|  |  |
| --- | --- |
| 4 | Bayan Mansour Tashkandi |
|  |  |
|  | E-Mail: [tashkandi.b@gmail.com](mailto:tashkandi.b@gmail.com) |

|  |  |
| --- | --- |
|  | Education  King Abdul-Aziz University – Saudi Arabia   * Obtained Master Degree on Nutrition and Food Science * Completed several elective courses * Graduated with first class standing and GPA of 4.84   King Abdul-Aziz University – Saudi Arabia   * Completed the requirements of the Bachelor Degree program of Nutrition and Food Science * Honor roll listing and first class graduation GPA of 4.84   Experience  Demonstrator | King Abdul-Aziz University / Saudi Arabia  2009 - present   * Assisted in teaching various courses as well as delivered several undergraduate courses and tutorials * Helped in developing various class material with attention to collaborative learning   Nutritional Educator | Society of Diabetic Patient Friends in Jeddah / Saudi Arabia  2008 - Present   * Developed educational material for various courses and workshops * My workshops emphasized the importance of following healthy diet program * Utilized various computer software and applications to deliver excellent presentations and talks * Leveraged my superior communication and public speaking skills to offer great presentations and talks   Dietitian | privet clinics / Saudi Arabia  2009 - 20012   * Offered patients advice of dietary program development * Assisted medical staff in admission and pre-diagnosis * Completed various administrative duties   Dietitian | King Abdul-Aziz University Hospital  2008 - 2009   * Offered patients advice of dietary program development * Assisted medical staff in admission and pre-diagnosis * Completed various administrative duties   Training and Workshops  Completed training in the following areas:   * Diabetes and treatment * Quality assurance and food manufacturing * Diabetes for children * Food awareness techniques and strategies * Workshops on nutrition and health for seniors * A workshop on the fundamentals of nutritional therapy * Attended an educational workshop on the principles of Diabetes II * A conference on obesity and health factors   Memberships and Affiliations   * Member of the academic scheduling committee in my university * Member of the Diabetes Friends Association * Secretary for the social committee to the Department of Economics in my university * Represented students of the undergraduate year of my university   Publications  Tashkandi B., Saleh H., and Jambi H. (2014). The Protective Effect of Vitamin E and Selenium on Methimazole-induced Hepato-renal toxicity in Adult Rats. Life Science Journal 2014;11(1X)  **Awards**  A Second place in Fourth Scientific Forum for King Abdul-Aziz University Students with a poster presentation.  Skills   * Solid language and communication capabilities * Proven leadership and time management aptitude * Fast learner and adaptive to dynamic work environment * Competence in using various computer software and applications * Passion for reading and continuous learning through active participation in various training workshops |