|  |  |
| --- | --- |
| 4 | Bayan Mansour Tashkandi |
|  |  |
|  | E-Mail: tashkandi.b@gmail.com |

|  |  |
| --- | --- |
|  | EducationKing Abdul-Aziz University – Saudi Arabia * Obtained Master Degree on Nutrition and Food Science
* Completed several elective courses
* Graduated with first class standing and GPA of 4.84

King Abdul-Aziz University – Saudi Arabia * Completed the requirements of the Bachelor Degree program of Nutrition and Food Science
* Honor roll listing and first class graduation GPA of 4.84

ExperienceDemonstrator | King Abdul-Aziz University / Saudi Arabia2009 - present* Assisted in teaching various courses as well as delivered several undergraduate courses and tutorials
* Helped in developing various class material with attention to collaborative learning

Nutritional Educator | Society of Diabetic Patient Friends in Jeddah / Saudi Arabia2008 - Present* Developed educational material for various courses and workshops
* My workshops emphasized the importance of following healthy diet program
* Utilized various computer software and applications to deliver excellent presentations and talks
* Leveraged my superior communication and public speaking skills to offer great presentations and talks

Dietitian | privet clinics / Saudi Arabia2009 - 20012* Offered patients advice of dietary program development
* Assisted medical staff in admission and pre-diagnosis
* Completed various administrative duties

Dietitian | King Abdul-Aziz University Hospital 2008 - 2009* Offered patients advice of dietary program development
* Assisted medical staff in admission and pre-diagnosis
* Completed various administrative duties

Training and WorkshopsCompleted training in the following areas:* Diabetes and treatment
* Quality assurance and food manufacturing
* Diabetes for children
* Food awareness techniques and strategies
* Workshops on nutrition and health for seniors
* A workshop on the fundamentals of nutritional therapy
* Attended an educational workshop on the principles of Diabetes II
* A conference on obesity and health factors

Memberships and Affiliations* Member of the academic scheduling committee in my university
* Member of the Diabetes Friends Association
* Secretary for the social committee to the Department of Economics in my university
* Represented students of the undergraduate year of my university

PublicationsTashkandi B., Saleh H., and Jambi H. (2014). The Protective Effect of Vitamin E and Selenium on Methimazole-induced Hepato-renal toxicity in Adult Rats. Life Science Journal 2014;11(1X) **Awards**A Second place in Fourth Scientific Forum for King Abdul-Aziz University Students with a poster presentation. Skills* Solid language and communication capabilities
* Proven leadership and time management aptitude
* Fast learner and adaptive to dynamic work environment
* Competence in using various computer software and applications
* Passion for reading and continuous learning through active participation in various training workshops
 |