland, College Park (2001-2007)
Visiting Research Fellow, Universite de Savoie, Chambéry, France (2001)
Faculty Research Assistant, “Babes-Bolyai” University, Cluj-Napoca, Romania (1998-2001)

HONORS AND AWARDS

President of the Society for the Science of Motivation (2024-2026)
Wayne State University, Competitive Graduate Assistantship (2018-2019)
Fellow of the Society for Experimental Social Psychology (2014)
National Institute of Drug Abuse (NIDA) Director’s Award (2010)
Society for Personality and Social Psychology, Diversity Fund Travel Award (2002)
Society for Personality and Social Psychology, Student Travel Award (2002)
Graduate Student Award, University of Maryland (2002)

Teaching and Research Fellowship, French Department of Education (2001)
Graduate Fellowship, Romanian Government (1999-2000)

EXTERNAL FUNDING

“The unintended consequences of using electronic nicotine delivery systems (ENDS) as healthier alternatives to cigarettes”

Wayne State University, Office of the Vice President for Research, 2024-2025
Role: Principal investigator

“Risk behavior as social phenomenon”

Betty J. Neitzel Psychology Faculty Research Grant, 2023-2025
Role: Principal investigator

“Mechanisms underlying intermittent compared to daily smoking”

National Cancer Institute (R21CA222939-01), 2018-2022
Role: Principal investigator

“Mechanisms underlying intermittent compared to daily smoking”

Wayne State University, Office of the Vice President for Research, 2017-2018
Role: Principal investigator

“Early psychosocial deprivation and risk taking among adolescents in Romania”

International Research Collaboration on Drug Abuse and Addiction Research, National Institute of Drug Abuse (1R21DA031357-01), 2012-2016
Role: Principal investigator

“Mechanisms of change”; Administrative Supplement for “Stage II trial of novel behavioral activation intervention for smoking cessation”

National Institute on Drug Abuse (R01DA018730-06S1), 2012-2013
Role: Principal investigator

“Translating drinking and driving risk information into risk perception”

National Institute on Alcohol Abuse and Alcoholism (R01 AA020510-01A1), 2012-2017
Role: Co- investigator

“Reducing the association between crack cocaine and sex exchange through automatic counteractive self-control”
College of Behavioral and Social Sciences, Dean’s Initiative, 2011-2012

Role: Principal investigator

“Risk taking propensity and distress tolerance in risk behavior among adolescents in Romania”

Children’s Hospital Boston Sub-award (05-86011-000-HCD), 2010-2011
Role: Principal investigator

“Implicit and explicit mechanisms in crack cocaine and sex trade association”

Ruth L. Kirschstein National Research Service Awards (NRSA) For Individual Postdoctoral Fellows, National Institute of Drug Abuse (1F32DA026253-01), 2009-2011
Role: Principal investigator

PUBLICATIONS

Journal articles

- Lucas, T., Goetz, S.M.M., Yamin, J., Krohner, S., Kopetz, C., Lumley, M.A., (2023). Writing about justice and injustice: Complex effects on affect, performance, threat, and biological responses to acute social stress among African American women and men. *Social Science & Medicine*, 316 (115019). <https://doi.org/10.1016/j.socscimed.2022.115019>
- Lucas, T., Manning, M., Strelan, P., Kopetz, C., Agostini, M., Bélanger, J. J., Gützkow, B., Kreienkamp, J., Leander, N. P. & PsyCorona Collaboration (2022). Justice beliefs and cultural values predict support for COVID-19 vaccination and quarantine behavioral mandates: a multilevel cross-national study. *Translational Behavioral Medicine*. <https://doi.org/10.1093/tbm/ibab153>.
- Roberson, J., Spielmann, S. S., Kopetz, C. (2021). When More Means Less: The Impact of instrumentality dilution on evaluations of romantic relationships. *Comprehensive Results in Social Psychology*. <https://doi.org/10.1080/23743603.2021.1983718>
- Kruglanski, A.W., Szumowska, E., Kopetz, C. (2021). The call of the wild: How extremism happens. *Current Directions in Psychological Science*. <https://doi.org/10.1177/0963721421992067>
- Starnes, W., Kopetz, C., & Johnson, M. (2021). For better and for worse: The role of negative affect in drinking and driving. *Motivation and Emotion*. <https://doi.org/10.1007/s11031-021-09876-4>
- Kopetz, C. & Woerner, J. I. (2021). People downplay health risks to fulfill their goals; A motivational framework for guiding behavioral policy. *Policy Insights from Behavioral and Brain Sciences*, 8, 92-100. <https://doi.org/10.1177/2372732220980093>
- Kopetz, C., Briskin, J. L., & Sultana, & R. Stanciu, S. (2021). The motivational mechanisms underlying delayed discounting. *Motivation Science*. <https://doi.org/10.1037/mot0000196>
- Kruglanski, A.W., Szumowska, E., Kopetz, C., Vallerand, R. J., & Pierro, A. (2020). On the psychology of extremism: How motivational imbalance breeds intemperance. *Psychological Review*. Advance online publication. <https://doi.org/10.1037/rev0000260>
- Wiers, R. W., van Dessel, P., & Kopetz, C. (2020). ABC-training: a new theory-based form of cognitive bias modification to foster automatization of alternative choices in the treatment of addiction and related disorders. *Current Directions in Psychological Science*, 29, 499-505; doi: 10.1177/0963721420949500
- Lucas, T., Yamin, J., Krohner, S., Goetz, S., Drolet, C., Kopetz, C., Lumley, M., Hamilton, K., Granger, D. (2020). Salivary osteocalcin: Reactivity to acute social stress and relationships with concomitant stress biomarkers in healthy African Americans. *Psychoneuroendocrinology*, 119, DOI:10.1016/j.psyneuen.2020.104942
- Kopetz, C., Woerner, J. I., MacPherson, L., & Lejuez, C. W., Nelson, C. A., Zeanah, C. H., & Fox, N. (2019). Early psychosocial deprivation and adolescent risk-taking: The role of motivation and executive control. *Journal of Experimental Psychology: General*, 148(2), 388-399; doi: 10.1037/xge0000486.
- Kopetz, C., Woerner, J. I., Starnes, W., & Dedvukaj, J. (2019). It's risky, therefore I do it: Counterfinality as a source of perceived instrumentality of risk behavior as means to goals. *Journal of Experimental Social Psychology*, 81, 39-52; <https://doi.org/10.1016/j.jesp.2018.08.001>.
- Kopetz, C., Woerner, J. I., Briskin, J. L. (2018). Another look at impulsivity: Could impulsive behavior represent strategic goal pursuit? *Social and Personality Psychology Compass*; e12385. <https://doi.org/10.1111/spc3.12385>
- Briskin, J. L., Kopetz, C., Fitzsimons, G. M., & Slatcher, R. B. (2017). For better or for worse: Outsourcing self-regulation and goal pursuit. *Social and Personality Psychological Science*. doi:10.1177/1948550617736112
- Johnson, M., & Kopetz, C. (2017). The unintended effects of providing risk information about drinking and driving. *Health Psychology*, 36(9), 872-880.
- Kopetz, C., MacPherson, L., Mitchell, A. D., Huston-Ludlam, A., Wiers, R. W. H. J. (2017). A novel

- alternative behavior approach bias modification intervention for smoking cessation: The relevance of implicit mechanisms. *Experimental and Clinical Psychopharmacology*, 25, 50-60.
- Schumpe, B. M., Brizi, A., Giacomantonio, M., Panno, A., Kopetz, C., Kosta, M., & Mannetti, L. (2017). Need for cognitive closure reduces risk taking and motivates discounting of delayed rewards. *Personality and Individual Differences*, 107, 66-71.
- Woerner, J. I., Kopetz, C., Lechner, W., & Lejuez, C. W. (2016). History of abuse and risky sexual behavior among substance users: The role of rejection sensitivity and the need to belong. *Addictive Behaviors*, 62, 73-78.
- Kopetz, C., Collado, A. C., & Lejuez, C. W. (2015). When the end justifies the means; Automatic tendencies toward sex-trade for crack cocaine. *Motivation Science*, 1(4), 233-243.
- Kopetz, C. & Orehek, A., E. (2015). When the end justifies the means; Self-defeating behavior as “rational” and “successful” self-regulation. *Current Directions in Psychological Science*, 24(5), 386-391.
- Kruglanski, A. W. Chernikova, M., Kopetz, C. (2015). Emerging trends in motivation science: The “What“ and the “How“ of willing and striving. In Scott, R. & Kosslyn, S. (Eds.). *Emerging Trends in the Social and Behavioral Sciences*. John Wiley & Sons, Inc.
- Kruglanski, A. W. Chernikova, M., Rosensweig, E., Kopetz, C. (2014). On motivational readiness. *Psychological Review*, 121, 367-388.
- Kopetz, C., Hofmann, W., & Wiers, R. W. (2014). On the selection and balancing of multiple selfish goals. Commentary. *Behavioral and Brain Sciences*, 37, 147-148.
- Kopetz, C., Pickover, A., Magidson, J., Richards, R., Iwamoto, D., & Lejuez, C. (2014). Gender and social rejection as risk factors for engagement in risky sexual behavior among crack cocaine users. *Prevention Science*, 15(3), 376-384.
- Kopetz, C., Lejuez, C. W, Wiers, R., & Kruglanski, A. W. (2013). Motivation and self-regulation in addiction. *Perspectives in Psychological Sciences*, 8(1), 3-24.
- Kruglanski, A. W., Kopetz, C., Belanger, J., Chun, W. Y., Orehek, E., & Fishbach, A. (2013). Features of Multifinality: Effects of Goal Plurality on Means Preferences. *Personality and Social Psychology Review*, 17(1), 22-39
- Kopetz, C., Kruglanski, A. W., Arens, Z., Etkin, J. & Macrea-Johnson, H. (2012) A goal-systemic approach to consumer behavior. *Journal of Consumer Psychology*, 22, 208-223.
- Kruglanski, A.W., Belanger, J., Chen, X., Kopetz, C., Pierro, A., & Mannetti, L. (2012). The Energetics of Motivated Cognition: A Force Field Analysis. *Psychological Review*, 119(1), 1-20.
- Kopetz, C., Faber, T., Fishbach, A., & Kruglanski, A. (2011). Multifinality Constraints Effect: How Goal Multiplicity Narrows the Means Set to a Focal End. *Journal of Personality and Social Psychology*, 100(5), 810-826.
- Buckner, J. D., Proctor, S., Reynolds, E. K., Kopetz, C. & Lejuez, C.W. (2011). Cocaine Dependence and Anxiety Sensitivity among Patients Presenting for Residential Drug Use Treatment. *Journal of Cognitive Psychotherapy*, 25(1), 22-30.
- Kopetz, C., Reynolds, E. K, Hart, C. L, Kruglanski, A. W., & Lejuez, C. W. (2010). Social context and perceived effects of drugs on sexual behavior among individuals who use both heroin and cocaine. *Experimental and Clinical Psychopharmacology* 18(3), 214-220.
- Kopetz, C. & Kruglanski, A. W. (2008). Effects of accessibility and instantiation on the use of piecemeal and category information in impression formation. *Personality and Social Psychology Bulletin*, 34(5), 692-705.
- Kopetz, C., Kruglanski, A. W. Chen, X., & Orehek, E. (2008). Goal systemic effects in the context of choice and social judgment. *Social and Personality Psychology Compass*, 2(6), 2071-2089.
- Desrichard, O. & Kopetz, C. (2005). A threat in the elder: The impact of task instructions and self-efficacy on memory performance in the elderly. *European Journal of Social Psychology*, 35(4), 537-552.
- Kopetz, C. (2001). The psychometric characteristics of Memory Self-Efficacy Questionnaire on Romanian sample. *Studia Universitatis*, 29(1).

- Kopetz, C., & Matei, A-M. (2000). The influence of collaboration on the improvement of children's planning performance. *Erdelyi Pszichologiai Szelme (Transylvanian Journal of Psychology)*, 1(3), 55-66.
- Kopetz, C. (2000). Inhibition and cognitive planning as factors of age related and intellectual differences in cognitive performance. *Creier, Cognitione, Comportament (Brain, Cognition, Behavior)*, 4(3-4), 171-195.

Books, Series, and chapters

- Kopetz, C., Starnes, W., Woerner, J. I., Leander, N. P. & Johnson, M. (2024). *A goal systemic approach to risk behavior*. In Gavronski B. (Ed.) *Advances in Experimental Social Psychology* (pp. 221-274). Elsevier University Press.
- Kopetz, C. & Starnes, W. (2023). A goal systems approach to risk behavior. In Kruglanski, W., Fishbach, A., & Kopetz, C. (Eds.). *Goal Systems Theory; Psychological Processes and Applications*. (pp. 25-54). Oxford University Press.
- Kruglanski, W., Fishbach, A., & Kopetz, C. (Eds.) (2023). *Goal Systems Theory; Psychological Processes and Applications* (pp. 1-8). Oxford University Press.
- Kruglanski, A. W., Szumoska, E. & Kopetz, C. (2021). The Psychology of Extremism. In Kruglanski, A. W., Szumoska, E. & Kopetz, C. (Eds.). *The Psychology of Extremism; A Motivational Perspective* (pp. 1-11) New York, NY: Routledge.
- Kruglanski, A. W., Szumoska, E. & Kopetz, C. (Eds.) (2021). *The Psychology of Extremism; A Motivational Perspective*. New York, NY: Routledge.
- Kopetz, C. (2017). Risk and self-Defeating Behaviors As Goal Pursuit Rather Than Regulatory Failure. In Kopetz, C. and Fishbach, A. (Eds.). *The motivation-cognition interface; From the lab to the real world. A Festschrift in honor of Arie W. Kruglanski* (pp. 106-130) New York, NY: Routledge.
- Kopetz, C. & Fishbach, A. (2017). *The motivation-cognition interface; From the lab to the real world. A Festschrift in honor of Arie W. Kruglanski*. New York, NY: Routledge.
- Kopetz, C. (2016). Motivation and self-regulation mechanisms in addiction. In C. Kopetz & C. W. Lejuez (Eds.) *Addictions: A Social Psychological Perspective* (pp. 47-75). New York, NY: Routledge.
- Kopetz, C. & Lejuez, C.W. (Eds.) (2016) *Addictions: A Social Psychological Perspective (Frontiers of Social Psychology)*. New York, NY: Routledge.
- Kruglanski, A. W., & Kopetz, C. (2010). Confronting the self-control challenge: Unpacking the dilemma and its modes of resolution. In R. Hassin, K. Ochsner, & Y. Trope (Eds.) *Self-control* (pp. 297-311). Oxford University Press.
- Kruglanski, A. W., & Kopetz, C. (2009). What is so special (and non-special) about goals? A view from the cognitive perspective. In G. B. Moskowitz and H. Grant (Eds.) *Goals* (pp. 27-55). New York: Guilford Press.
- Kruglanski, A. W., & Kopetz, C. (2009). The role of goal-systems in self-regulation. In E. Morsella, J. A. Bargh, & P. M. Gollwitzer (Eds.) *The psychology of action (Vol 2): The mechanisms of human action* (pp. 350-367). Oxford University Press.

Under review and in preparation

- Starnes, W., Kopetz, C., & Ledgerwood, D. *The experience of decisional conflict among intermittent and daily Smokers*. Under review at British Journal of Health Psychology
- Kopetz, C., Starnes, W., & Leander, N. P. *Risk behavior as social phenomenon*.
- Kopetz, C., Imami, L., & Roberson, J. (2019). *Conflict is in the eye of the beholder: Subjective beliefs determine multiple goal pursuit beyond goal conflict and choice*.

INVITED PRESENTATIONS

The role of decisional conflict in intermittent compared to daily smoking

Invited talk at the joint meeting of US and French National Cancer Institutes on *Current State of Tobacco Cessation Interventions and Tobacco Prevention Research*, Paris, France (November, 2022)

Being riskier, going broader in motivation science

Invited panel talk at the Motivation Pre-conference, Society for Personality and Social Psychology Annual Meeting (February, 2022)

It's risky, therefore I do it: Counterfinality as a source of perceived instrumentality of risk behavior as means to goals

Invited talk at the Social Psychology Brown Bag, University of Michigan (October, 2019)

Invited talk at the Departmental Colloquium, University of Sapienza, Rome, Italy (July, 2018)

Invited Seminar, Helmut Schmidt University, Hamburg, Germany (May, 2018)

Risk and self-defeating behavior as goal pursuit

Invited talk at the Population Studies and Disparities Research, Wayne State University (November, 2019)

Invited talk at the Departmental Colloquium, University of Lausanne, Lausanne, Switzerland (March, 2018)

Invited Seminar, Helmut Schmidt University, Hamburg, Germany (May, 2018)

Invited talk at the Departmental Colloquium, New York University, Abu Dhabi (April, 2017)

Risky sexual behavior as means to the goal of interpersonal connection

Invited talk at the Departmental Colloquium, University of Cologne (November, 2016)

Another look at impulsivity; Could Impulsive behavior be strategic?

Invited talk at the Research Center for Group Dynamics, University of Michigan (October, 2015)

Another look at impulsivity; Could Impulsive behavior be strategic?

Invited talk at the Departmental Colloquium, University La Sapienza, Rome (July, 2015)

Self-control success and failure. Implications for understanding and changing self-defeating behavior

Invited Symposium at the European Congress of Psychology, Milan, Italy (July, 2015)

Risk Behavior as motivated cognition and action

Invited presentation at the Society for Experimental Social Psychology, Columbus, OH. (October, 2014)

For better or for worse; Resource mobilization for motivated cognition and action

University of Pittsburgh, Social Psychology Brown Bag (January, 2015)

Risk-taking as motivated cognition and action

Université Pierre-Mendes, France, Department of Psychology (March, 2012)

Mechanisms of self-regulation: Implications for choice and risk behavior

University of Maryland, R.H. Smith School of Business, Department of Marketing (October, 2011)

Cognitive and motivational self-regulatory processes in risky behavior

Yale University, Department of Psychiatry, Division of Substance Abuse (January, 2011)

Self-regulation of risky behavior

University of Maryland, Baltimore VA Medical Center (March, 2010)

Theoretical and methodological aspects of priming research in social psychology

University of Maryland, Social and Organizational Psychology Brown Bag (Oct., 2008)

Conflict, multifinality and choice: A goal systemic analysis of eating behavior

Annual Meeting of Society for Experimental Social Psychology, Boston, MA (Oct., 2003)

PROFESSIONAL MEMBERSHIPS

Society for Experimental Social Psychology
Society for the Science of Motivation
Elected President (2024-2026)
Elected Council Member (2016-2019)
Society for Personality and Social Psychology
Association for Psychological Science

EDITORIAL SERVICE

Editorship:

Associate Editor for Motivation Science (2024-present)
Member of the Editorial Board of Motivation Science (2023-2024)
Associate Editor for Social Cognition (2021-2023)
Consulting Editor for Comprehensive Results in Social Psychology

Ad-Hoc Reviewer:

Journal of Personality and Social Psychology
Motivation Science
Current Directions in Psychological Science
Personality and Social Psychology Review
Psychological Bulletin
Social Psychological and Personality Science
Journal of Consumer Psychology
Journal of Experimental Social Psychology
Journal of European Social Psychology
Psychological Science
Motivation and Emotion
Social Cognition
Journal of Behavioral Decision Making
Personality Disorders: Research, Theory, and Treatment

GRANT PANELS

European Research Council (reviewer)
National Science Foundation (reviewer)
US-Israel Binational Science Foundation (reviewer)
Swiss National Science Foundation (reviewer)
Social Sciences and Humanities Research Council of Canada (reviewer)
French National Agency for Research (Agence Nationale de la Recherche) (reviewer)
Romanian National University Research Council (panel member)

TEACHING

Introduction to Social Psychology (undergraduate and graduate level)
Social Cognition (graduate level)
Motivation and Self-regulation (undergraduate and graduate level)
Research Methods (undergraduate level)
Clinical Cognitive Sciences (graduate level)