# **NICOLE ARJA KOURI**

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# **EDUCATION**

#### Wayne State University, Detroit, MI

- PhD in Clinical Psychology, anticipated degree 2025
- Specialization: Statistics
- Faculty Advisor: Valerie Simon, PhD

#### The New School for Social Research, New York, NY

- MA in General Psychology, 2019
- Specialization: Mental Health and Substance Abuse Counseling
- Master's Thesis Title: Confronting the self or a stranger: Shame-induced dissociation during the scriptdriven imagery paradigm and mirror confrontation

   Faculty Advisor: Wendy D'Andrea, PhD

#### Sarah Lawrence College, Bronxville, NY

- BA, 2010
- Concentration: Psychology
- Senior Thesis Title: The Behavior of a Memory: An Interdisciplinary Study of Autobiographical Remembering Applying Cognitive Psychology and Oral History
   Faculty Advisor: Kim Ferguson, PhD

#### Barnard College, New York, NY

• 2006 - 2008

# RESEARCH

#### **Research Grants**

#### Rosen Teaching and Research Award, Wayne State University

- Received April 2023
- Title: The Impact of Posttraumatic Stress Symptoms on Sexual Health and Wellbeing in Violence-Exposed Female Adolescents
- Awarded \$2,500 to attend a comprehensive five-day seminar on Bayesian Data Analysis.

# Wayne State University Office of the Provost's Research Stimulus Award Program in Social and Behavioral Determinants of Health

- Received June 2021
- Title: Adolescents' Dissociative Responses to Age-Normative Social Stress: Links with Violence Exposure and Mental Health
- Awarded \$5,000 to fund doctoral dissertation project related to interpersonal violence exposure, dissociation, interpersonal dysfunction, and internalizing and externalizing behaviors.

#### The International Society for the Study of Trauma and Dissociation Caul Research Grant

- Received July 2018
- Title: Confronting the self or a stranger: Shame-induced dissociation during the script-driven imagery paradigm and mirror confrontation

• Awarded \$1,500 to fund master's thesis project related to interpersonal childhood violence, shame, and dissociation.

# **Research Fellowships**

Opioid Workforce Expansion Program (OWEP), Wayne State University (2022–2023) Betty J. Neitzel Psychology Graduate Students Summer Research Award, Wayne State University (2022) Merrill Palmer Skillman Institute Graduate Fellow, Wayne State University (2021–2023) Competitive Thomas Rumble Fellowship, Wayne State University (2020) The New School for Social Research Merit Scholarship (2018) The New School for Social Research Merit Scholarship (2017)

# **Research Experience**

# Research Assistant, August 2019 - Present

Merrill Palmer Skillman Institute, Wayne State University, Detroit, MI

Advisor: Valerie Simon, PhD

- Assist with projects related to the impact of interpersonal violence on young adolescent females' mental health, emotion regulation, cognition, psychophysiology, and interpersonal development.
- Help develop and prepare experimental protocols with adolescents.
- Prepare multiple databases from a longitudinal study for analyses.

# Research Consultant, August 2021 - Present

Research Design and Analysis Unit, Wayne State University, Detroit, MI Supervisor: Ty Partridge, PhD

- Co-teach introductory workshop on R Studio.
- Consult about research methods on projects across the university.

# Research Assistant, November 2017 – August 2019

The Trauma and Affective Psychophysiology Lab, The New School for Social Research, New York, NY Advisor: Wendy D'Andrea, PhD

- Developed and conducted behavioral and psychophysiological experimental studies of the negative impact of childhood interpersonal violence exposure on cognition and affect in adulthood.
- Conducted comprehensive clinical interviews to assess for childhood interpersonal violence exposure and posttraumatic stress disorder.
- Responsible for participant recruitment, IRB protocol development, grant writing, data analysis, and manuscript preparations.
- Program evaluation of a surfing therapy intervention for children exposed to trauma and community violence in Cape Town, South Africa.

# Research Assistant, August 2018 – July 2019

The Center for Optimal Living, New York, NY Advisor: Andrew Tatarsky, PhD

• Conducted literature reviews focusing on integrative harm reduction psychotherapy

# Research Assistant, October 2017 - October 2018

NYU Langone Medical Center, Psychiatry Department, New York, NY

Advisor: Adam Brown, PhD

• Research Assistant for RESET, a stress reduction training program for medical residents

**Research Coordinator**, February 2013 – October 2014 NYU Langone Medical Center, Psychiatry Department, New York, NY Advisor: Adam Brown, PhD

- Coordinated multistage research studies.
- Used behavioral and brain imaging techniques to examine the ways in which clinically relevant processes, such as self-appraisals and memory, impact symptom maintenance and treatment response in civilians and combat veterans.
- Responsibilities included participant recruitment, IRB protocol development, grant writing, data analysis, and manuscript preparation.

### Research Consultant, January 2013 – October 2014

NYU School of Law Center for Human Rights and Global Justice, New York, NY Advisor: Adam Brown, PhD

• Responsible for coding and analysis of interviews with human rights workers.

#### Research Assistant, September 2011 – February 2012

NYU Phelps Lab, Department of Psychology

• Administered and scored neuropsychological assessments.

#### Research Assistant, June 2011 – February 2012

NYU Langone Medical School Cognitive Neurophysiology Laboratory, New York, NY

• Cleaned and analyzed neuroimaging data.

#### Researcher Assistant, Summer 2010

Yale University Health Emotion and Behavior Lab, New Haven, CT

• Coded data for the Emotional Literacy in the Classroom project

#### Research Assistant, September 2009 - May 2010

Sarah Lawrence College Infant Developmental and Environment Analysis Lab, Bronxville, NY Advisor: Kim Ferguson, Ph.D.

• Completed literature reviews focusing on poverty's impact on infant and child development.

#### **Publications**

- 1. **Kouri, N.**, D'Andrea, W., Brown, A., & Siegle, G. (2023). Shame-induced dissociation: An experimental study of experiential avoidance. *Psychological Trauma: Theory, Research, Practice, and Policy.*
- 2. Rudy, J. A., McKernan, S., **Kouri, N.**, & D'Andrea, W. (2022). A meta-analysis of the association between shame and dissociation. *Journal of Traumatic Stress*, 00, 1–16. <u>https://doi.org/10.1002/jts.22854</u>
- 3. Barenbaum, S., **Kouri, N.**, Van der Merwe, N., Khedari DePierro, V., D'Andrea, W. (Accepted). Behavioral and Biological Indicators of Risk and Well-Being in a Sample of South African Youth. *Journal of Child & Adolescent Trauma*.
- 4. Rahman, N., Horesh, D., **Kouri, N.**, Kapel Lev-Ari, R., Titcome-Parekh, R., Bryant, A., Marmar, C.R., & Brown, A.D. (2019). Increasing self-efficacy reduces visual intrusions to a trauma-film paradigm. *Anxiety, Stress, and Coping*.
- 5. Titcombe-Parekh, R., Chen, J., Rahman, N., **Kouri, N.**, Qian, M., Li, M., Bryant, R., Marmar, C., & Brown, A. (2018). Neural circuitry changes associated with increasing self-efficacy in Posttraumatic Stress Disorder. *Journal of Psychiatry Research*.
- Rodin, R., Bonanno, G. A., Rahman, N., Kouri, N., A., Bryant, R. A., Marmar, C. R., & Brown, A. (2017). Expressive flexibility in combat veterans with posttraumatic stress disorder and depression. *Journal of Affective Disorders, 207*, 236-241.

- 7. Brown, A., **Kouri, N.**, Rahman, N., Jocelyne, A., Bryant, R., & Marmar, C. (2016). Enhancing self-efficacy improves episodic future thinking and social decision making in combat veterans with Posttraumatic Stress Disorder. *Psychiatry Research, 242*, 19-25.
- 8. Brown, A, **Kouri, N.**, & Superka, J. (2015). Contextualizing traumatic memories: The role of self-identity in the construction of autobiographical memories in posttraumatic stress disorder. In C. Stone & L. Bietti (Eds.). *Contextualizing Human Memory: An Interdisciplinary Approach to Understanding how Individuals and Groups Remember the Past*. Taylor & Francis.
- 9. Brown, A., **Kouri, N.**, Joscelyne, A., Marmar, C., & Bryant, R. (2015). In L. Watson & D. Berntsen (Eds.). Experimentally examining the role of self-identity and autobiographical memory in posttraumatic stress disorder. *Clinical Perspectives on Autobiographical Memory*. Oxford University Press.
- 10. Brown, A., & **Kouri, N.** (2012). Adaptations of Traumatic Memories. *Memory and Memorialization: Papers from September 11-12: The Individual and State Faced with Terrorism.*
- 11. Brown, A., Kouri, N., & Hirst, W. (2012). Memory's malleability: Its role in shaping collective memory and social identity. *Frontiers in Cognition, 3*, 257.
- 12. Kouri, N., & Brown, A. (2012). Adaptations of Traumatic Memories: A social-interactionist perspective. *Medias*.

#### Submitted Manuscripts & Manuscripts in Preparation

- 1. **Kouri, N.**, Simon, V., & Partridge, Ty. Dissociation: A Mechanism of Risk for Polyvictimization Across Adolescence. Under review.
- 2. Pittman, J.C., Olin, R., **Kouri, N.**, Rivera, Z., Steinberg, D., & Simon, V.A. Using Black Feminist Thought to examine Black adolescent girls' strategies and expectations for navigating romantic partner sexual coercion situations. Manuscript in preparation.

#### **Presentations and Posters**

#### **Peer Reviewed**

- Kouri, N. Makinde-Odusola, B., Yilmaz, S., Pittman, J., Olin, R., & Simon, V. (2022, November 12). Adolescent Posttraumatic Stress Symptoms Predict Subsequent Responses to Sexual Pressure [Flash talk]. ISTSS 38<sup>th</sup> Annual Meeting, Atlanta, GA.
- 2. Kouri, N. & Simon, V. (2022, March 3–5). *Dissociation: A Mechanism of Risk for Psychopathology in Violence-Exposed Adolescents*. SRA 2022 Biennial Meeting, New Orleans, LA.
- 3. Olin, R., **Kouri, N.**, Pittman, J., & Simon, V. (2021, November 2–5). *Interpersonal Violence Exposure and Expectations of Sexual Violence: Contextualizing Black Girls' Responses to a Virtual Reality Simulation of Intimate Partner Sexual Coercion*. ISTSS 37th Annual Meeting.
- 4. **Kouri, N.**, D'Andrea, W., & Siegle, G. (2021, April 13–16). *Confronting the self or a stranger: Shame-induced dissociation during the script-driven imagery paradigm and mirror confrontation* [Thematic Flashtalk]. 2021 Society for Affective Sciences Annual Meeting.
- Pittman, J. C., Olin, R., Rivera, Z., Steinberg, D., Kouri, N., & Simon, V.A. (2021). A Developmental Examination of Adolescent Girls' Concerns and Strategies for Navigating Romance and Sexuality. Accepted for presentation at the 2021 Biennial Meeting of the Society for Research on Child Development. https://www.srcd.org/event/srcd-2021-biennial-meeting
- 6. **Kouri, N.**, Barenbaum, S., Souffer, K., Burton, G., Khedari, V., & D'Andrea, W. (2018, November). A Psychobiological Profile of Trauma-Exposed South-African Youth. International Society for Traumatic Stress Studies. Washington, DC.

- 7. **Kouri, N.**, Herzog, S., & D'Andrea, W. (April, 2018). Blowing Everything Up: Impulsivity as a maladaptive coping response to difficulty disengaging from negative stimuli. Society for Affective Sciences. Los Angeles, CA.
- 8. Brown, A., Titcombe, R., **Kouri, N.**, Rahman, N., Bryant, R., & Marmar, C. (2016, November). Neural Changes Associated with Increasing Self-Efficacy in PTSD. International Society for Traumatic Stress Studies. Dallas, TX.
- 9. Hart, R., Rahman, N., Bagrodia, R., **Kouri, N.**, Marmar, C., & Brown, A. (2016, November). The Relationship between Cognitive Functioning, Trauma Centrality, and PTSD in Male OEF/OIF veterans. International Society for Traumatic Stress Studies. Dallas, TX.
- 10. Rodin, R., Bonanno, G.B., Rahman, N., **Kouri, N.**, Bryant, R., Marmar, C., & Brown, A. (2016, October). Alterations in Emotion Regulation in Combat Veterans with PTSD and Depression. Implementing Prevention Across Psychiatric Practice: The Mental Health Services Conference.
- Brown, A., Rahman, N., Chen, J., Fales, C., Kouri, N., Addis, D. Schacter, D., Bryant, R., & Marmar, C. Neural Alterations in Recalling the Past and Imagining the Future in PTSD. (2016, May). Neural Alterations in Autobiographical Memory and Future Thinking in PTSD. American Psychiatric Association. Atlanta, GA.
- 12. Rodin, R., Bonanno, G.B., Rahman, N., **Kouri, N.**, Bryant, R., Marmar, C., & Brown, A. (2016, May). Emotional Flexibility in Combat Veterans with Posttraumatic Stress Disorder and Depression. ISTSS-CIMVHR. Toronto, Canada.
- 13. Rodin, R., Bonanno, G.B., Rahman, N., **Kouri, N.**, Bryant, R., Marmar, C., & Brown, A. (2016, May). Alterations in Expressive Flexibility in Posttraumatic Stress Disorder and Depression. American Psychiatric Association. Atlanta, GA.
- Brown, A., Fales, C., Kouri, N., Rahman, N., Addis, D. Schacter, D., Bryant, R., & Marmar, C. (2015, November). Neural Alterations in Autobiographical Memory and Future Thinking in PTSD. International Society for Traumatic Stress Studies. New Orleans, LA.
- 15. Brown, A., Kouri, N., Joscelyne, A., Fales, C., Bryant, R., & Marmar, C. Enhancing Self-Efficacy Improves Episodic Future Thinking and Social-Decision Making in Posttraumatic Stress Disorder (2015, November). International Society for Traumatic Stress Studies. New Orleans, LA.
- Kouri, N., Brown, A., Superka, J., Skritskaya, N., Bruno, D., Marmar, C., & Shear, K. (2013, June). Maladaptive cognitions in autobiographical memory and future thinking in complicated grief. Society for Applied Research in Memory and Cognition. Rotterdam, Netherlands.
- 17. Superka, J., Brown, A., **Kouri, N.**, Skritskaya, N., Bruno, D., Marmar, C., & Shear, K. (2013, June). Episodic specificity for autobiographical memory and imagined future events in older adults with complicated grief. Society for Applied Research in Memory and Cognition. Rotterdam, Netherlands.
- 18. Brown, A., Hershfield, H., **Kouri, N.**, Joscelyne, A., & Bryant, R. (2013, June). Enhancing episodic specificity for autobiographical memory and future events by increasing future self-continuity. Social Perspectives on Autobiographical Memory Memory and Imagination. Aarhus, Denmark.
- 19. Kouri, N. (2010, March). Purposes of the Past in Later Life. New School for Social Research Memory Conference. New York, NY.

# Invited

Reading Works Guest Presenter, December 2021

- Invited Speaker
- Presented on Wayne State Psychology Clinic's services relevant to adult learners in southeast Michigan.

Sarah Lawrence College Guest Lecture, October 2012

- Invited Speaker
- Presentation Title: Trauma, Loss, and Resilience

Sarah Lawrence College Guest Lecture, February 2012

- Invited Speaker
- Presentation Title: Scanning the Brain

# CLINICAL

# **Clinical Experience**

# Practicum Student, September 2022 – Present

Tolan Park Research Clinic, Detroit, MI

Supervisor: Leslie Lundahl, PhD & Dave Ledgerwood, PhD

• Provide individual and group therapy and conduct assessments for adults with substance use disorders.

# Practicum Student, September 2021 – Present

Children's Hospital of Michigan – General Pediatric and Adolescent Medicine, Detroit, MI Supervisor: Marilyn Franklin, PhD

• Provide individual, group, and family therapy and conduct assessments for children, adolescents, and young adults with a wide range of referral questions in both a hospital and school-based setting.

# Psychotherapy Trainee, May 2021 – Present

Wayne State University Psychology Clinic, Detroit, MI Supervisor: Marilyn Franklin, PhD

• Provide individual therapy and psychological evaluations for adults living in the community.

# Dialectical Behavior Therapy Skills Group Co-Leader, September 2020 – July 2021

Wayne State Psychology Clinic, Detroit, MI Supervisor: Marla Bartoi, PhD

# Assessment Trainee, August 2019 - Present

Wayne State University Psychology Clinic, Detroit, MI

Supervisor: Marilyn Franklin, PhD

 Conduct neuropsychological assessments for children, adolescents, and adults with a wide range of referral questions.

# Practicum Student, August 2018 – June 2019

The Addiction Institute of Mount Sinai West, New York, NY Supervisor: Lisa Litt, PhD

• Completed intake evaluations and provided individual and group therapy to patients with dual diagnoses.

# Mindfulness Facilitator, September 2017 - May 2019

The New School Student Health Services, New York, NY

• Conducted individual mindfulness sessions with students to improve stress management.

#### Specialized Professional Development and Training

**Prolonged Exposure Therapy**, January 2023 *Emory University* Presented by Sheila Rauch, PhD

#### Working with Affect in Psychotherapy, September 2021 – December 2021

University of Rochester Institute for the Family, Rochester, NY Presented by William H. Watson, PhD, CGP

• 15-week online experiential training group for therapists

**Restructuring Mild to Moderate Fragility with ISTDP**, March 2021 Dynamic Health Services, Halifax, Nova Scotia, CA Presented by Joel Town, PhD

Working with Affect in Psychotherapy, January 2021 – May 2021 University of Rochester Institute for the Family, Rochester, NY Presented by William H. Watson, PhD, CGP

**MMPI-3 Virtual Workshop**, November 2020 Presented by Yossef Ben-Porath, PhD

**Expert Strategies for Working with Traumatic Memory**, August 2020 National Institute for the Clinical Application of Behavioral Medicine

**DBT Training,** October 2019 *Wayne State University Psychology Clinic, Detroit, MI* Presented by Marla Bartoi, PhD

#### Other Relevant Work Experience

#### Adjunct Teacher, May 2020 - August 2020

Wayne State University, Detroit, MI

Course title: Abnormal Psychology

#### Graduate Teaching Assistant, August 2019 - May 2020

Wayne State University, Detroit, MI

• Course title: Introduction to Psychology Lab

# Teaching Assistant, September 2018 – December 2018

The New School, New York, NY

• Course title: Fundamentals of Personality

#### Case Planner, June 2016 – June 2017

Good Shepherd Services Marian Hall Group Residence, New York, NY

• Worked with adolescent women and their families to establish permanency and a path towards family reunification.

#### National Geographic Student Expeditions Co-Leader, Summer 2016

• Worked with a team of instructors to lead a high school student photography expedition through Yellowstone National Park

#### Teacher for the Josephine Herrick Project, September 2015 – June 2016

• Worked with community organizations to teach photography to children and adolescents.

#### Clinical Staff Associate to the Learning and Diagnostics Team, September 2010 – April 2011

Child Mind Institute, New York, NY

- Liaison between patient and doctor.
- Tasks included: conducting patient intake interviews and scored neuropsychological tests.

#### **PROFESSIONAL AFFILIATIONS**

• International Society for Traumatic Stress Studies