**Amanda Noel Leggett, Ph.D., FGSA**

Assistant Professor

Institute of Gerontology

Department of Psychology

Wayne State University

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**Education & Training**

08/2004-05/2008 Queens University of Charlotte, B.A., Valedictorian, Psychology

Senior Thesis: *Creativity and imagination throughout development*

Honors Thesis: *Talkin’ bout my generation: A documentary*

08/2008-05/2010 The Pennsylvania State University, M.S., Human Development and Family Studies

Thesis: *Caregiver stress, burden, and associated difficulties as a result of Lewy Body dementia*

05/2010-08/2013 The Pennsylvania State University, Ph.D., Human Development and Family Studies, (Concentrations: Individual Development: Adult Development and Aging, Family Studies)

Dissertation: *Late life depression: In context*

08/2013-07/2016 University of Michigan Health System, NIMH T32 Postdoctoral Research Fellowship (T32 MH073553, PI: Stephen Bartels), Department of Psychiatry

08/2016- 07/2017 Research Fellowship, Program for Positive Aging, Department of Psychiatry, University of Michigan

***Additional Training***

08/2006-05/2008**\*** National Science Foundation (NSF) Research Experience for Undergraduates (REU) program, Research Internship in Cognitive Science, The University of North Carolina Charlotte (Award #SES-0552160; PI: Paula Goolkasian & Nakia Gordon)

07/2014**\*** Mental Health Training Network (R25 MH019946, PI: Martha Bruce), Summer Research Institute in Geriatric Mental Health Trainee

07/2016\* Butler-Williams Scholars Program, National Institute of Aging

06/2019\* Michigan Center for Contextual Factors of Alzheimer’s Disease (MCCFAD) Data Immersion Program, University of Michigan

01/2020-10/2020\* Institute for Healthcare Policy & Innovation R01 Bootcamp

01/2020-01/2022\* Mental Health and Aging Research Network (R25 MH119050, PI: Martha Bruce), Advanced Research Institute (ARI) in Aging and Mental Health

01/2022\* NIA Impact Collaboratory’s 2nd annual Training Workshop “Building skills to conduct embedded pragmatic clinical trials (ePCTs) for people living with dementia”

**\****denotes competitive selection*

**Work Experience**

***Academic Appointments***

08/2017- Present Research Assistant Professor, Program for Positive Aging, Department of Psychiatry, University of Michigan; *Adjunct Assistant Professor as of 08/2022*

04/2020-Present Faculty Associate, Research Center for Group Dynamics, Institute for Social Research, University of Michigan; *Adjunct Faculty Associate as of 08/2022*

08/2022-Present Assistant Professor, Institute of Gerontology and Department of Psychology, Wayne State University

***Non-Academic Appointments***

05/2010-07/2010 The Pennsylvania State University, Academic Consultant, Division of Undergraduate Studies First-Year Testing, Consulting, and Advising Program

**Research Interests**

1. The impact of family care management styles on caregivers of individuals with dementia and individuals with dementia
2. Family caregiving networks
3. Racial/ethnic disparities in family caregiver health and well-being
4. Prevention/intervention and service use for mental health issues in older adults and family caregivers
5. Biopsychosocial perspective on late-life mental health, sleep and cognition

**Grants**

***Present and Active***

NIA R01AG082856

“Racial/Ethnic Disparities in Health Care and Challenges in Insurance Plan Choices among Older People with Alzheimer’s Disease and Related Dementia: A Mixed Methods Study of Medicare Options”

Principal Investigator: Elham Mahmoudi, University of Michigan

08/2023-04/2028

Role: Co-Investigator

NIA RF1AG083030

“Capturing the complexities of informal caregiver networks: New measures to improve outcomes for informal care partners of people living with Alzheimer’s disease and related dementias (AD/ADRD)”

Principal Investigator: Noelle Carlozzi, University of Michigan

09/2023-08/2026

Role: Co-Investigator

NIA R01AG071511-02 Administrative Supplement

“Chronic pain self-management for older adults with cognitive impairment: A randomized pilot trial”

Principal Investigator: Mary Janevic and Donovan Maust, University of Michigan

3/15/2023-8/31/2023

Role: Consultant

NIA R01AG080583

“The Effects of COVID-19 on Long Term Care for High-Need Older Adults with and without Alzheimer’s Disease and Related Dementias”

Principal Investigator: Yulya Truskinovsky, Wayne State University

2/1/2023-1/31/2028

Role: Co-Investigator

NIA R01AG079097

“Characterizing Dementia Caregiving Networks and Associations with Persons Living with Dementia’s Well-Being and Potentially Inappropriate Healthcare Utilization”

9/1/2022-8/31/2026

Role: Principal Investigator

Alzheimer’s Association & LINC-AD

Advancing Research on Care and Outcome Measurement (ARCOM) Program

ARCOM-22-876659

“Measuring dementia caregiving styles to improve intervention tailoring”

10/01/2021-3/30/2024

Role: Principal Investigator

$242,056 total funding award amount

\*Selected for sponsorship by the Alzheimer’s Association’s Dementia Care Provider Roundtable

NIA P30 AG072931

“Michigan Alzheimer’s Disease Research Center”

Principal Investigator: Hank Paulson, University of Michigan

4/1/2022-3/31/26

Role: Clinical Core and Leadership Initiative

***Pending***

NIA R01 AG

“Adapting and Testing Emotional Awareness and Expression Therapy for AD/ADRD Caregivers (EAETc) with Chronic Pain”

Principal Investigator: Brandon Yarns, UCLA

07/01/2024-06/30/2029

Role: Co-Investigator

NIA R01 AG

“Financial stress, financial strain, asset depletion, and financial toxicity: New measures to characterize the financial impact that dementia has on families”

Principal Investigator: Noelle Carlozzi, University of Michigan

07/01/2024-06/30/2029

Role: Co-Investigator

***Previous Grants***

NIH/NIA/IMPACT Collaboratory Pilot Grant Program

“A Patient-facing Tool to Reduce Opioid-Psychotropic Polypharmacy in PLWD”

Principal Investigator: Donovan Maust, University of Michigan

9/1/2022-6/30/2023

Role: Co-Investigator

NIH/PennAITech

“Conversational Care Technologies”

Principal Investigator: Robin Brewer, University of Michigan

06/01/2022-05/31/2023

Role: Co-Investigator

Michigan Health Endowment Foundation

“Caregiver Navigation Toolkit”

Principal Investigator: Joshua Suire, MHA Keystone Center

6/30/2022-1/31/2023

Role: Consultant

NIA Administrative Supplement on Social, Behavioral, and Economic Health Impacts of COVID-19 3K01AG056557-04S1

“COVID-19: Style and Substance: Characterizing Dementia Caregiving Styles and Associated Biopsychosocial and Health Services Utilization Outcomes: Admin Supplement”

Principal Investigator: Amanda Leggett

9/4/2020-8/17/2021

$21,315 total funding award amount

NIA K01 K01AG056557

“Style and Substance: Characterizing Dementia Caregiving Styles and Associated Biopsychosocial and Health Services Utilization Outcomes”

Principal Investigator: Amanda Leggett

8/1/2017-8/17/2022

$642,600 total funding award amount

University of Michigan, MCubed 3.0

“Towards Conversational Interfaces to Support Social Well-Being of Older Adults”

Principal Investigator: Robin Brewer, University of Michigan

Role: Co-Investigator

04/01/20-5/31/21

**$15,000 total funding award amount**

**University of Michigan Office of Research (UMOR) 29815**

**“Health Enhanced by Adjusting and Recovering Together (HEART)- Pilot”**

**Principal Investigator: Theodore J. Iwashyna, University of Michigan**

**Role: Co-Investigator**

**01/31/20-01/30/21**

**$15,000 total funding award amount**

Stress Measurement Network Award

“Early Trauma and Later-Life Health: Examining the Mediational Pathways of Social Contacts, Unsupportive Relationships and Loneliness in Adulthood”

Principal Investigator: Yin Liu, Utah State University

Role: Co-Investigator

4/01/20-06/24/20

University of Michigan, MCubed

“Michigan LEAn thinking for Dementia care (M-LEAD)”

Principal Investigator: Helen Kales, University of Michigan

06/2016-11/2017

Role: Project Manager

$60,000 total funding award amount

University of Michigan Health System, Depression Center, Phil Jenkins Award for Innovation in Depression Treatment

“Prevention of Depression in Older Adults with Sleep Disturbance: Activating the Circadian Rhythm with Light”

Principal Investigator: Amanda Leggett

08/2014-08/2016

$10,000 total funding award amount

**Honors and Awards**

2006 Psi Chi, Psychology Honor Society (Chapter Secretary and Historian)

2007 Order of Omega, National Fraternity/Sorority Leadership Honor Society

2007 Mortar Board, Senior Honor Society (Chapter President)

2008 Senior Award for Outstanding Core Ethics Student, Queens University of Charlotte

2008 Senior Award for Outstanding Achievement in Psychology, Queens University of Charlotte

2008 Directors Award for Best Honor’s Thesis, Queens University of Charlotte

2008 Valedictorian, Queens University of Charlotte

2009 Travel Award, International Conference on Alzheimer’s disease

2012 Grace M. Henderson Graduate Scholarship, The Pennsylvania State University, College of Health and Human Development

2012 Beth Meyer-Arnold Dissertation Fellowship, The National Adult Day Services Association (NADSA)

2016 1st Place Postdoctoral Fellow Poster Award at the 27th annual Albert J. Silverman Research Conference; Department of Psychiatry, University of Michigan Health System

2016 Outstanding Postdoctoral Fellow Award, University of Michigan

2018 Invited Junior Faculty Attendee, Lancet Expert Panel on Dementia Care, University College London October 29th-30th, 2018

2022 Fellow of the Gerontological Society of America

2023 Michigan Alzheimer’s Disease Center’s Mezey Junior Investigator Conference Award

**Memberships in Professional Societies**

2007-Present Gerontological Society of America (GSA)

2012-2016 The American Psychological Association (APA)

2012-Present APA Division 20: Adult Development and Aging

2012-2013 The National Adult Day Services Association (NADSA)

2014-Present Michigan Center on the Demography of Aging (MiCDA) affiliate

2018- 2019 The American Association for Geriatric Psychiatry (AAGP)

2021-Present **The Alzheimer’s Association International Society to Advance Alzheimer’s Research and Treatment (**ISTAART)

2023-Present Karmanos Cancer Institute Population Studies and Disparities Research Program (and member of I-REACH infrastructure for research in equity, aging, cancer, and health disparities network)

2024-Present Demography of Family Caregiving Network, Michigan Center on the Demography of Aging (MICDA; P30AG012846)

**Peer-Review Service & Advisory Boards**

***NIH Review Committee***

2023 NIH Social Psychology, Personality and Interpersonal Processes Study Section (SPIP) Review Committee

2021 NIA Aging Studies Research Infrastructure Development (R21/R33) review committee

***Alzheimer’s Association Grant Reviewer***

2022-Present Alzheimer’s Association Research Grant Program (AARG and AARG-D)

***Michigan Alzheimer’s Disease Research Center***

2022 Developmental Project Grant Reviewer

***Data and Safety Monitoring Boards***

2022-2026 Cares- SAMM RCT; PI Stephen F. Smagula, University of Pittsburgh

***Advisory Boards***

2023-2024 Hope for Aging Caregivers Advisory Council

***Editorial Boards***

2023-2026 Innovation in Aging, Associate Editor, Dementia and Caregiving

2021-2022 Innovation in Aging, Editorial Board Member

2022-present Research on Aging, Editorial Board Member

***Ad-hoc Journal Reviewer (n=35)***

2011-present Aging and Mental Health

2013-present Clinical Interventions in Aging

2014-present Current Psychology

2014-present Psychology and Aging

2015-present International Journal of Geriatric Psychiatry

2015-present American Journal of Geriatric Psychiatry

2015-present Psychoneuroendocrinology

2015-present Progress in Neuro-Psychopharmacology & Biological Psychiatry

2016-present Applied Gerontology

2016-present Journals of Gerontology: Psychological Sciences

2016-present Journals of Gerontology: Social Sciences

2017-present Innovation in Aging

2017-present International Psychogeriatrics

2017-present Journal of Aging and Health

2017-present Psychological Medicine

2017-present Drugs & Aging

2018-present The Gerontologist

2018-present Epidemiology and Psychiatric Sciences

2018-present Alzheimer’s Disease & Associated Disorders

2019-present Journals of Gerontology: Medical Sciences

2019-present Disability and Rehabilitation

2019-present PLOS ONE

2019-present Journal of Clinical Psychology

2020-present BMJ Open

2020-present BMC Geriatrics

2020-present Research on Aging

2020-present Health Psychology

2021-present Sleep Health

2021-present Journal of the American Medical Directors Association (JAMDA)

2021-present Prevention Science

2022-present Journal of the American Geriatrics Society (JAGS)

2022-present Translational Psychiatry (Nature)

2023-present JAMA Network Open

2023-present Advances in Life Course Research

2024-present Journal of Family Issues

***Ad-hoc Abstract Reviewer***

2014-Present Abstract review for the Gerontological Society of America’s annual meeting

2016 Abstract review for IAGG World Congress of Gerontology and Geriatrics

2018-Present Abstract review for the American Association for Geriatric Psychiatry

***Dissertation Review***

2015 International Dissertation Review for Celia Nogales, Universidad Autónoma de Madrid, Department of Biological Health and Psychology

Dissertation Title: Behavioral and psychological symptoms of dementia. Effects on caregiver’s distress and proposal of an intervention

**Teaching & Mentoring**

***Honors***

2012 Recipient of The Pennsylvania State University Graduate School Teaching Certificate

2022 UROP Outstanding Mentor Award Nominee

***Postdoctoral Research Fellows***

Natasha Peterson Nemmers

Wenhua “Zoey” Lai

***Career Development Award Mentor***

Amanda C. Blok, VA Center for Clinical Management Research, VA Ann Arbor Healthcare System

VA CDA

“Family-Centered Co-Design of a Technology-Facilitated Intervention for Family Caregivers of Critical Care Survivors”

***Dissertation Committees***

Michelle Renaud, Department of Kinesiology, Health & Sport Studies, Wayne State University

***Master’s Thesis Committees***

Jacquelyn Duckett, Department of Psychology, Wayne State University

***Honor’s Thesis Supervisor***

Jasnoor Kaur (F22/W23) The Moderating Association of Employment on Spousal Dementia Caregiver’s Sleep Quality

***Mentoring (list of research students receiving academic credit)***

2022-Present Michigan Center for the Contextual Factors of Alzheimer’s Disease Research Scientist Program, Mentorship Team

Erin Boudin, University of Utah, 2022-2023

Maria V Roche-Dean, Western Michigan University, 2023-Present

2022-Present Institute of Gerontology Pre-Doctoral Program, Mentorship Team

Laura Sutherland, 2022-Present

Allison Moll, 2023-Present

2014-2022 Undergraduate Research Opportunity Program (UROP) Mentor, University of Michigan; Advised undergraduate students who worked as research assistants on my grants for 6-8 hours a week and mentored them in developing an abstract and poster presentation based on this work

Students: Sarah Kurfess, 2014-2015

Makenzie Thelen, 2014-2015 \*Blue Ribbon Poster Awardee, UROP Symposium

Breanna Webster, 2018-2019 \*Blue Ribbon Poster Awardee, UROP Symposium

Sarah Wallace, 2021-2022

Anna Webber, 2021-2022

Tyson Fang, 2022

Undergraduate Research Assistants

2015 Kristina Bortfeld

2020-2022 Hannah Lee

2020-2022 Elaina Baker

2023-Present Thanzeela Ebrahim

2024-Present Barbie Castro Santos

2024-Present Fabiha Abdin, McNair Scholars Program

2018-2021 American Psychological Association Division 20 Mentorship Program

Melissa Krook, University of Washington

Mandana Mostofi, Palo Alto University

Adetola Grillo, Nipissing University

Carissa Colman, University of Kansas

***Courses Taught***

2010 HDFS 129: Introduction to Human Development and Family Studies, The Pennsylvania State University, (co-taught once)

2011 HDFS 312W: Empirical Inquiry, The Pennsylvania State University, (co-taught once)

2012-2013 HDFS 249: Adult Development and Aging, The Pennsylvania State University, (taught twice)

2023 PSY 2410: Health Psychology, Wayne State University

***Course and Teaching Materials Development***

2011 Developed empirical enquiry review guide for departmental use, Department of Human Development and Family Studies, The Pennsylvania State University

2012 Penn State World Campus course development reviewer, HDFS 249: Adult Development and Aging, The Pennsylvania State University

***Teaching Assistantships***

2008 HDFS 432: Developmental Problems in Childhood and Adolescence, Teaching Assistant, The Pennsylvania State University

2009 HDFS 495A&B: Internship Program, Teaching Assistant (twice), The Pennsylvania State University

2009, 2011 HDFS 312W: Empirical Enquiry, Teaching Assistant and Lab Instructor (twice), The Pennsylvania State University

2010 HDFS 249: Adult Development and Aging, Teaching Assistant, The Pennsylvania State University

2010 HDFS 129: Introduction to Human Development and Family Studies, Teaching Assistant, The Pennsylvania State University

2012 HDFS 301: Values and Ethics in Health and Human Development Professions, Teaching Assistant, The Pennsylvania State University

***Invited Lectures and Other Teaching Activities***

2008-2013 Attended 10 teaching development workshops at the Schreyer Institute for Teaching Excellence, The Pennsylvania State University

2010-2013 Guest Lecturer in HDFS 129 on Successful Aging (6 times)

2012 Guest Lecturer in HDFS 129 on Death and Dying

2012 Guest Lecturer in HDFS 312W on Qualitative Methods

2012 Guest Panelist in Rehabilitation and Human Services 300 on Human Services Careers

2013 Attended the Symposium for Teaching and Learning with Technology, The Pennsylvania State University

2014 Attended teaching development workshop at the Center for Research on Learning and Teaching, The University of Michigan

2014-2015 Guest Lecturer in the Undergraduate Research Opportunity Program Seminar on Research Ethics and Integrity in the Health Science/Biomedical Field

2015 Health Sciences/Biomedical Field Career Panelist, the Undergraduate Research Opportunity Program Seminar

2015 Alumni Career Panelist, Department of HDFS, The Pennsylvania State University

2015-Present Guest Lecturer for PGY-III Core Lecture Series on Positive Aging

2016 Guest Lecturer for Geriatric Psychiatry Fellowship Core on Prevention of Mental Disorders in Older Adults and Mindfulness Interventions in Late-Life

2016-Present Facilitator for M3 Geriatric Psychiatry lecture

2017 Guest Lecturer for Geriatric Psychiatry Fellowship Core on Caregiving for Individuals with Dementia: Services and Interventions

2017 Guest Lecturer for Psych 211 on Caregiving for Individuals with Dementia: Services and Interventions

2017-Present Guest Lecturer for Geriatric Psychiatry Fellowship Core on Health Disparities and Racial/Ethnic Differences in Late-Life Mental Health Care

2018 Guest Panelist in the Undergraduate Research Opportunity Program Seminar on Interdisciplinary Research, The University of Michigan

2018-2020 Guest Panelist in the IHPI Lunch and Learn Seminar

2019 Guest Lecturer for UROP Brown Bag on Multidisciplinary Research

2019 Graduate student seminar on working in an Academic Medical Center, The Pennsylvania State University Department of Human Development and Family Studies

2019 Facilitated the Choosing Healthcare All Together lecture for the IHPI Understanding and Improving the U.S. Healthcare System MOOC

2020 Guest Lecturer for UM School of Social Work on Caring for a Relative with Dementia: The Risks and Rewards

2020 Guest Speaker for the UM Psychiatry Department Psychology Fellows on Writing a K Award: Essentials and Lessons Learned

2020 Guest Lecturer for the Pennsylvania State University’s HDFS 129 on Successful Aging

2021 Guest Speaker for the Michigan Research and Discovery Scholars program on health services research

2021 Guest Lecturer for the IHPI Clinician Scholars Program on “What’s your style? Characterizing dementia caregiving styles to improve outcomes and intervention tailoring”

2021 Guest Lecturer for the Health Illness and Society service-learning course, Department of Psychology, on Positive Aging

2022 Guest Lecturer for Geriatric Psychiatry Fellowship Core on Developmental Theories of Aging

2023 Guest Lecturer for Wayne State Advanced Placement (AP) Day on “Stress and Coping”

2024 Panelist for the Pennsylvania State University Human Development and Family Studies Department Professional Paths Seminar

**Committee, Organizational, and Volunteer Service**

***Institutional***

2009-2010 Community Outreach Chair of HDFS Graduate Steering Committee

2010-2011 Co-Chair of HDFS Graduate Steering Committee

2011-2012 Graduate student representative to the HDFS Graduate Admissions Committee

2011-2012 Graduate student Pattee-Paterno Library Advisory Committee

2012 Judge for the 27th Annual Penn State Graduate Exhibition

2015, 2019 Judge for the University of Michigan UROP Poster Exhibition

2018-2021 Co-Chair of the Psychiatry Department Early Career Faculty Development Group

2019 Interviewer for Psychiatry DEI Research Subcommittee Graduate School Interviewing Event

2020-2022 Co-Facilitator of the IHPI PhD Peer Mentorship Group

2021-2022 Inaugural Member of the Research Faculty Advisory Council, U-M Medical School

2021-2022 Elected Member of the Department of Psychiatry Research Council

2021-2024 Michigan Center for the Contextual Factors of Alzheimer’s Disease (MCCFAD) Summer Data Immersion Program Workgroup Co-Facilitator

2023-Present The Institute of Gerontology Director Search Committee Member

2024-Present Non-tenured faculty representative on the Policy and Advisory Committee (PAC), Department of Psychology

2024-2025 Issues in Aging Conference Planning Committee

***State***

2022-present Michigan Dementia Coalition, Steering Committee Member

***National***

2013-2014 Gerontological Society of America’s (GSA) Emerging Scholar and Professional Organization (ESPO) Newsletter Taskforce

2018-2020 American Association for Geriatric Psychiatry Research Committee

2022 Gerontological Society of America’s Behavioral and Social Sciences Section In-person Scientific Meeting Preparation Session Breakout room leader

2023 Behavioral and Social Sciences Section Volunteer Workgroup, Gerontological Society of America (GSA)

2023 GSA Annual Scientific Meeting iSession Series Workgroup, Gerontological Society of America (GSA)

2024 The Innovation in Aging Editor in Chief Search Committee

***Volunteer Service***

2009 Volunteer, Elmcroft Assisted Living, State College, PA

2009-2013 Co-founder and Volunteer, Older Adult Ministry at Calvary Baptist Church, State College, PA

2014-Present Hospice Volunteer, Arbor Hospice, Ann Arbor, MI

2018-Present Alumni Board, Queens University of Charlotte; Selected for a 6-year term; Professional Development and Enrollment Committee

**Invited Presentations**

***Conference Presentations***

11/2012*Depressive symptoms and daily cortisol for caregivers on high and low stress days*. Symposium presentation at the Gerontological Society of America annual conference, San Diego, CA.

09/2013*Effects of Adult Day Services (ADS), stressors and cortisol on daily mood.* Symposium presentation at the National Adult Day Services Association (NADSA) annual conference, Louisville, KY.

11/2014*The impact of sleep disturbance on the association between stressful life events and chronic illness with depressive symptoms.* Symposium presentation at the Gerontological Society of America annual conference, Washington D.C..

11/2015*Recent improvements in cognitive functioning among US adults: How much do demographics, education, and health explain?* Symposium presentation at the Gerontological Society of America annual conference, Orlando, FL.

11/2015*Sleep moderates the association between baseline chronic medical illness and future depressive symptoms: A 25 year follow-up.* Symposium presentation at the Gerontological Society of America annual conference, Orlando, FL. **Symposium Chair.**

11/2016*Using sleep and activity monitoring devices with older adults.* Symposium presentation at the Gerontological Society of America annual conference, New Orleans, LA.

07/2017 *“What hath night to do with sleep?”: Dementia caregivers’ emotional distress and sleep disturbance.* Symposium presentation at the IAGG World Congress on Gerontology and Geriatrics in San Francisco, CA.

11/2018 *Ties that bind: Sources of informal and formal support and positive outcomes in caregivers of persons with dementia.* Symposium presentation at the Gerontological Society of America annual conference in Boston, MA. **Symposium Co-Chair.**

11/2019 *Style and substance: A qualitative characterization of dementia caregiving management styles.* Symposium presentation at the Gerontological Society of America annual conference in Austin, TX. **Symposium Chair.** **Leggett, A.N.,** Bugajski, B., Webster, B., Broderick, B., Watkins, D., Gitlin, L., & Kales, H.C. (2019). *Innovation in Aging, 3(Suppl 1),* S594-S595. doi: 10.1093/geroni/igz038.2207

05/2021 *The Changing Tides of Caregiving During the COVID-19 Pandemic: How Reducing and Increasing Care Provision Relates to Caregiver Well-Being.* Invited talk at the NHATS 10th Anniversary Virtual Conference.

11/2021 *Cognitive-behavioral styles of dementia care management:  Targeting and tailoring to style.*  Symposium presentation at the Gerontological Society of America annual conference (virtual due to COVID-19). *Innovation in Aging,* Volume 5, Supplement 1.

11/2021 *Challenges Experienced by Family Caregivers During the COVID-19 Pandemic.*Symposium presentation at the Gerontological Society of America annual conference (virtual due to COVID-19). *Innovation in Aging,* Volume 5, Supplement 1.

11/2021 *Caregiving challenges during the COVID-19 pandemic: Findings from the National Poll on Healthy Aging.* Symposium presentation at the Gerontological Society of America annual conference (virtual due to COVID-19). *Innovation in Aging,* Volume 5, Supplement 1. *Innovation in Aging,* Volume 5, Supplement 1.

11/2021Liu, Y., Chopik, W. J., Kong, J., **Leggett, A. N.,** Steptoe, A., Gan, Q., and Polenick, C. A. *Early adversity and later health – the pathway of social relationships in adulthood in HRS and ELSA*. Symposium presentation at the Gerontological Society of America annual conference (virtual due to COVID-19). *Innovation in Aging,* Volume 5, Supplement 1.

11/2021Liu, Y., Chopik, W. J., Kong, J., Polenick, C. A., Gan, Q., and **Leggett, A. N.** *Early trauma and later health – Examining the mediation of social relationships in adulthood in HRS*. Symposium presentation at the Gerontological Society of America annual conference (virtual due to COVID-19). *Innovation in Aging,* Volume 5, Supplement 1.

05/2022 **Leggett, A.N.,** Koo, H.J., Strominger, J., & Maust, D. *Gatekeepers: The impact of caregiving networks on emergency department utilization by persons living with dementia.* NHATS/NSOC Dementia Care Conference, Ann Arbor, MI.

11/2022 **Leggett, A.N.,** Koo, H.J., Connell, C., Gitlin, L.N., & Kales, H.C. *Pandemic-specific supports and challenges: Associations with dementia caregiver well-being.* Symposium presentation at the Gerontological Society of America annual conference, Indianapolis, IN. **Symposium chair.**

11/2022 **Leggett, A.N.,** Koo, H.J.,Lee, H., & Baker, E.*When families disagree: Correlates and stress process outcomes of family caregiver disagreement.* Symposium presentation at the Gerontological Society of America’s annual meeting in Indianapolis, IN.

11/2023 **Leggett, A.N.** & Tsuker, S. *All in the family: Differential impact of COVID-19 by type of family/friend caregiver for persons living with dementia.*Symposium presentation at the Gerontological Society of America’s annual meeting in Tampa, FL.

***Intramural Invited Presentations***

06/2019 “*What face should I have on?”: Characterizing dementia caregiving styles.* Grand Rounds, Department of Psychiatry, University of Michigan

12/2020 *Celebrating the holidays in the time of COVID: How will this year be different?* Schwartz Rounds, Michigan Medicine

02/2021 *Does caregiver stress get under the skin? Associations with care recipient inflammation.* Michigan Center on the Demography of Aging’s (MiCDA) NHATS/NSOC Data Users Group, University of Michigan

06/2021 *What’s your style? How your caregiving style impacts the care you provide and your own well-being.* Michigan Alzheimer’s Disease Research Center’s Dementia Speaker Series.

09/2021 *Newly navigated territory: The risks, isolation, and rewards of family caregiving in the time of COVID-19.* Research Faculty Seminar Series, Inaugural presentation. The Office of Faculty Affairs & Faculty Development and the Medical School Office of Research, University of Michigan.

10/2021 *Caregiving challenges during COVID-19.* 2021 Research Lightning Talks. Department of Psychiatry, University of Michigan. *Caregiving, Substance Use, and Behavioral Interventions Session Moderator*

03/2022 *Newly navigated territory: The risks, isolation, and rewards of family caregiving in the time of COVID-19.* Working Families Resource Group, University of Michigan.

05/2022 *The best of times, the worst of times: The costs and gains of family caregiving for a person living with dementia during COVID-19.* Michigan Alzheimer’s Disease Research Center’s 6th annual Beyond Amyloid Research Symposium, University of Michigan.

10/2022 *“What’s your style?” How caregiving style impacts the care you provide & your own well-being.* Loving on Empty Caregiving Conference, Institute of Gerontology, Wayne State University.

4/2023 “*Foundations of Research on Family Caregiving: Cancer and Beyond*” Karmanos Cancer Institute, Wayne State University.

8/2023 “*Who’s on your team? Exploring the variability in family caregiver networks for individuals living with dementia*” Michigan Alzheimer’s Disease Research Center’s Leaders Initiative Seminar Series

9/2023 “*Who’s on your team? Exploring the variability in family caregiver networks for individuals living with dementia*” Wayne State Institute of Gerontology Colloquium Series

***Extramural Invited Presentations***

01/2013 *Dissertation research and the graduate school experience.* Queens University of Charlotte, Charlotte, NC

02/2017 *Using sleep and activity monitoring devices with older adults.* The Michigan Psychological Association.

08/2019 *Prevention and health promotion for late-life mental health disorders.* Webinar co-hosted by the National Council on Aging and the National Coalition on Mental Health and Aging (480 attendees).

10/2019 *Style and substance: Profiling the care management styles of dementia caregivers.* The Pennsylvania State University Center for Healthy Aging.

06/2020 *Early cognitive decline and its impact on spouse’s loneliness.* Society for the Study of Human Development Webinar on Modeling Cognitive Aging in Context

04/2021 *Understanding dementia caregiver’s cognitive-behavioral care styles to improve the tailoring of interventions and services.* The University of Pittsburgh Alzheimer’s Disease Research Center & University of Pittsburgh School of Medicine Continuing Education in the Health Sciences.

05/2021 *What’s your style? Characterizing Dementia Caregiving Styles to Improve Outcomes and Intervention Tailoring*. ARI Grand Rounds in Mental Health and Aging Research, Mental Health and Aging Research Network

06/2021 *What’s your style? Characterizing Dementia Caregiving Styles to Improve Outcomes and Intervention Tailoring*. The University of Rochester Roybal Center for Social Ties & Aging Research (Roc STAR Center).

08/2021 *Caregiving reimagined: Targeting and tailoring our approach to improve models of care.* Department of Psychiatry and Behavioral Sciences Grand Rounds, University of California Davis

11/2021 *Caregiving on the frontline: Caregiving for an individual living with dementia during the COVID-19 pandemic.* COVID Information Commons, The Big Data Innovation Hubs. doi: 10.7916/qnk9-fb87

12/2021 *Caregiver styles: Tailoring approaches to enhance resilience in dementia care.* The VA Ann Arbor Healthcare System and Geriatric Research, Education, and Clinical Care Center’s Topics in Aging, Cognition and Diversity Caregiving Speaker Series.

03/2022 *Caregiving reimagined: Targeting and tailoring our approach to improve models of care.* Human Development and Family Studies Research Colloquium, Utah State University.

04/2022 *Caregiving reimagined: Targeting and tailoring our approach to improve models of care.* Issues in Aging 2022 hosted by the Institute of Gerontology, Wayne State University and the Michigan Chapter of the Alzheimer’s Association

09/2023 *Who’s on your team? Exploring the variability in family caregiver networks for individuals living with dementia*. University of California San Francisco Memory and Aging Center Grand Rounds

10/2023 *Who’s on your team? Exploring the variability in family caregiver networks for individuals living with dementia*. Northwestern University Division of Geriatrics Grand Rounds

03/2024 *Who’s on your team? Exploring the variability in family caregiver networks for individuals living with dementia*. NHATS/NSOC Webinar Series

05/2024 *Qualitative Methods for Quantitative Researchers.* Mental Health and Aging Research Network “Succeeding in Mental Health and Aging Research” Webinar Series.

***International Invited Presentations***

10/2018 *“Which face should I have on?”: Managing care for a person living with dementia and associated biopsychosocial outcomes*. University College London, Department of Psychiatry

***Community Speaking Engagements***

07/2015 *Sleep and health as we age.* Carpenter Place Apartments (low cost, independent housing for seniors), Ypsilanti, MI

10/2016 *Sleep and health as we age.* University Commons (senior condominium community), Ann Arbor, MI

05/2017 *Caring for an individual with dementia: The risks and rewards.* Turner Senior Wellness Program, Turner Senior Resource Center

2018-20 *“With mirth and laughter let old wrinkles come: How to age well by playing the cards you’ve been dealt”.*

* 09/12/18 Turner Senior Resource Center 20th anniversary celebration
* 09/20/18 Jewish Community Center
* 01/16/20 Washtenaw County Foster Grandparents Program

2021 Caregiving during COVID-19 panel for Ann Arbor District Library, 7/14/21

2022 *Newly navigated territory: The risks, isolation, and rewards of family caregiving in the time of COVID-19.* The Dementia & Alzheimer’s Resource Committee of St. Clair County, St. Clair County Community Mental Health, & Michigan Alzheimer’s Disease Center.

2022 *Caregiving reimagined: Targeting and tailoring our approach to improve models of care.* Alzheimer’s Association Michigan Chapter.

2023 *Characterizing dementia caregiving styles to improve outcomes and intervention strategies.* The 2023 Optimum Life Continuing Education Series, Brookdale Senior Living (National)

2023 *What’s your caregiving style? Developing the first assessment measure of the cognitive-behavioral domains of caregiving style.* The Michigan Alzheimer’s Association Volunteer Summit.

2023 *Pathway to Positive Aging.* Art of Aging Successfully Conference hosted by Wayne State University

2024 *Healthy Brain Aging and Caregiving Resources.* Healthier Black Elders Center, Detroit, MI

***Podcasts***

2022 *Caregiving for individuals living with dementia.* Minding Memory Podcast, Center to Accelerate Population Research in Alzheimer’s, Michigan Medicine. https://www.uofmhealth.org/podcasts/minding-memory/caregiving-for-individuals-living-with-dementia

2022 *What is it like to be a caregiver for a person living with dementia?* Minding Memory Podcast, Center to Accelerate Population Research in Alzheimer’s, Michigan Medicine. https://www.uofmhealth.org/podcasts/minding-memory/what-is-it-like-to-be-a-caregiver-for-a-person-with-dementia

2022 *Dementia caregiving styles and outcomes.* Boomers Today Podcast, Senior Care Authority. [https://www.seniorcareauthority.com/blog/dementia-caregiving-styles-and-outcomes/](https://www.seniorcareauthority.com/blog/dementia-caregiving-styles-and-outcomes/ )

2022 *Research and insider tips about self-care to help caregivers be more successful.* Living with Alzheimer’s with Christoph & Ginger. https://www.lwalz.com/research-and-insider-tips-about-self-care-to-help-caregivers-be-more-successful/

2023 *How families care for individuals living with dementia*. Gracefully Greying Podcast. <https://gracefullygreying.com/News/family-caregiving-for-individuals-with-dementia>

**Bibliography**

***Peer-Reviewed Publications***

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2. **Leggett, A.**, Zarit, S., Taylor, A., & Galvin, J.E. (2011). Stress and burden among caregivers of patients with Lewy Body dementia. *The Gerontologist, 51(1).* 76-85*.* doi: 10.1093/geront/gnq055PMID: 20667944
3. **Leggett, A.**, Zarit, S., Nguyen, N.H., Hoang, C.N., & Nguyen, H.T. (2012). The influence of social factors and health on depressive symptoms and worry: A study of older Vietnamese adults. *Aging and Mental Health,16(6),* 780-786. doi: 10.1080/13607863.2012.667780 PMCID: PMC4233407
4. **Leggett, A.,** Zarit, S., Hoang, C.N., & Nguyen, H.T. (2013). Correlates of cognitive impairment in older Vietnamese. *Aging and Mental Health, 17(8),* 915-923*.* doi: 10.1080/13607863.2013.799116 PMCID: PMC4233409
5. **Leggett, A.,** Zarit, S.H., Kim, K., Almeida, D.M., Klein, L.C. (2014) Depressive mood, anger, and daily cortisol of caregivers on high and low stress days. *The Journals of Gerontology, Series B: Psychological Sciences, 70,* 820-829. doi: 10.1093/geronb/gbu070 PMCID: PMC4612339
6. **Leggett, A.** & Zarit, S.H. (2014) Prevention of mental disorder in older adults: Recent innovation and future directions. *Generations, 38,* 45-52. PMCID: PMC4539154 Review
7. **Leggett, A.,** Kavanagh, J., Zivin, K., Chiang, C., Kim, H.M., & Kales, H.C. (2015) The association between benzodiazepine use and depression outcomes in older veterans. *Journal of Geriatric Psychiatry and Neurology, 28,* 281-287.doi: 10.1177/0891988715598227 PMCID: PMC4927262
8. **Leggett, A.,** Burgard, S., & Zivin, K. (2016) The impact of sleep disturbance on the association between stressful life events and depressive symptoms. *The Journals of Gerontology, Series B: Social Sciences, 71,* 118-128.doi: 10.1093/geronb/gbv072 PMCID: PMC4861642
9. **Leggett, A.**, Liu, Y., Klein, L.C., & Zarit, S.H. (2016) Sleep duration and the cortisol awakening response in dementia caregivers. *Health Psychology, 35,* 465-473.doi: 10.1037/hea0000276 PMCID: PMC4781675
10. **Leggett, A**., Ganoczy, D., Zivin, K., & Valenstein, M. (2016). Predictors of pharmacy-based measurement and self-report of antidepressant adherence: Are individuals overestimating adherence? *Psychiatric Services, 67(7),* 803-806.doi:10.1176/appi.ps.201400568 PMCID: PMC5796766
11. **Leggett, A.,** Pepin, R., Sonnega, A., & Assari, S. (2016). Predictors of new onset sleep medication and treatment utilization among older adults in the United States. *Journal of Gerontology: Medical Sciences, 71,* 954-960.doi:10.1093/gerona/glv227 PMCID: PMC4906325
12. Assari, S., Sonnega, A., Pepin, R., & **Leggett, A.** (2016) Residual effect of restless sleep over depressive symptoms on chronic medical conditions over 25 Years: Race by gender differences. *Journal of Racial and Ethnic Health Disparities, 4,* 59-69.doi: 10.1007/s40615-015-0202-z PMCID: PMC4965357
13. **Leggett, A.,** Clarke, P., Zivin, K., McCammon, R., Elliot, M., & Langa, K. (2017). Recent improvements in cognitive functioning among older U.S. adults: How much does increasing educational attainment explain? *Journal of Gerontology: Social Sciences* doi: 10.1093/geronb/gbw210 PMCID: PMC6377030 *\*\*Editor’s choice article both online and in print*
14. Maust DT, Kales HC, McCammon RJ, Blow FC, **Leggett A**, & Langa KM. (2017) Distress Associated with dementia-related psychosis and agitation in relation to healthcare utilization and costs. *American Journal of Geriatric Psychiatry, 25,* 1074-1082. doi: 10.1016/j.jagp.2017.02.025 PMCID: PMC5600647
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16. Bennett, J.M. & **Leggett, A.N.** (2017). Caregiving stress and its toll on health from a psychoneuroimmunological perspective. *Current Breast Cancer Reports, 9(2),* 82-90*.* doi: 10.1007/s12609-017-0246-7 Review
17. Polenick, C. A., **Leggett, A. N.,** & Kales, H. C. (2017) Medical care activities among spouses of older adults with functional impairment: Implications for caregiving difficulties and gains. *American Journal of Geriatric Psychiatry, 25(10),* 1085-1093*.* doi:10.1016/j.jagp.2017.05.001PMCID: PMC5650913
18. Pepin, R., **Leggett, A.,** Sonnega, A., & Assari, S. (2017). Depressive symptoms in recipients of home and community based services in the United States: Are older adults receiving the care they need? *American Journal of Geriatric Psychiatry, 25(12),* 1351-1360*.* doi: 10.1016/j.jagp.2017.05.021PMCID: PMC5694376
19. Polenick, C. A., **Leggett, A.N.,** Webster, N.J., Han, B.H., Zarit, S.H., & Piette, J.D. (2017). Multiple chronic conditions in spousal caregivers of older adults with functional disability: Associations with caregiving difficulties and gains. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences, 75(1),* 160-172. doi: 10.1093/geronb/gbx118 PMID: 29029293 PMCID: PMC6909432
20. Meyer, O.L., **Leggett, A.,** Liu, S., & Nguyen, N.H. (2017). Prevalence and Correlates of Subjective Memory Complaints in Vietnamese Adults. *International Psychogeriatrics.*doi: 10.1017/S104161021700254X PMCID: PMC5986585
21. **Leggett, A.,** Polenick, C.A., Maust, D.T., & Kales, H.C. (2017). “What hath night to do with sleep?”: The caregiving context and dementia caregivers’ nighttime awakenings. *Clinical Gerontologist, 7.* 1-9. doi: 10.1080/07317115.2017.1352057. PMCID: PMC6075725
22. **Leggett, A.,** Conroy, D.A., Blow, F.C., & Kales, H.C. (2018). Bright light as a preventive intervention for depression in late-life: A pilot study on feasibility, acceptability, and symptom improvement. *American Journal of Geriatric Psychiatry.* doi: 10.1016/j.jagp.2017.11.007 PMCID: PMC6181116
23. **Leggett, A.,** Polenick, C.A., Maust, D.T., & Kales, H.C. (2018). Falls and hospitalizations among persons with dementia and associated caregiver emotional difficulties. *The Gerontologist, 58(2),* e78-e86*.* doi:10.1093/geront/gnx202 PMCID: PMC5946818
24. Polenick, C.A., **Leggett, A.N.**, Maust, D.T., & Kales, H.C. (2018). Medical care tasks among spousal dementia caregivers: Links to care-related sleep disturbances. *The American Journal of Geriatric Psychiatry, 26(5),* 589-597. doi: 10.1016/j.jagp.2018.01.206 PMCID: PMC5940559.
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26. Xiang, X., **Leggett, A.,** Himle, J., & Kales, H. (2018). Major depression and subthreshold depression among older adults receiving home care. *American Journal of Geriatric Psychiatry, 26(9),* 939-949*.* doi: 10.1016/j.jagp.2018.05.001 PMCID: PMC6108943
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29. **Leggett, A.,** Kales, H.C., & Gitlin, L. (2019). Finding fault: Criticism as a care management strategy and its impact on outcomes for dementia caregivers. *The International Journal of Geriatric Psychiatry, 34(4),* 571-577*.* doi: 10.1002/gps.5052 PMCID: PMC6420398
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32. Sonnega, A., **Leggett, A.N,** Pepin, R., & Assari, S.(2020). [Physical activity and insomnia symptoms over 10 years in a U.S. national sample of late-middle-age and older adults: Age matters](https://www.ncbi.nlm.nih.gov/pubmed/31896077/). *Journal of Aging and Physical Activity.* doi: 10.1123/japa.2018-0337 PMCID: PMC7326645
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37. Abou-Hanna, J., **Leggett, A.N.**, Andrews, C., & Ehrlich, J. (2020). Vision impairment and depression among older adults in low- and middle-income countries. *International Journal of Geriatric Psychiatry.* doi: 10.1002/gps.5394 PMID: 32749746
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41. Liu, Y., **Leggett, A.N.,** Kim, K., Polenick, C.A., McCurry, S.M., & Zarit, S.H. (in press). Daily sleep, well-being, and adult day services use among dementia care dyads. *Aging and Mental Health.* doi: 10.1080/13607863.2021.1998354
42. **Leggett, A.N.,** Koo, H.J., Park, B., & Choi, H. (2022). The Changing Tides of Caregiving During the COVID-19 Pandemic: How Decreasing and Increasing Care Provision Relates to Caregiver Well-Being. *Journal of Gerontology: Social Sciences.* doi: 10.1093/geronb/gbac002
43. Meyer, O.L., Koo, H.J., Strominger, J., Tran, D., Bach, A., & **Leggett, A.N.** (2022). Neighborhood Characteristics and Caregiver Mental Health in the National Study of Caregiving (NSOC). *Journal of Aging and Health.* doi: 10.1177/08982643221085106. NIHMSID: 1849702
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45. Turner, S., Epps, F., Li, M.S., **Leggett, A.N.,** & Hu, M. (accepted). Validation of a measure of role overload and gains for end-of-life dementia caregivers. *The Journal of Gerontology: Social Sciences.*
46. Robinson-Lane, S.G., **Leggett, A.N.,** Johnson, F.U., Leonard, N., Carmichael, A.G. Oxford, G., Miah, T., Wright, J., Blok, A.C., Iwashyna, T.J., & Gonzalez, R. (2022). Caregiving in the COVID-19 pandemic: Family adaptations following an intensive care unit hospitalization. *The Journal of Clinical Nursing.* doi: 10.1111/jocn.16560. NIHMSID: 1849318
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48. **Leggett, A.N.,** Koo, H.J., Strominger, J., & Maust, D.T. (2023). Gatekeepers: The impact of caregiving networks on emergency department use by persons living with dementia. *Journal of Gerontology: Social Sciences, 78(6).* 1073-1084. doi: **10.1093/geronb/gbac198**
49. Collins-Pisano, C., **Leggett, A.N.,** Gambee, D.T., & Fortuna, K.L. (2024). Usability, acceptability, and preliminary effectiveness of a peer-delivered and technology supported mental health intervention for family caregivers of people with dementia: A field-usability test. *JMIR Human Factors.*
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51. Lei, L., Maust, D.T., **Leggett, A.N.** (in press). Functional Decline Over Time and Change in Family and Other Unpaid Care Provided to Community-Dwelling Older Adults Living With and Without Dementia. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences.*
52. Brown, M.J., Adkins-Jackson, P.B., Sayed, L., Wang, F. **Leggett, A.N.,** & Ryan, L.H. (accepted). The Worst of Times: Depressive Symptoms among Racialized Groups living with Dementia and Cognitive Impairment during the COVID-19 Pandemic. *Journal of Aging and Health.*
53. Mahmoudi, E., Lin, P., Rubenstein, D., Guetterman, T., **Leggett, A.N.,** Possin, K., & Kamdar, N.(accepted). Use of Preventive Service and Potentially Preventable Hospitalization Among American Adults with Disability: Longitudinal Analysis of Traditional Medicare and Commercial Insurance. *Preventive Medicine Reports.*
54. Hoffman, C.M., Vordenberg, S., **Leggett, A.N.,** Akinyemi, E., Turnwald, M., & Maust, D.T. (accepted). Insights into designing educational materials for persons living with dementia: A focus group study. *BMC Geriatrics.*
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***Articles Under Review***

Truskinovsky, Y., Freedman, V., Hoffman, G., **Leggett, A.N.,** & Wiemers, E. (under review). Changes in long-term services and supports among adults with and without dementia during the first year of the COVID-19 pandemic.

Carlozzi, N., Freeman, J., Graves, C.M., **Leggett, A.N.,** Miner, J., & Capellari, E. (under review). Understanding non-traditional caregivers: Protocol for a scoping review of caregiver definitions, caregiver networks and outcome measures.

Nemmers, N., Lai, W., Tsuker, S., Haldar, S., Freedman, V., & **Leggett, A.N.** (under review). Examining care network characteristics in older adults’ relocation to residential care settings with death as a competing risk.

Bratches, R.W.R., Puga, F., Barr, P.J., **Leggett, A.N.,** Odom, J.N., & Jablonski, R.A. (under review). Size and composition of caregiver networks who manage medications for persons living with dementia: Cross-sectional analysis of NHATS 2011-2022.

Johnson, J., Jamshed, H., Zuppke, R., **Leggett, A.N.,** Mower Provost, E., & Brewer, R. (under review). “I felt listened to”: Evaluating an AI-Powered Reflection Tool for Care Partners In proceedings of ACM Transactions on Accessible Computing (TACCESS ‘24).

Tsuker, S., Liu, Y., Bangerter, L., Baker, E., Lee, H., & **Leggett, A.N.** (under review). Does Caregiver Stress Get Under the Skin? Associations with Care Recipient Inflammation

***Non-Peer Reviewed***

1. **Leggett, A.N.** & Kales, H.C. (2019). Applying rigor: Intervention studies for behavioral and psychological symptoms of dementia. *American Journal of Geriatric Psychiatry, 27(6),* 590-592. Invited commentary.doi: 10.1016/j.jagp.2019.02.004 PMCID: 7155383
2. BioSocial Methods Collaborative and HEART Research Project Team. COVID-19 Patient & Caregiver Collaborative Care Workbook. Ann Arbor: Michigan Medicine; 2020. doi:10.3998/2027.42/163715 (Project Team Member)
3. MHA Keystone Center. Michigan Caregiver Navigation Toolkit. 2023. <https://www.mha.org/wp-content/uploads/2023/07/Michigan-Caregiver-Navigation-Toolkit_ELECTRONIC.pdf>(Project Team Member)

***International Posters***

**Leggett, A**., Zarit, S. H., Duda, J. E., Galvin, J. E., Kaufer, D.I., Lippa, C.F., & Taylor, A. (2009) *Burden among caregivers in Lewy Body dementia*. Poster presentation at the Alzheimer’s Association International Conference, Vienna, Austria.

**Leggett, A.N.**, Hodgson, N., Connell, C., Gitlin, L.N., & Kales, H.C. (2020) *“I understand a fury in your words, but not the words”: The association of dementia caregiving styles and salivary cortisol*. Poster presentation at the Alzheimer’s Association International Conference, virtual due to COVID-19.

**Leggett, A.N.**, Connell, C., Gitlin, L.N., & Kales, H.C. (2020) *“I just glove up and do what has to be done”: A mixed-methods exploration of dementia care challenges and care management strategies*. Poster presentation at the Alzheimer’s Association International Conference, virtual due to COVID-19.

**Leggett, A. N.**, Connell, C. M, Gitlin, L., N., & Kales, H. C. (2021) Caregiving management styles and utilization of formal care services among dementia caregivers. Poster presentation at the Alzheimer’s Association International Conference, July 2021, virtual. *Alzheimer’s & Dementia, 17(S7)*: e052417. doi: 10.1002/alz.052417.

**Leggett, A.N.,** Miner, J.A., Baker, E., Lee, H., Kallen, M.A., Tsuker, S., & Carlozzi, N.E. (2023). Iterative refinement: Developing items to build an assessment of dementia caregivers’ caregiving style. Poster presentation at the Alzheimer’s Association International Conference, July 2023, Amsterdam, the Netherlands.

***National Posters & Published Abstracts***

**Leggett, A.**, Foos, P., & Clark, C. *Kid’s these days: Older persons’ attitudes toward middle aged and young adults*. (2007) Poster presentation at the Gerontological Society of America’s national conference, San Francisco, CA.

**Leggett, A**. *Crime stereotyping and perceived seriousness of ethnic criminals and terrorists*. (2008) Poster presentation at the Southeastern Psychological Associations’ national conference, Charlotte, NC.

Zarit, S.H., Chuong, H.N., Ngoc, N.H., **Leggett, A.**, Nguyen, H. (2009) *Cognitive performance and emotional well-being of older people in Vietnam*. Poster presentation at the Gerontological Society of America’s annual conference, Atlanta, GA.

**Leggett, A**., Zarit, S. H., Duda, J. E., Galvin, J. E., Kaufer, D.I., Lippa, C.F., & Taylor, A. (2009) *Role strain, personal strain, and worry about performance among caregivers of people with Lewy Body dementia*. Poster presentation at the Gerontological Society of America’s annual conference, Atlanta, GA.

**Leggett, A**., Zarit, S.H., Nguyen, N.H., Hoang, C.N., & Nguyen, H. (2010) *Predictors of cognitive impairment in older Vietnamese adults*. Poster presentation at the Gerontological Society of America’s annual conference, New Orleans, LA.

Newcomer, Z., **Leggett, A.,** Zarit, S.H., Hoang, C.N., & Nguyen, H. (2011) *The role of pain in functional and mental health in older Vietnamese*. Poster presentation at the Gerontological Society of America annual conference, Boston, MA.

**Leggett, A.**, Zarit, S.H., Nguyen, N.H., Hoang, C.N., & Nguyen, H. (2011) *Pain as a mediator of health behaviors and ADL functioning: A study on older Vietnamese adults*. Poster presentation at the Gerontological Society of America annual conference, Boston, MA.

**Leggett, A.** & Zarit, S.H. (2013) *Anger and daily cortisol for caregivers on high and low stress days.* Poster presentation at the Gerontological Society of America annual conference, New Orleans, LA.

**Leggett, A.,** Kavanagh, J., Chiang, C., Kim, H., & Kales, H. (2014) *The impact of benzodiazepine use on depression outcomes among older adults beginning a new antidepressant treatment.* Poster presentation at the American Association for Geriatric Psychiatry annual conference, Orlando, FL. *American Journal of Geriatric Psychiatry, 22(3), Supplement,* doi: 10.1016/j.jagp.2013.12.088

**Leggett, A.**, Klein, L.C., & Zarit, S.H. (2014) *Sleep duration and daily cortisol for caregivers on high and low stress days.*  Poster presentation at the Gerontological Society of America annual conference, Washington D.C.

Nafiu, I., **Leggett, A.,** Maust, D., Chiang, C., Blow, F., & Kales, H. (2015) *Is comorbid substance use or anxiety a risk factor for antidepressant non-adherence among older veterans with depression?* Poster presentation at the American Association for Geriatric Psychiatry annual conference, New Orleans, LA. *American Journal of Geriatric Psychiatry, 23(3), Supplement,* doi: 10.1016/j.jagp.2014.12.117

**Leggett, A.,** Conroy, D., Blow, F., & Kales, H. (2015) *Exploring the acceptability of sleep monitoring and bright light technologies for intervention use in older adults.* Poster presentation at the American Association for Geriatric Psychiatry annual conference, New Orleans, LA. *American Journal of Geriatric Psychiatry, 23(3), Supplement,* doi: 10.1016/j.jagp.2014.12.119

**Leggett, A.** (2015) *Inflammation and the pathway to mental disorder in older adults: Associations with depressive and anxiety symptoms.* Poster presentation at the National Network of Depression Centers conference, Ann Arbor, MI.

**Leggett, A.,** Conroy, D., Blow, F.C., & Kales, H.C. (2016) *Sleep to activate mood promotion (STAMP) in older adults: Initial results from a prevention pilot study.* Poster presentation at the American Association for Geriatric Psychiatry annual conference, Washington D.C. *American Journal of Geriatric Psychiatry, 24(3), Supplement,* doi: 10.1016/j.jagp.2016.01.118

Pepin, R., **Leggett, A.,** & Bartels, S.J. (2016) *The association of socioeconomic and health factors with technology use among older adults in the United States.* Poster presentation at the American Association for Geriatric Psychiatry annual conference, Washington, D.C. *American Journal of Geriatric Psychiatry, 24(3), Supplement,* doi: 10.1016/j.jagp.2016.01.069

**Leggett, A.,** Maust, D., & Kales, H.C. (2017) *Predictors of care-related emotional distress among caregivers for individuals with Dementia.* Poster presentation at the IAGG World Congress on Gerontology and Geriatrics in San Francisco, CA.

**Leggett, A.,** Lohman, M., & Sonnega, A. (2018). *Till death do us part: The impact of caring for a spouse with dementia on caregiver mortality*. Poster presentation at the American Association for Geriatric Psychiatry in Honolulu, Hawaii. *American Journal of Geriatric Psychiatry, 26(3), Supplement,* doi: 10.1016/j.jagp.2018.01.097

**Leggett, A.,** Kales, H.C., & Gitlin, L.N. (2018). *Finding fault: Criticism as a care management strategy and its impact on outcomes for dementia caregivers*. Poster presentation at the American Association for Geriatric Psychiatry in Honolulu, Hawaii. *American Journal of Geriatric Psychiatry, 26(3), Supplement,* doi: 10.1016/j.jagp.2018.01.096

Lohman, M., **Leggett, A**. Sonnega, A. (2018) *Comparing population-based measures of fall-related mortality incidence: Evidence from the Health and Retirement Study and CDC WISQARS.* Poster presentation at the American Public Health Association in San Diego, CA.

Lohman, M., Sonnega, A., & **Leggett, A.** (2018)*Determinants and incidence of fall-related mortality in the U.S.: Evidence from the Health and Retirement Study.* Poster presentation at the Gerontological Society of America’s annual meeting in Boston, MA.

Lohman, M., Sonnega, A., Resciniti, N., & **Leggetta, A.** (2020). *Differences in cause-specific mortality between frail men and women in the US.* Poster presentation at the Gerontological Society of America’s annual meeting, Virtual due to COVID-19.

**Leggett, A.,** Connell, C.M., Gitlin, L.N., & Kales, H.C. (2020). *The influence of dementia caregiving styles on caregiver distress and person with dementia quality of life.* Poster presentation at the Gerontological Society of America’s annual meeting, Virtual due to COVID-19.

**Leggett, A.,** Carmichael, A.G., Leonard, N., Robinson-Lane, S.G., Li, S., Oxford, G., Wisniewski, M., & Gonzalez, R. (2020). *Family caregivers on the frontline: Challenges of providing care to post-ICU COVID-19 patients.* Poster presentation at the Gerontological Society of America’s annual meeting, Virtual due to COVID-19.

Leonard, N. Carmichael, A.G., Jackson, J., Huang, L., Doshi, A., **Leggett, A.**, Robinson-Lane, S.G., & Gonzalez, R. (2020). *An action research method for generating human-centered COVID-19 caregiving interventions.* Poster presentation at the Gerontological Society of America’s annual meeting, Virtual due to COVID-19.

Dunkle, R.E., Cavagnini, K., Cho, J., Sutherland, L., Kales, H.C., Connell, C., & **Leggett, A**. (2020). *Barriers in caring for patients with dementia in acute care settings: Navigating the role of social workers*. Poster presentation at the Gerontological Society of America’s annual meeting, Virtual due to COVID-19.

**Leggett, A.N.**, Hodgson, N., Connell, C., Gitlin, L.N., & Kales, H.C. (2021) *“I understand a fury in your words, but not the words”: The association of dementia caregiving styles and salivary cortisol*. Poster presentation at the University of Michigan Flint Center on Aging Symposium.

**Leggett, A., N.**, Koo, H. J., Connell, C. M, Gitlin, L. N., & Kales, H. C. (2021) Cognitive-behavioral dementia caregiving styles: Associations with care stress and well-being.  Poster presentation at the Gerontological Society of America’s annual meeting, Virtual due to COVID-19.

Dunkle, R. E., Cavagnini, J., Cho, L., Sutherland, H., Kales, H., Connell, C. M, & **Leggett, A.N.** (2021) *Exploring dementia care in an acute care setting: Perspectives of social workers and nurses.*  Poster presentation at the Gerontological Society of America’s annual meeting, Virtual due to COVID-19. *Innovation in Aging,* Volume 5, Supplement 1.

Liu, Y., **Leggett, A.N.,** Kim, K., Polenick, C.A., McCurry, S., & Zarit, S. (2021). *Daily sleep, well-being, and adult day services use among dementia care dyads.* Poster presentation at the Gerontological Society of America’s annual meeting, Virtual due to COVID-19.

Lee, H., Koo, H.J., Baker, E., & **Leggett, A.N.** (2021). *Caregivers’ medical care provision at patient end-of-life: Associations with emotional difficulty and gains.* Poster presentation at the Gerontological Society of America’s annual meeting, Virtual due to COVID-19. *Innovation in Aging,* Volume 5, Supplement 1, doi: 10.1093/geroni/igab046.2977

Koo, H.J. & **Leggett, A.N.** (2021). *Different statistical approaches to develop a guideline for improvement of caregiver’s mental health.* Poster presentation at the Gerontological Society of America’s annual meeting, Virtual due to COVID-19. *Innovation in Aging,* Volume 5, Supplement 1.

Baker, E., Koo, H.J., Kobayashi, L. Finlay, J., Lee, H., & **Leggett, A.N.** (2021). *Older adults’ worry about COVID-19: Associations with experiences of COVID-19 among social connections.* Poster presentation at the Gerontological Society of America’s annual meeting, Virtual due to COVID-19. *Innovation in Aging,* Volume 5, Supplement 1.

Liu, Y., **Leggett, A. N.,** Kim, K., Polenick, C. A., McCurry, S. M., and Zarit, S. H. (2021). *Daily sleep, well-being, and Adult Day Services use among dementia care dyads*. Poster presentation at the Gerontological Society of America’s annual meeting, Virtual due to COVID-19. *Innovation in Aging,* Volume 5, Supplement 1.

**Leggett, A.N.,** Baker, E., Lee, H., Webber, A., Wallace, S., Fang, T., & Johnson, F.(2022).Dementia Family Caregivers Experiences Using Community-based and Health Care Services During COVID-19*.* Poster presentation at the Gerontological Society of America’s annual meeting in Indianapolis, IN.

Collins Pisano, C., **Leggett, A.N.,** & Fortuna, K. (2022). *Usability and acceptability of a peer-delivered technology based mental health intervention for family caregivers.* Poster presentation at the Gerontological Society of America’s annual meeting in Indianapolis, IN.

**Leggett, A.N.,** Haldar, S., Tsuker, S., & Choi, H. (2023). *Who’s on your team? Dementia family networks and caregiver well-being.* Accepted for poster presentation at the Gerontological Society of America’s annual meeting in Tampa, FL.

Simon, D., **Leggett, A.,** Ertle, E., & Mast, B. (2023). *Relationships between dementia caregiver personality, outcomes, and management and coping strategies.* Accepted for poster presentation at the Gerontological Society of America’s annual meeting in Tampa, FL.

Keller, J., Yarns, B.C., Lumley, M.A., & **Leggett, A.N.** (2024). *Association between caregivers’ pain severity and relationship stress among persons living with dementia and their caregivers during COVID-19. The American Journal of Geriatric Psychiatry, 32(4),* S42-S43. doi: 10.1016/j.jagp.2024.01.114. Accepted for poster presentation at the American Association for Geriatric Psychiatry annual meeting in Atlanta, GA.

Galske, J., Chera, T., Hwang, U., Monin, J., Venkatesh, A., Lam, K., **Leggett, A.,** & Gettel, C.J. (2024). *Daily care hours among older emergency department patients with dementia and undiagnosed cognitive impairment: a cross-sectional study.* Accepted for poster presentation at the Alzheimer’s Association International Conference in Philadelphia, PA.

**Leggett, A.N.,** Tsuker, S., Miner, J.A., Lai, J-S., Troost, J., & Carlozzi, N. (2024). *Development of a person-centered measure of dementia caregiving style.* Poster presentation at the Alzheimer’s Association International Conference in Philadelphia, PA.

**Leggett, A.N.,** Troost, J., Tsuker, S., Miner, J.A., & Carlozzi, N. (2024). *Non-traditional dementia caregivers: Does a more distant relation diminish burden?* Poster presentation at the Alzheimer’s Association International Conference in Philadelphia, PA.

Ebrahim, T., Haldar, S., Tsuker, S., Lai, Z., & **Leggett, A.N.** (2024). The association between financial burden and psychological well-being for caregivers during COVID-19. Poster presentation at the Michigan Alzheimer’s Disease Research Center’s Beyond Amyloid Research Symposium in Grand Rapids, MI.

Castro Sanchez, B., Troost, J., Tsuker, S., Nemmers, N., & **Leggett, A.N.** (2024). Caregiver sense of feeling trapped and stressed: A look into financial status, education and self-efficacy. Poster presentation at the Michigan Alzheimer’s Disease Research Center’s Beyond Amyloid Research Symposium in Grand Rapids, MI.

Tsuker, S., Nemmers, N., Lai, Z., & **Leggett, A.N.** (2024). How do you manage? A mixed-methods look into caregiver management styles and dementia-related symptoms. Poster presentation at the Michigan Alzheimer’s Disease Research Center’s Beyond Amyloid Research Symposium in Grand Rapids, MI.

**Media Coverage**

1. Grad student receives grant to explore stress relief for caregivers. Penn State News. 10/8/2012
2. Benzodiazepines may improve depressive symptoms in older adults taking antidepressants: Presented at AAGP. FirstWord Pharma. 3/19/2014
3. Light therapy effective for older adults with nonseasonal depression. Psychiatry Advisor. *Depressive Disorders Advisor.* 8/15/2018
4. New evidence on sleep’s role in aging and chronic disease. Web article based on Scommegna, P. Sleep, health, and aging. Today’s Research on Aging: Program and Policy Implications. (Issue 38). Population Reference Bureau (PRB) 10/16/2018
5. Caring for someone with COVID-19: Live discussion. Livestream and YouTube through Michigan Medicine social media pages. 10/28/2020
6. How to have a safe holiday season during the COVID-19 pandemic. Michigan Health. 11/03/2020
7. Distinct dementia caregiving styles can help improve intervention strategies. Brookdale Senior Living. 5/1/2023
8. Safer but alone: How COVID-19 protections affected older adults’ mental health. Population Reference Bureau. *Today’s Research on Aging, No. 43 (2023).* 1/23/2024
9. Interview on NPR Detroit’s “Detroit Today” with Pulitzer Prize winning journalist Stephen Henderson on 101.9 WDET-FM on Governor Gretchen Whitmer’s caregiver tax credit proposal. 1/24/2024
10. Whitmer calls for $5,000 tax credit for caregivers. Will it help those who need it the most? *New York & Michigan Solutions Journalism Collaborative*. 1/24/2024
11. Kurek, E. Relationship stress between caregivers and patients with dementia worsened by COVID-19 pandemic. *Clinical Pain Advisor.* 4/9/2024 [Relationship Stress Between Caregivers and Patients With Dementia Worsened by COVID-19 Pandemic - Clinical Pain Advisor](https://www.clinicalpainadvisor.com/general-pain/caregivers-of-patients-with-dementia-pandemic-related-relationship-stress-worsened-pain-particularly-for-men/)
12. Interview on NPR Detroit’s “Created Equal” with Pulitzer Prize winning journalist Stephen Henderson on 101.9 WDET-FM on family support for older adults aging in place. 7/29/2024

**Continuing Education**

2015 Coursera Open Course, University of Michigan:

Sleep: Neurobiology, Medicine and Society, Received Statement of Accomplishment with Distinction

2015 Graduate Summer Session in Epidemiology, University of Michigan School of Public Health:

717- Design and Conduct of Clinical Trials

718- Analysis of Clinical Trials

784- Survival Analysis Applied to Epidemiological and Medical Data

2016 Lean Healthcare Course, University of Michigan Quality System

2017 Institute for Health Policy and Innovation Massive Open Online Course, University of Michigan

Understanding and Improving US Healthcare

2017 Meta-Analysis in Psychiatry, University of Michigan

2018 Certificate in Mixed Methods Research, University of Michigan School of Social Work

2019 Certificate in Advanced Clinical Dementia Practice, University of Michigan School of Social work